

2010 AAU National Records Broken (36 total records)

Day 1 (Saturday) (1) – 0 girls, 1 boys

1. Sub-Youth Boys Pentathlon – (2975) Ayron Monroe, Upper Marlboro, MD
 - a. Old record – (2599) Keith Andre Davis, Jersey Shore TC , 7/29/2006.

Day 2 (Sunday) (1) – 0 girls, 1 boys

1. Young Men's 3000 meter Race walk – (12:59.89) Alejandro Chavez, Pharr, TX
 - a. Old record – (13:15.75) Roberto Vergara, Edinburg, MD, 7/29/2007.

Day 3 (Monday) (2) - 1 girls, 1 boy

1. Primary Boys Shot Put – (34-10) Dylan Carter, Alcoa, TN
 - a. Old record – (29-11.50) Jon Allen, Houston, TX, 2001.
2. Sub-Bantam Girls Shot Put – (30-1.5) Nia Lyles, St. Louis, MO
 - a. Old record – (29-0.5) Shadayzha Bullock, Gainesville, FL, 7/31/2006.

Day 4 (Tuesday) (9) – 5 girls, 4 boys

1. Sub-Midget Girls 1500 meters – (4:45.65) Daesha Rogers, Miami, FL
 - a. Old record – (4:53.57) Nyna Cutler, Marietta, GA, 2005.
2. Midget Girls 1500 meters – (4:41.14) Danae Rivers, Derby, CT
 - a. Old record – (4:45.0h) Heather Burroughs, Overland Park, KS, 1988.
3. Sub –Youth Boys High Jump – (5-10) Ayron Monroe, Upper Marlboro, MD
 - a. Old record – (5-8) Deandre Rankin, Statesville, NC, 8/4/2009.
4. Sub-Midget Girls Shot Put – (40-3.25) Addyson Smith, Madera, CA
 - a. Old record – (38-10) Shanell Atkins, West Pembroke Pines, FL, 8/4/2009.
5. Sub-Bantam Girls High Jump – (4-2.25) Mykhiyah Williams, Brooklyn, NY
 - a. Old record – (4-2) Kaely Gose, Nickelsville, VA, 7/31/2007.
6. Primary Boys 400 meters – (1:05.13) Khiyon Wafer, Dallas, TX
 - a. Old record - (1:05.55) Derrik Allen, Woodstock, GA, 7/29/2008.

7. Bantam Girls 400 meters – (1:00.49) Tia Jones, Kennesaw, GA
 - a. Old record – (1:00.82) Monique Henderson, San Diego, CA, 1993.
8. Sub-Midget Boys 400 meters – (57.22) Howard Fields, Fresno, TX
 - a. Old record – (57.38) Marguise Mitchell, Largo, FL, 2003.
9. Midget Boys 400 meters – (53.20) Shammond Williams, Miami Gardens, FL
 - a. Old record – (53.49) Corvin Lamb, Miami, FL, 2004.

Day 5 (Wednesday) (9) – 4 girls, 5 boys

1. Young Men High Jump – (7-3.25) James Harris, Birmingham, AL
 - a. Old record – (7-3) Dusty Jonas, La Vernia, TX, 2003.
2. Midget Girls 800 meters – (2:15.32) Danae Rivers, Derby, CT
 - a. Old record – (2:16.83) Quantikia Stepeny, Baltimore, MD, 2001.
3. Sub-Youth Girls 800 meters – (2:11.30) Karrington Winters, New Albany, OH
 - a. Old record – (2:14.43) Cory McGee, Pass Christian, MS, 2005.
4. Intermediate Boys 800 meters – (1:51.68) Quamel Prince, Antioch, TN
 - a. Old record – (1:52.81) Howard Shepard, Dallas, TX, 8/2/2006.
5. Intermediate Girls 400 Hurdles – (58.63) Kendell Williams, Kennesaw, GA
 - a. Old record – (59.48) Shakeia Pinnick, Aurora, IL, 8/1/2007.
6. Sub-Youth Boys 100 meters – (11.22) Shaun Crawford, Arkon, OH
 - a. Old Record – (11.33) Jordan Vaughn, Decatur, GA, 8/2/20006.
7. Sub-Youth Boys Pole Vault – (11-6) Adam Coulon, Bloomington, IL
 - a. Old record – (11-1) Matthew Kaufmann, McAllen, TX, 8/2/2006.
8. Intermediate Girls 100 Meters – (11.51) Myasia Jacobs, Paterson, NJ

- a. Old record – (11.5h) Michelle Glover, Pennsauken, NJ, 1981.
- 9. Midget Boys 100 meters – (11.71) Aaron Brown-Nixon, Austin, TX
 - a. Old record – (11.72) Ramon Simmons, Mitchelleville, MD, 8/2/2008.

Day 6 (Thursday) (6) – 3 girls, 3 boys

- 1. Midget Boys 200 meters – (23.65) Aaron Brown-Nixon, Austin, TX
 - a. Old record – (23.93) Raashan Reason, Mesquite, TX, 8/4/2007.
- 2. Sub-Youth Boys 200 meters – (22.54) Shaun Crawford, Akron, OH
 - a. Old record – (22.95) Jordan Vaughn, Decatur, GA, 8/1/2006.
- 3. Intermediate Girls 200 meters – (23.42) Kendall Baisden, Detroit, MI
 - a. Old record – (23.77) Victoria Jordan, Fort Worth, TX, 2005.
- 4. Young Women 200 meters – (23.51) Dezerea Bryant, Milwaukee, WI
 - a. Old record – (23.4h) Carla McLaughlin, Durham, NC, 1984.
- 5. Midget Boys 4x400 meter relay – (3:44.30) Miami Gardens Xpress TC, Miami, FL
 - a. Old record – (3:49.90) Florida Elite, Orlando, FL, 2001.
- 6. Young Women Javelin – (154-5) Avione Allgood, North Las Vegas, NV
 - a. Old record – (145-10) Emalie Humphreys, Laredo, TX, 8/3/2006.

Day 7 (Friday) (2) 1 girls, 1 boys

- 1. Midget Boys 4x800 meter relay – (9:22.42) Miami Gardens Xpress TC, Miami, FL
 - a. Old record – (9:27.78) Metro Eagles, Laurelton, NY, 2000.
- 2. Sub-Youth Boys Javelin – (142-1) Rashad Manning, Upper Marlboro, MD
 - a. Old record – (135-5) Jeremiah Sokol, Kingsport, TN, 8/1/2008.

Day 8 (Saturday) (6) 4 girls, 2 boys

- 1. Youth Girls 100 meters – (11.86) Hannah Cunliffe, Federal Way, WA
 - a. Old record – (11.7h) Carla McLaughlin, Durham, NC, 1980
- 2. Primary Boys Long Jump – (14-9.75) Joseph Mosbey, Spring, TX

- a. Old record – (13-7.25) Isaiah Battle, Prairie View, TX, 2000.
3. Intermediate Girls 400 meters – (52.71) Kendall Baisden, Detroit, MI
 - a. Old record – (53.63) Laquisha Jackson, Chattanooga, TN, 8/8/2009.
4. Young Women 400 meters – (52.99) Kamaria Brown, Baton Rouge, LA
 - a. Old record – (53.27) Sharkara Grant, Silver Springs, MD, 1996.
5. Primary Girls 4x100 meters – (1:01.63) St. Louis Express, St. Louis, MO
 - a. Old record – (1:01.81) Heavenly TC, Arlington, TX, 8/8/2009.
6. Primary Boys 200 – (28.04) Ashton Allen, Odenton, MD
 - a. Old record – (28.43) Steffin McCarter, Copperas Cove, TN, 2005.

Award winners:

Multis:

Ayron Monroe, Upper Marlboro, MD

Kendell Williams, Kennesaw, GA

Running Events:

Kendall Baisden, Detroit, MI

Shaun Crawford, Arkon, OH

Field events:

James Harris, Birmingham, AL

Avione Allgood, North Las Vegas, NV