

NATIONAL SPONSORS OF THE  
AAU



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## Interested in Sports?

The AAU is for you! We have athletic programming in over 34 sports for athletes, volunteers, and coaches from 4 to 80 years of age and older, male and female, from Basketball to Wrestling, from Track and Field to Baseball.

Visit [www.aaufootball.org](http://www.aaufootball.org)

**For information on:**

**Tournaments Dates**

**Flag and Tackle Rules**

**League Guidelines**

**Getting a program started**

**Find an Event**

**Photos**

**Articles**

**Coaches Resources**

**AAU You Tube, Facebook & Twitter**

We are raising tomorrow's leaders on today's playgrounds No matter your sport, age, or experience level, there is a place for you in the AAU. Congratulations on becoming a part of this tradition. And remember, ***where you begin has everything to do with where you finish.***

The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website [www.aausports.org](http://www.aausports.org) for the most up-to-date information.

## AAU 5 on 5 Flag Football

5 on 5 Flag Football is a fun way to keep the adrenaline flowing and to learn fundamentals of the game. For ages 6u-16u



## AAU 7 on 7 Passing Football

7 on 7 Passing is a fun competitive, non-contact way to play football. For Middle and High School Ages Groups.



## AAU Tackle Football

AAU tackle football "a Different Definition of Success" that offers proficiency of Skill Sets  
For ages 6u-14u.



## 2011 AAU Tackle Football

### National Championship

**November 11<sup>th</sup> – 21<sup>st</sup>, 2011**

**Orlando, FL**

Further information posted on [www.aaufootball.org](http://www.aaufootball.org).

### Benefits of AAU

You will be participating with like minded teams. Regional Teams are permissible. Through AAU you can work with your athletes in other seasons, in other sports, such as Weightlifting, Track, Spring Tackle or 7 on 7 Passing.

Opportunity to participate in premier events and at great facilities throughout the country. Travel, make new friends, continuing education, and many unforgettable memories. Membership in an organization long recognized for its position in amateur sports. AAU youth membership allowing you to participate in 34 sports. Access to over 15,000 AAU-sanctioned events and programs each year. Access to over 250 National Championships that AAU host annually.

The AAU is an active member in USA Football, with up to date information in health and safety, resources for Coaches and League Directors.

As a benefit of membership there are two broad types of insurance coverage included in the AAU insurance program: GENERAL LIABILITY AND SPORTS ACCIDENT.

### Positive Coaching Alliance (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit [www.aausports.org](http://www.aausports.org) in order to get more information on how you can become a PCA Double-Goal Coach.