

2010 AAU Great Lakes Indoor Championships - 2/12/2010 to 2/14/2010
Indoor National Championships
Great Sports Complex

Natl Indoor - Records

2 Boys 55 Meter Dash Primary	8.71	2/14/2010	Kellen Newman - Lincoln Heig
4 Boys 55 Meter Dash Sub-Bantam	8.64	2/14/2010	Keith Gause - Bond Hill Fl
6 Boys 55 Meter Dash Bantam	7.98	2/14/2010	Brandon Laraque - Elite Runner
8 Boys 55 Meter Dash Sub-Midget	7.61	2/14/2010	Robert Mitchell - Unattached
10 Boys 55 Meter Dash Midget	7.99	2/14/2010	Jay Mattson - Unattached
12 Boys 55 Meter Dash Sub-Youth	7.07	2/14/2010	Shaun Crawford - West Akron T
14 Boys 55 Meter Dash Youth	7.03	2/14/2010	Alfonso Onumwor - West Akron T
16 Boys 55 Meter Dash Intermediate	6.88	2/14/2010	Bijan Rhett - Seeyaa TC
18 Men 55 Meter Dash Young	6.58	2/14/2010	Julian Nicholas - Bronx Tigers
20 Boys 200 Meter Dash Primary	32.30	2/14/2010	Kellen Newman - Lincoln Heig
22 Boys 200 Meter Dash Sub-Bantam	29.89	2/14/2010	Dylan Harris - Ann Arbor TC
24 Boys 200 Meter Dash Bantam	28.32	2/14/2010	Brandon Laraque - Elite Runner
26 Boys 200 Meter Dash Sub-Midget	27.73	2/14/2010	Robert Mitchell - Unattached
28 Boys 200 Meter Dash Midget	29.04	2/14/2010	Julian Harris - Ann Arbor TC
30 Boys 200 Meter Dash Sub-Youth	24.67	2/14/2010	Shaun Crawford - West Akron T
32 Boys 200 Meter Dash Youth	24.36	2/14/2010	Ferronte Bartlett - Bond Hill Fl
34 Boys 200 Meter Dash Intermediate	24.00	2/14/2010	Robbie Zeller - Unattached
36 Men 200 Meter Dash Young	22.19	2/14/2010	Robert McNair - Unattached
40 Boys 400 Meter Dash Sub-Bantam	1:10.05	2/14/2010	Dylan Harris - Ann Arbor TC
42 Boys 400 Meter Dash Bantam	1:12.33	2/14/2010	Markus Bagley - Elite Runner
44 Boys 400 Meter Dash Sub-Midget	1:07.14	2/14/2010	Xavier Hill - Ann Arbor TC
46 Boys 400 Meter Dash Midget	1:03.66	2/14/2010	Julian Harris - Ann Arbor TC
48 Boys 400 Meter Dash Sub-Youth	1:06.38	2/14/2010	Turin Auguste - Bond Hill Fl
50 Boys 400 Meter Dash Youth	54.59	2/14/2010	Quinton Mack - Blue Dragons
52 Boys 400 Meter Dash Intermediate	53.86	2/14/2010	Robbie Zeller - Unattached
54 Men 400 Meter Dash Young	51.45	2/14/2010	Trevon Salter - Blue Dragons
58 Boys 800 Meter Run Sub-Bantam	2:57.71	2/13/2010	David Benoit - Elite Runner
60 Boys 800 Meter Run Bantam	2:42.00	2/13/2010	Steven Payne - Elite Runner
62 Boys 800 Meter Run Sub-Midget	2:36.81	2/13/2010	Xavier Hill - Ann Arbor TC
64 Boys 800 Meter Run Midget	2:35.28	2/13/2010	Andrew Kweder - Unattached
66 Boys 800 Meter Run Sub-Youth	2:35.75	2/13/2010	Michael Beebe - Unattached
68 Boys 800 Meter Run Youth	2:07.50	2/13/2010	Quinton Mack - Blue Dragons
70 Boys 800 Meter Run Intermediate	2:06.56	2/13/2010	Austin Boynton - Ann Arbor TC
72 Men 800 Meter Run Young	1:56.87	2/13/2010	Zachary Miklja - Blue Dragons
74 Boys 1500 Meter Run Sub-Bantam	5:52.14	2/14/2010	Joseph Gibardi - Elite Runner
78 Boys 1500 Meter Run Sub-Midget	6:21.29	2/14/2010	Hunter Gawne - Unattached
80 Boys 1500 Meter Run Midget	5:09.22	2/14/2010	Andrew Kweder - Unattached
82 Boys 1500 Meter Run Sub-Youth	5:03.63	2/14/2010	Michael Beebe - Unattached
84 Boys 1500 Meter Run Youth	4:43.83	2/14/2010	Eddie Codrington - Ann Arbor TC
86 Boys 1500 Meter Run Intermediate	4:27.49	2/14/2010	Austin Boynton - Ann Arbor TC
88 Men 1500 Meter Run Young	4:10.26	2/14/2010	Zachary Miklja - Blue Dragons
90 Boys 3000 Meter Run Sub-Midget	12:36.00	2/13/2010	Hunter Gawne - Unattached
92 Boys 3000 Meter Run Midget	11:04.79	2/13/2010	Braxton McMillion - Mcmillion Ra
94 Boys 3000 Meter Run Sub-Youth	10:47.00	2/13/2010	Michael Beebe - Unattached
96 Boys 3000 Meter Run Youth	11:16.00	2/13/2010	Jamaal Booker - Mt Airy TC
98 Boys 3000 Meter Run Intermediate	10:46.00	2/13/2010	Corey Tooke - Unattached
100 Men 3000 Meter Run Young	9:55.00	2/13/2010	Patrick Jividen - Mcmillion Ra
104 Boys 55 Meter Hurdles Midget	11.32	2/14/2010	Jay Mattson - Unattached
106 Boys 55 Meter Hurdles Sub-Youth	10.01	2/14/2010	Chad Zallow - J J Kids Fir
110 Boys 55 Meter Hurdles Intermediate	8.37	2/14/2010	Joseph Wilkin - Unattached
112 Men 55 Meter Hurdles Young	7.74	2/14/2010	Fred Roberts - J J Kids Fir
130 Boys Long Jump Primary	10-10.50	2/13/2010	Kellen Newman - Lincoln Heig
132 Boys Long Jump Sub-Bantam	12-11.25	2/13/2010	Dylan Harris - Ann Arbor TC
134 Boys Long Jump Bantam	12-10.75	2/13/2010	Matias Pellegrino - Elite Runner
136 Boys Long Jump Sub-Midget	12-09.25	2/13/2010	Robert Mitchell - Unattached
138 Boys Long Jump Midget	14-02.50	2/13/2010	Jay Mattson - Unattached

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140 Boys Long Jump Sub-Youth	17-00.00	2/13/2010	Shaun Crawford - West Akron T
142 Boys Long Jump Youth	18-00.50	2/13/2010	Alfonso Onumwor - West Akron T
144 Boys Long Jump Intermediate	15-08.25	2/13/2010	Carl Zallow - J J Kids Fir
146 Men Long Jump Young	20-10.00	2/13/2010	Trevon Salter - Blue Dragons
154 Men Triple Jump Young	41-04.25	2/14/2010	Clarence Johnsonjr - Cleveland Up
156 Boys Shot Put Primary	13-00.00	2/13/2010	Alex Evans - Throwing Ace
160 Boys Shot Put Bantam	22-09.00	2/13/2010	Courtney Woodard - Bond Hill Fl
164 Boys Shot Put Midget	32-05.75	2/13/2010	Trevor Barnes - Capital City
166 Boys Shot Put Sub-Youth	25-03.50	2/13/2010	Brad Gallitz - Brad Gallitz
168 Boys Shot Put Youth	28-08.25	2/13/2010	Devonte Smith - Bond Hill Fl
170 Boys Shot Put Intermediate	36-02.00	2/13/2010	Matthew Freeman - Unattached
172 Men Shot Put Young	49-03.00	2/13/2010	Sirralph Rodriguez - Blue Dragons
178 Boys Pole Vault Intermediate	11-06.00	2/12/2010	Lucas Ball - Unattached
180 Men Pole Vault Young	14-06.00	2/12/2010	Cody Marshall - Unattached
198 Men High Jump Young	5-08.00	2/13/2010	Clarence Johnsonjr - Cleveland Up
202 Boys 4x400 Meter Relay Bantam	4:48.70	2/14/2010	Elite Runners TC - Elite Runner M Bagley, B Laraque, M Pellegrino, T Rogers
210 Men 4x400 Meter Relay Young	3:44.15	2/14/2010	Blue Dragons - Blue Dragons D Asmar, X Burns, K Jefferson, Z Miklja
224 Boys Indoor Pentathlon Intermediate	1668	2/14/2010	Jack Wesley - Una
226 Men Indoor Pentathlon Young	3295	2/14/2010	Adrian Anderson - Una