

WEST VIRGINIA DISTRICT CROSS COUNTRY CHAMPIONSHIPS RESULTS

November 7, 2009

Coonskin Park/Charleston, WV

Age Division	Distance	Time
BANTAM Girls (born 2000 & 1999)	3000 meters	
1. Sarah Lankas	Charleston	17:28
BANTAM BOYS (born 2000 & 1999)	3000 meters	
1. Kaleb Angle	Huntington	15:46
2. Ethan Hess	Barboursville	22:20
MIDGET GIRLS (born 1997 & 1998)	3000 meters	
1. Brittney McMillian	Scott Depot	12.16
MIDGET BOYS (born 1997 & 1998)	3000 meters	
1. Braxton McMillan	Winfield	11:28
2. Jimmy Grant	Huntington	12:10
3. R J Weiford	Hurricane	12:35
4. Nick Mitchell	Kenova	14:39
YOUTH GIRLS (born 1995 & 1996)	4000 meters	
1. Macy Coffey	Winfield	17:05
2. Cherish McMillion	Winfield	18:55
4. Sadie Griffith	Scott Depot	TNA
YOUTH BOYS (born 1995 & 1996)	4000 meters	
1. Jason Weitzel	Athens	16:21
2. Matthew Brafford	Charleston	16:25
3. Chad McComas	Huntington	17.00
4. Juan Akila	Ceredo	17:54
5. Drew Ferguson	Winfield	18:03
INTERMEDIATE GIRLS (born 1993 – 1994)	5000 meters	
1. Sami Harris	Charleston	21:55
2. Jordan Merritt	Lavalette	27:10
INTERMEDIATE BOYS (born 1993 - 1994)	5000 meters	
1. Joe Kirtner	Scott Depot	18:28
2. Forrest Reed	Wayne	19:30
3. Josh Harris	South Point	23:45
4. Paul Witsberger	Charleston	26:24
5. Wolfe Shapero	Charleston	26:47
YOUNG WOMEN (born 1991 - 1992)	5000 meters	

1. Emily Witsberger **Charleston** **TNA**

YOUNG MEN (born 1991- 1992) **5000 meters**

1. Patrick Jividen	Liberty	18:23
2. Josh Fitch	Bethesda	18:28
3. Jordan Weitzel	Athens	18:38
4. Nathan Harshberger	New Martinsville	19:35
5. Josh Bartrug	Clarenton	20:20
6. Austin Chambers	Cameron	20:38