



**SOUTH TEXAS DISTRICT
OF THE
AMATEUR ATHLETIC UNION
OF THE UNITED STATES**



"SPORTS FOR ALL, FOREVER"

**2009
SOUTH TEXAS AAU DISTRICT
CROSS COUNTRY CHAMPIONSHIP**

SANCTIONED/HOSTED BY:

Held under the sanction of the South Texas District of the Amateur Athletic Union of the United States, 7314 South Triple Elm China Grove, Texas

MEET MANAGERS:

Augustus L. Bray braylabruce@yahoo.com or staau@satx.rr.com
Janis Henderson janisrh@flash.net

DATE:

Sunday, November 22, 2009

TIME:

Check in will be from 8:30 a.m. to 11:00 a.m. in the main Pavillion.
NO ENTRIES WILL BE ACCEPTED AFTER 11:00 A.M.

LOCATION:

Old Settlers Park
3300 East Palm Valley Blvd.
Round Rock, Texas 78664

PROOF & AGE:

Verify with Original Birth Certificate, State Driver's License, U.S. Passport, and DOD Dependents ID card

ENTRY FEE:

\$17.00 per individual athlete.

AAU CARDS:

All athletes must have a 2009/2010 individual AAU membership card. The cost is \$12.00 and must be purchased online on the AAU Website

CLUB MEMBERSHIP:

All teams must have a current 2009/2010-club membership. The cost is \$30.00, \$60.00, or \$300.00. All club memberships must be purchased online on the AAU website.

NATIONAL INFO:

The District Championships must be contested in dual age groups just like the National Championship. The National Championship Info Packet, Schedule, and Course Maps are currently posted on www.aauathletics.org. AAU National Championship medals will be awarded to the first twenty-five (25) individual places based on year of birth.

NATIONAL MEET: 2009 AAU Cross Country National Championships
Orlando, Florida December 5, 2009

DISTRICT AWARDS: Top 20 individuals and the top 3 teams in each age division, both boys and girls, will qualify for the National Cross Country Meet. When determining team scores, the athletes who did not compete on a team will be deleted from the list of place finishers. The team finishers will then be reassigned places and the team score calculated accordingly.

TIME SCHEDULE: At 11:00 a.m. competition will begin and continue on a “ROLLING SCHEDULE” with the following age divisions in this order:

AGE DIVISIONS:

Primary Boys and Girls	Born 2001 & After	2,000m (2K)
Bantam Boys and Girls	Born 2000 & 1999	3,000m (3K)
Midget Boys and Girls	Born 1998 & 1997	3,000m (3K)
Youth Boys and Girls	Born 1996 & 1995	4,000m (4K)
Intermediate Boys and Girls	Born 1994 & 1993	5,000m (5K)
Young Men and Women	Born 1992 & 1991	5,000m (5K)

Athletes who are still eighteen (18) years of age through the final day of the National Cross Country Meet shall be eligible to compete in the Young Men’s and Young Women’s division.

**FOR ANY ADDITIONAL INFORMATION CONTACT THE
SOUTH TEXAS AAU OFFICE AT 210-656-7670 or e-mail
staau@satx.rr.com.**