

2009 MICHIGAN AAU XC CHAMPIONSHIPS RESULTS  
 November 15, 2009  
 Results By Rotpac Racing, L.L.C.

PRIMARY GIRLS 2K

Name	Team	Time	Pace
1. Eryn Lewis	Unattached	8:42.2	4:21/K
2. Gabby Tremonti	Southfield Mustangs	9:09.2	4:35/K
3. Page Cassidy	Unattached	9:43.2	4:52/K
4. Allison Soldan	Unattached	10:26.0	5:13/K

PRIMARY BOYS 2K

Name	Team	Time	Pace
1. Evan Gietzen	Unattached	9:18.0	4:39/K
2. John Bagans	Unattached	9:23.6	4:42/K
3. Nicholas Koh	Ann Arbor TC	9:51.2	4:56/K
4. James Hancock	Unattached	11:07.4	5:34/K
5. Nathan Koh	Ann Arbor TC	12:59.4	6:30/K

BANTAM GIRLS 3K

Name	Team	Time	Pace
1. Hannah Friedrichs	Fleet Feet TC	12:43.0	4:14/K
2. Derra Cheatham	Swift TC	13:00.4	4:20/K
3. Nia Solomon	Swift TC	13:17.4	4:26/K
4. Marlyah Archibald	Swift TC	13:20.1	4:27/K
5. Cathy Dager	Swift TC	13:30.3	4:30/K
6. Emma Cummings	Swift TC	13:33.1	4:31/K
7. Nia Tucker	Swift TC	13:37.1	4:32/K
8. Jenell Bedgood	Swift TC	13:58.2	4:39/K
9. Zaria Seabron	Unattached\par	14:15.0	4:45/K
10. Olivia Hancock	Unattached\par	14:39.1	4:53/K
11. Tierra Patterson	Swift	14:42.1	4:54/K

Team Results

Place	Team Name	Team Score	Team Times	Ave Time
1	Swift	15	1:06:41.3	13:20.2
	Name	O'All Place		Time
1	Derra Cheatham	1		13:00.4
2	Nia Solomon	2		13:17.4
3	Marlyah Archibald	3		13:20.1
4	Cathy Dager	4		13:30.3
5	Emma Cummings	5		13:33.1
6	Nia Tucker	More Than 5		13:37.1
7	Jenell Bedgood	More Than 5		13:58.2
8	Tierra Patterson	More Than 5		14:42.1

BANTAM BOYS 3K

Name	Team	Time	Pace
1. Nicolas Arrivo	Ann Arbor TC	12:07.4	4:02/K
2. Michael Tremonti	Southfield Mustangs	13:21.5	4:27/K

3. Kyle McIntyre	Fleet Feet TC	13:53.5	4:38/K
4. Connor Shamblin	Unattached	14:03.3	4:41/K
5. Peter Bagans	Unattached	16:47.5	5:36/K

#### MIDGET GIRLS 3K

Name	Team	Time	Pace
1. Hannah Cummings	Ann Arbor TC	12:15.4	4:05/K
2. Haleigh Cummings	Ann Arbor TC	12:16.6	4:05/K
3. Casey Stribbell	Unattached	12:27.4	4:09/K
4. Amy Hicks	LC Cougars	14:09.1	4:43/K
5. Grace Charnesky	Unattached	14:19.4	4:46/K
6. Shannon Oconnor	Unattached	14:25.0	4:48/K
7. Josephine Cates	BLUE DRAGONS	14:52.5	4:57/K
8. Sophia Klein	Ann Arbor TC	15:14.4	5:05/K
9. Katherine Yeacker	Unattached	18:13.4	6:04/K

#### MIDGET BOYS 3K

Name	Team	Time	Pace
1. Nate Tremonti	Southfield Mustangs	11:24.0	3:48/K
2. Andrew Wells	Fleet Feet TC	11:36.5	3:52/K
3. Lucas Arrivo	Ann Arbor TC	11:45.6	3:55/K
4. Mason Pryor	Ann Arbor TC	11:59.3	4:00/K
5. Cameron Hock	Unattached	12:31.2	4:10/K
6. Bradley Bagans	Unattached	12:45.3	4:15/K
7. Logan Shamblin	Unattached	12:54.2	4:18/K
8. Christopher Pearson	Southfield Mustangs	13:55.0	4:38/K
9. Devin McLeod	Southfield Mustangs	14:04.4	4:41/K

#### YOUTH GIRLS 4K

Name	Team	Time	Pace
1. Kelsie Schwartz	Unattached	16:21.2	6:32/M
2. Nicole Kowalchick	Unattached	16:32.3	6:37/M
3. Kennedy Wood	BLUE DRAGONS	16:41.5	6:40/M
4. Marina Geider	Ann Arbor TC	17:02.3	6:49/M
5. Emma Frost	LC Cougars	17:11.0	6:52/M
6. Anna Dietz	Unattached	17:12.0	6:53/M
7. Kristin Rebera	LC Cougars	18:47.5	7:31/M
8. Allison Cox	Unattached	19:19.1	7:44/M
9. Daja Hatcher	BLUE DRAGONS	19:31.4	7:48/M
10. Brittany Dunlap	BLUE DRAGONS	19:48.2	7:55/M
11. Miranda Seedorf	Unattached	30:03.0	12:01/M

#### YOUTH BOYS 4K

Name	Team	Time	Pace
1. Zachery Wells	Fleet Feet TC	13:41.2	5:28/M
2. Keenan Rebera	LC Cougars	14:09.5	5:40/M
3. Wesley Guenther	IVON	14:28.2	5:47/M
4. Bryan Peoples	Unattached	15:17.3	6:07/M
5. Eric Autio	Unattached	15:22.0	6:09/M
6. Nicholas Lorant	Unattached	15:27.3	6:11/M

7. Benjamin Jenkins	IVON	15:59.3	6:24/M
8. Teddy Terzian	LC Cougars	16:10.5	6:28/M
9. Ryan Gietzen	Unattached	16:27.3	6:35/M
10. Brennan Giese	IVON	17:11.6	6:52/M
11. Alec Mieras	Unattached	17:29.4	7:00/M
12. Harry Barrmorris	Ann Arbor TC	17:39.1	7:04/M
13. Allen Jackson	Unattached	19:11.2	7:40/M
14. Dima Markey	Fleet Feet TC	19:23.3	7:45/M
15. Alex Markey	Fleet Feet TC	20:37.3	8:15/M
16. Kurtis Depree	Fleet Feet TC	20:38.0	8:15/M
17. Riley Horn	Unattached	20:41.0	8:16/M
18. Ty Dickinson	Unattached	20:41.5	8:16/M

#### INTERMEDIATE GIRLS 5K

Name	Team	Time	Pace
1. Sadie Ringer	Unattached	17:45.4	5:44/M
2. Nijzah Hill	Unattached	20:01.5	6:27/M
3. Jessica Walmsley	Macomb X-Men	21:14.5	6:51/M
4. Alexa Geider	Ann Arbor TC	21:57.0	7:05/M
5. Megan Spencer	Unattached	23:07.3	7:27/M
6. Caprice Dennis	Unattached	27:21.3	8:49/M
7. Diamond Hamilton	BLUE DRAGONS	28:39.4	9:15/M

#### INTERMEDIATE BOYS 5K

Name	Team	Time	Pace
1. Zachary Kughn	Unattached	16:51.1	5:26/M
2. Luke Hickman	Fleet Feet TC	16:53.4	5:27/M
3. Joseph Schubring	IVON	16:54.0	5:27/M
4. Eddie Komph	Macomb X-Men	16:55.0	5:27/M
5. Brett Giampa	IVON	16:58.4	5:28/M
6. Patrick Miller	Macomb X-Men	17:12.3	5:33/M
7. Jimmy Hicks	LC Cougars	17:25.2	5:37/M
8. Dan Finn	Macomb X-Men	17:38.2	5:41/M
9. Austin Winter	LC Cougars	17:50.1	5:45/M
10. Zachary Zingsheim	LC Cougars	18:00.1	5:48/M
11. Joseph Crachiola	Macomb X-Men	18:06.0	5:50/M
12. Jonathan Parker	Unattached	18:10.2	5:52/M
13. Spencer Schott	Macomb X-Men	18:15.5	5:53/M
14. Caleb Cox	Unattached	18:17.5	5:54/M
15. Chris Vera-Burgos	IVON	18:19.2	5:55/M
16. Eric Gardner	IVON	18:34.3	5:59/M
17. Steve Pravato	IVON	19:32.4	6:18/M
18. Ryan Tgiros	IVON	19:43.3	6:22/M
19. Michael Benkarski	IVON	19:44.2	6:22/M
20. Brock Huber	Unattached	20:45.6	6:42/M
21. Jalen Weaver	Unattached	21:45.2	7:01/M
22. Kenneth Harris	Unattached	21:45.3	7:01/M

Team Results

1 Macomb X-Men (24) 2, 4, 5, 6, 7  
 Top 5 Times: 1:28:07.0 Average Time: 17:37.4

2 IVON (31) 1, 3, 8, 9,10,11,12  
 Top 5 Times: 1:30:18.3 Average Time: 18:03.6

YOUNG WOMEN 5K

Name	Team	Time	Pace
1. Carlee Roeber	Macomb X-Men	23:07.0	7:27/M
2. Tre Washington	Unattached	25:02.0	8:05/M
3. Tauren Keels	BLUE DRAGONS	29:02.2	9:22/M
4. Carly Moore	Unattached	29:05.2	9:23/M
5. Cecelia Torres	Unattached	29:09.2	9:24/M

YOUNG MEN 5K

Name	Team	Time	Pace
1. Mike Blaszczyk	IVON	16:31.4	5:20/M
2. Geoffrey Giese	IVON	16:54.3	5:27/M
3. Andrew Cusmano	Macomb X-Men	16:59.0	5:29/M
4. Brendan Murphy	Macomb X-Men	16:59.2	5:29/M
5. Daniel Egner	IVON	17:10.5	5:32/M
6. Alexander Minghine	IVON	17:25.1	5:37/M
7. David Munafo	Macomb X-Men	17:33.4	5:40/M
8. Kyle Roeber	Macomb X-Men	17:36.4	5:41/M
9. Chase Conrade	IVON	17:39.1	5:42/M
10. Kyle Smith	Macomb X-Men	17:58.0	5:48/M
11. Joe Chmielewski	Macomb X-Men	18:04.1	5:50/M
12. Ricky Woods	Unattached	19:58.4	6:26/M
13. James Alpers	Unattached	20:01.1	6:27/M
14. Antonio Mack	Unattached	20:27.0	6:36/M
15. Paul Lewis	Unattached	20:45.5	6:42/M
16. Kyle Stacks	Unattached\par	21:02.2	6:47/M
17. Mike McGinnis	Macomb X-Men	24:14.1	7:49/M
18. Stephen Glinski	Macomb X-Men	24:15.0	7:49/M
19. Gary Ezzo	Macomb X-Men	24:15.0	7:49/M

TEAM SCORE

Place	Team Name	Team Score	Team Times	Ave Time
1	IVON	23	1:25:40.4	17:08.0

Name	O'All Place	Time
1 Mike Blaszczyk	1	16:31.4
2 Geoffrey Giese	2	16:54.3
3 Daniel Egner	5	17:10.5
4 Alexander Minghine	6	17:25.1
5 Chase Conrade	9	17:39.1

Place	Team Name	Team Score	Team Times	Ave Time
2	Macomb X-Men	32	1:27:06.0	17:25.2

Name	O'All Place	Time
1 Andrew Cusmano	3	16:59.0
2 Brendan Murphy	4	16:59.2

3	David Munafo	7	17:33.4
4	Kyle Roeber	8	17:36.4
5	Kyle Smith	10	17:58.0
6	Joe Chmielewski	11	18:04.1
7	Mike McGinnis	12	24:14.1
8	Stephen Glinski	More Than 7	24:15.0
9	Gary Ezzo	More Than 7	24:15.0