### THE AMATEUR ATHLETIC UNION

The AAU is one of the largest non-profit volunteer organizations in the United States dedicated solely to the promotion and development of amateur sports. Established in 1888 by sports leaders who collectively became the first to define amateurism and create standards for amateur athletes in the country. The AAU continues to operate on the basic principles upon which the organization was founded: to maintain the mutual interests of its members while achieving and improving amateur sports.

### Benefits of the AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Dan Gable, Carl Lewis, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous *Disney's Wide World of Sports*® Complex, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

### How To Become A Member

- Visit <u>www.aausports.org</u> and click "JOIN NOW".
- Call 1-800-AAU-4USA and this will connect you with your District Office.

### Say Yes To AAU!

Join millions of athletes, coaches, and volunteers across the country, as they strive to achieve their dreams as athletes and valued citizens of your communities.

### www.aauchinesemartialarts.org

### AAU CHINESE MARTIAL ARTS CONTACTS

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# AAU CHINESE MARTIAL ARTS BROCHURE



### "YOUTH & ADULT PROGRAMS"





### www.aauchinesemartialarts.org

### How You Can Learn More

The AAU has developed a comprehensive Web Site, <u>www.aausports.org</u> for your convenience. This offers our members up to the minute news stories, an event calendar, including competitions at the Disney's Wide World of Sports®Complex, as well as individual sport web sites, which provides you with rules, results, updates, and more.

In conjunction with its overall sanctioning and membership program, the AAU maintains an insurance program that provides coverage for its districts, member clubs/teams, and individual members conducting and/or participating in its sanctioned events. There are two broad types of insurance coverage's included in the AAU insurance program: General Liability and Sports Accident.

### Looking for a Club or Team to Join?

The AAU makes it easy for you to find a club or team in your area. Go to <u>www.aausports.org</u>, click on "My Child Wants to Play AAU Sports" icon and follow the instructions. This program allows coaches to find athletes in their area interested in joining their club or team.

### We Make It Easy to Join!

We make it easy by providing instant on-line registration. No more waiting for administrative paperwork to go through its cycle and the U.S. Postal service to deliver your membership. Just visit <u>www.aausports.org</u> and click on the "Join Now" icon and away you go. It's as easy as 1-2-3.

#### "Sports For All, Forever"

The AAU offers National Championships in the various sports, sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

#### Program Objectives

The purpose of the AAU Chinese Martial Arts Program is to create, stimulate and improve competitive opportunities for our athletes while promoting and developing leadership sportsmanship and educational experiences. Using the theme, "*Sports For All, Forever*" as the foundation, our national Chinese Martial Arts committee is continually striving to expand our programming offerings.

The CMA program offers an atmosphere with no prejudices or politics. All systems from Tai Chi to Praying Mantis, from Shuai Chaio to San Shou, are encouraged to join. The program is supported by well-known Masters and Grand Masters throughout the country with voices heard from small schools as well.

Program's network of participating Sifus and Masters will help further the knowledge of the Chinese Martial Arts by providing seminars at your school or tournament and adhering to the "oldschool" philosophy of furthering training as opposed to commercializing the arts.

Consider the advantages the AAU National Chinese Martial Arts Program can offer you, Join AAU Today!

### <u>Membership</u>

For more information on becoming an AAU Member, please visit our web site at www.aausports.org.

**Insurance:** A benefit of AAU membership is the athletic accident and liability insurance program. For specific information regarding coverage, please refer to the current insurance brochures, found under insurance at <u>www.aausports.org</u>.

## CORPORATE SPONSORS OF THE AAU

