

**2011 AAU AREA 2 NATIONAL QUALIFIER  
MULTI-EVENT AND TRACK&FIELD CHAMPIONSHIP  
WIDENER UNIVERSITY, CHESTER, PA.**

**DATE: JUNE 30, 2011 - JULY 1-3, 2011**

**JUNE 30, JULY 1, 2011 MULTI-EVENTS..... JULY 1-2-3, 2011 TRACK&FIELD**

**LOCATION: WIDENER UNIVERSITY CHESTER, PA. LESLIE QUICK JR. STADIUM**

**HOST: PENNSYLVANIA KEYSTONE STATE GAMES**

**SANCTIONED BY: AMATEUR ATHLETIC UNION**

**REGISTRATION**

**ON LINE AT [WWW.COACHO.COM](http://WWW.COACHO.COM), PLEASE NOTE THIS WILL BE THE ONLY MEANS OF REGISTERING FOR THE COMPETITION. YOU MAY REGISTER ON LINE BEGINNING MAY 13, 2011 8:00 AM TO JUNE 24, 2011 11:59 PM**

**\*\*NO ENTRIES ACCEPTED AFTER DEADLINE JUNE 24, 2011 11:59 pm EST\*\***

**: ENTRY FEE MULTI EVENT \$25. 00 PER. ATHLETE (NO REFUND)**

**: ENTRY FEE TRACK&FIELD \$25. 00 PER ATHLETE (NO REFUND)**

**: PAYMENTS: BY CREDIT CARD ONLY**

**AAU MEMBERSHIP ATHLETES AND CLUBS MUST BE REGISTERED WITH**

**AMATEUR ATHLETIC UNION 2011 register online [www.aausports.org](http://www.aausports.org)**

**CONTACT INFORMATION**

**MEET COORDINATOR: JOSE' A. ORLENA H# 302-698-4687 [joserenee@verizon.net](mailto:joserenee@verizon.net)**

**MEET REFEREE: ROLAND WILLIAMS**

**EVENT OPERATOR: JIM COSTELLO C# 570-760-0352 [jcostello@ksoffice.com](mailto:jcostello@ksoffice.com)**

**TECHNICAL ADVISOR: BRIAN COSTELLO [results@ksgoffice.com](mailto:results@ksgoffice.com)**

**GENERAL INFORMATION**

**TOP FIVE (5) FINISHER IN INDIVIDUAL EVENTS,**

**TOP FOUR (4) MULTI EVENTS, TOP FOUR (4) RELAY TEAMS ADVANCE TO THE AAU NATIONAL JUNIOR OLYMPIC GAMES.**

**> AWARDS MEDALS 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> RIBBONS 4<sup>th</sup> 5<sup>TH</sup> 6<sup>TH</sup> 7<sup>th</sup> 8<sup>th</sup>**

**> FIELD EVENTS FOR PRIMARY THRU MIDGET: THREE (3) ATTEMPTS, EXCEPT HIGH JUMP AND POLE VAULT**

**> 1/4" SPIKES ONLY ON ALL TRACK SURFACES**

**> TRAINER(S) WILL BE ON SITE DURING COMPETITION**

**> MEMBERS OF RELAY TEAMS MUST WEAR THE SAME TEAM COLOR JERSEY AND SHORTS.**

**> ALL RUNNING EVENTS REPORT TO THE "CLERK OF COURSE"**

**> FIELD EVENTS REPORT DIRECTLY TO THAT EVENT, CHECK IN WITH THAT 'OFFICIAL'.**

**> POLE WEIGHT AND ATHLETE WEIGHT MUST BE VERIFIED BY COACH AND GIVEN TO POLE VAULT OFFICIAL.**

**> ABSOLUTELY "NO BARE MIDRIF" "**

**> ONLY COMPETING ATHLETES AND OFFICIAL WILL BE ALLOWED ON THE INFIELD.**

**> ONLY COMPETITION UNIFORM WILL BE ALLOWED IN THE CLERKING AREA**

**> TENTS WILL BE ALLOWED IN GRANDSTAND, HAVE CONSIDERATION FOR OTHERS**

**> 3-TURN STAGGER FOR ALL 4X400M RELAYS**

**> NO LISTING DEVICES ALLOWED BY ATHLETES IN COMPETITION AREA**

**> NO RADIO, WATER GUNS, ALCOHOL, OR SMOKING BE PERMITTED ON UNIVERSITY PROPERTY.**

**> NO ATHLETE, COACH, OR PERSON, ALLOWED IN ANY BUILDING, ROOMS, LOCKERROOMS, DORMS, OR ON ANY EQUIPMENT MAINTAINED BY THE UNIVERSITY, EVENT OPERATOR OR VENDORS.**

**2011 AAU AREA 2 NATIONAL QUALIFIER  
MULTI-EVENTS AND TRACK&FIELD CHAMPIONSHIP  
WIDENER UNIVERSITY, CHESTER, PA.**

UNSPORTSMEN LIKE CONDUCT BY ATHLETE OR COACHE(S) WILL NOT BE TOLERATED AND WILL RESULT IN DISMISSAL FROM COMPETITION.

- > PARK ONLY IN AREA PERMITTED BY THE UNIVERSITY.
- > TEAMS/UNATTACHED ATHLETE PACKET, PICK-UP AT STADIUM OR GATE
- > COACHES AND ATHLETES WILL BE ISSUED A COLOR CODE WRIST
- > BAND FOR ADMISSION(INCLUDE IN TEAM PACKET)
- > ONE(1) COACHES PER ( 6 ) REGISTER ATHLETES (MAX 5 COACH'S BANDS PER TEAM)
- > UNATTACHED ATHLETE WILL BE ISSUED ONE (1) BAND
- > GENERAL ADMISSION FOR SPECTATORS \$2.00 PER DAY
- > RESTROOMS AVAILABLE / T-SHIRTS SALE / CONCESSION STAND

**ADDITIONAL INFORMATION**

FOR AN ATHLETE TO ADVANCE TO A NATIONAL QUALIFIER, HE/SHE MUST HAVE COMPETE AT A DISTRICT QUALIFIER AND RECEIVE A FAIR MARK IN EACH EVENT HE/SHE PLANS TO COMPETE IN AT A NATIONAL QUALIFIER. ATHLETES MAY COMPETE IN MORE THAN (1) DISTRICT MEET; BUT WILL NOT BE PERMITTED TO EXCEED THE AGE DIVISION ENTRY LIMIT AT A NATIONAL QUALIFIER. .

UNATTACHED ATHLETES AND TEAMS MAY COMPETE IN MORE THAN (1) DISTRICT QUALIFIER, BUT MAY NOT COMPETE IN THAN ONE (1) NATIONAL QUALIFIER.

**COACHES**

NO WARMUP FOR ANY EVENT OR COOL DOWN ALLOWED ON INFIELD

- > INTERMEDIATE GIRLS/BOYS AND YOUNG WOMEN/MEN WILL BE REQUIRED TO USE STARTING BLOCKS IN THE 100,200,400 METER DASH, 100,110,400 METER HURDLES.
- > ATHLETES WHO DID NOT COMPETE IN A DISTRICT QUALIFYING MEET WILL ONLY BE ELIGIBLE TO COMPETE IN THE NATIONAL QUALIFIER MEET IN THE POLE VAULT, STEEPLECHASE, JAVELIN MULTI-EVENTS, OR ON A RELAY TEAM.
- > ALL RELAY TEAM ATHLETES INCLUDING ALTERNATES MUST BE DECLARED AT THAT TIME.

**CHALLENGE PERIOD**

- > ALL CHALLENGES TO MEET RESULT MUST BE INITIATED WITHIN 5 DAYS OF THE DAY OF THE MEET. ALL CHALLENGES MUST BE E-MAILED TO THE DISTRICT OR NATIONAL QUALIFIER MEET DIRECTOR. AFTER 5 DAYS, RESULT WILL NOT BE CHANGE. THE 5 DAYS BEGIN ON THE DATE THE RESULTS ARE POSTED ON THE AAU WEBSITE. ALL POSTED RESULTS WILL LIST THE DATE THAT THE CHALLENGE PERIOD ENDS.

**QUALIFYING TO AAU JO GAMES**

The Top Five (5) finishers in INDIVIDUAL event will qualify to the National AAU Junior Olympic Games, Top Four(4) finishers MULTI-EVENT and RELAYS will qualify to the National Junior Olympic Games New Orleans La. July 30, 2011 – August 6, 2011

\*Athletes who are still eighteen (18) years of age through the final day of the National Track&Field Meet shall be eligible to compete in Young Men and Young Women divisions.

**AAU JUNIOR OLYMPIC GAMES DECLARATION & REGISTRATION INFORMATION:**

**[WWW.AAUSPORTS.ORG](http://WWW.AAUSPORTS.ORG)**

**2011 AAU AREA2 NATIONAL QUALIFIER  
MULTI-EVENTS AND TRACK&FIELD CHAMPIONSHIP  
WIDENER UNIVERSITY, CHESTER, PA.**

**ATTENTION  
IMPORTANT INFORMATION**

**COACHES, ATHLETES, & PARENTS**

**IN EFFORT TO PROCESS THE ENTRIES  
ON TIME FOR THE NATIONAL QUALIFIER  
CHAMPIONSHIP**

**ABSOLUTELY**

**NO ENTRIES WILL BE  
ACCEPTED AFTER THE DEADLINE DATE  
ENTRY DEADLINE DATE: FRIDAY JUNE 24, 2011 11:59PM EST M**

**NO EXCEPTIONS**

**2011 AAU AREA 2 NATIONAL QUALIFIER  
MULTI - EVENT CHAMPIONSHIPS  
WIDENER UNIVERSITY, CHESTER, PA.**

**DAY (1) Thursday June 30, 2011**

Starting Time:	Event	Age Div.	Order of Events	
8:45	Decathlon	IB	100M, LJ, SP, HJ, 400M	Day 1
9:00	Triathlon	SBG/BG	HJ, SP, 200M	Final
9:00	Decathlon	YM	100M, LJ, SP, HJ, 400M	Day 1.
9:15	Heptathlon	IG	100MH, HJ, SP, 200M	Day 1
9:30	Heptathlon	YW	100MH, HJ, SP, 200M	Day 1.
12:00	Triathlon	SB/BB	HJ, SP, 400M	Final

**DAY( 2 ) Friday, July 1, 2011**

8:45	Decathlon	IB	110MH, Dis, PV, JAV, 1500M	Final
9:00	Heptathlon	YW	LJ, JAV, 800M	Final.
9:15	Decathlon	YM	110MH, DIS, PV, JAV, 1500M	Final
9:30	Pentathlon	SMG/MG	80MH, HJ, SP, LJ, 800M	Final.
9:45	Pentathlon	SMB/MB	80MH, HJ, SP, LJ 1500M	Final.
9:45	Pentathlon	SYG/YG	100MH, LJ, SP, HJ, 800M	Final
10:00	Hepathlon	IG	LJ, JAV, 800M	Final.
10:00	Pentathlon	<b>SYB/YB</b>	<b>100MH</b> , LJ, SP, HJ, 1500M	Final

**PLEASE READ CAREFULLY:**

1. All events will be run in the order listed on the event schedule. If there are any changes, there will be a revised schedule at the packet pick up
2. All events (MULTI's) will be contested approximately thirty (30) minutes after the preceding event is completed. The thirty minute rest period will include food, measuring of steps, and warm-up. Be ready to compete.
3. Each final event will be contested according to the point totals of all the preceding events. Potential medal winners will compete together.

**NOTE: 1500m Racewalk / 3000m Racewalk, 2000M Stepplechase will begin after SYB/YB 100M HURDLES PENTATHLON.**

**2011 AAU AREA 2 NATIONAL QUALIFIER  
WIDENER UNIVERSITY, CHESTER PA.**

After the conclusion of Multi-Events (Day 2 JULY 1,2011 ) these events will be contested..... Rolling Schedule

3:00 PM.....First Call 2:15 PM

**TRACK**

100M Dash Trials.....All Age Division

400M Dash Final.... All Age Division

**FIELD**

Javelin Trial-Final      SYG/YG SYB/YB..... IG/ IB/ YW/YM

**ALL FEMALE HIGH JUMP ON FRIDAY**

High Jump	Intermediate Girl/Young Women
High Jump	Youth/SubYouth Girl
High Jump	Midget/SubMidget Girl
High Jump	Bantam/SubBantam Girl

**PRIMARY THRU MIDGET THREE(3) JUMPS/THROWS ONLY**

Long Jump	SubMidget Girl/Boy...Midget Girl/Boy 3 Jumps Only...Followed by
Long Jump	SubBantam Girl/Boy ...Bantam Girl/Boy 3 Jumps Only
Long Jump	Primary Girl/Primary Boy..... 3 Jumps Only

Shot Put (6lb)	SubMidget Girl/Boy Midget Girl/Boy 3 Throws Only.....Followed by
Shot Put (6lb)	SubBantam Girl/Boy Bantam Girl/Boy..... 3 Throws Only
Shot Put (4lb)	Primary Girl Boy..... 3 Throws Only

**GATE WILL OPEN AT 6:30 AM JUNE 30,JULY 1, 2011 FOR COACHES AND ATHLETES.**

**GATE WILL OPEN AT 6:00 AM JULY 2-3, 2011 FOR COACHES AND ATHLETES.**

**ALL OTHER ADMISSIONS WILL BE 7:00AM**



**AAU AREA 2 NATIONAL QUALIFIER  
MULTI EVENTS AND TRACK&FIELD  
WIDENER UNIVERSITY CHESTER, PA.**

**SUNDAY (DAY4) JULY 3, 2011 8:00AM FIRST CALL 7:15AM ROLLING SCHEDULE**  
**RUNNING EVENTS**

3000M RUN .....SUBMIDGET THRU YOUNG  
**100M FINALS.....ALL FINALIST PRIMARY THRU YOUNG\*\*\*\***  
 400M HURDLES FINAL.....INTERMEDIATE BOYS/YOUNG MEN (36")  
 400M HURDLES FINAL.....INTERMEDIATE GIRLS/YOUNG WOMEN (30")  
 200M HURDLES FINAL.....SUBYOUTH GIRL/BOY YOUTH GIRL/ BOY (30")  
**200M DASH FINALS.....ALL FINALIST PRIMARY THRU YOUNG\*\*\*\***  
 4X400M RELAY.....BANTAM/MIDGET/YOUTH/INTERMEDIATE/YOUNG

**SUNDAY (DAY4) JULY 3, 2011 8:00AM FIRST CALL 7:15AM ROLLING SCHEDULE**  
**FIELD EVENTS**

**POLE WEIGHT AND ATHLETES WEIGHT MUST BE VERIFIED BY COACH AND GIVE TO VAULT OFFICIAL NO WARMUP UNLESS AN OFFICIAL IS PRESENT**

POLE VAULT.....SUBYOUTH THRU YOUNG.....FEMALE/MALE

### ALL TRIPLE JUMP ON SUNDAY - HELD INDOOR/OUTDOOR

TRIPLE JUMP.....SUBYOUTH THRU YOUNG.....FEMALE/MALE

DISCUS (1.0kg).....SUBMIDGET THRU YOUTH..... FEMALE/MALE

DISCUS (1.0kg).....INTERMEDIATE GIRLS/YOUNG WOMEN

DISCUS (1.6kg)..... INTERMEDIATE BOYS/YOUNG MEN

[illegible]

**NOTE:**

**MEET MANAGEMENT MAY COMBINE EVENTS OR CHANGE EVENT ORDER**

## LONG/TRIPLE JUMP MAY TAKE PLACE INDOORS/OUTDOORS

**ALL RUNNING EVENT WILL BE A TIMED FINAL \*\*\*EXCEPT 100M - 200M DASH**

## STARTING BLOCK MANDATORY FOR INTERMEDIATE THRU YOUNG

### MIDGET AND UNDER 3 JUMPS/THROWS

**PLEASE NOTE FIRST CALL FOR EVENTS EACH DAY**

**PLEASE NOTE START TIME FOR EACH DAY**

**ATHLETE PLEASE REPORT TO YOUR EVENT, WHEN FIRST CALL OR YOU MAY RUN THE RISK OF DISQUALIFICATION FROM THAT EVENT!**

**PICK UP ALL AWARD PROMPTLY. NONE WILL BE MAILED**