

### The Amateur Athletic Union

The AAU is one of the largest non-profit volunteer organizations in the United States dedicated solely to the promotion and development of amateur sports. Established in 1888 by sports leaders who collectively became the first to define amateurism and create standards for amateur athletes in the country. The AAU continues to operate on the basic principles upon which the organization was founded: to maintain the mutual interests of its members while achieving and improving amateur sports.

### Benefits Of The AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Dan Gable, Carl Lewis, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

### Positive Coaching Alliance (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit [www.aausports.org](http://www.aausports.org) in order to get more information on how you can become a PCA Double-Goal Coach.

### How To Become A Member

- Visit [www.aausports.org](http://www.aausports.org) and click "JOIN NOW".
- Call 1-800-AAU-4USA and this will connect you with your District Office.

### Say Yes To AAU!

Join millions of athletes, coaches, and volunteers across the country, as they strive to achieve their dreams as athletes and valued citizens of your communities.

The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website [www.aausports.org](http://www.aausports.org) for the most up to date information.

The goal of AAU Judo is to create a venue for competition that is fun and enjoyable for all athletes and non-athletes alike. Enhancing the complete athletic experience through organized competitions, rather than politics, will always be the primary objective.

Highlights of AAU Judo guidelines are as follows:

- No belt rank promotions.
- No weight disparities of greater than 10% between all contestants in a division.
- Weights in pounds not kilograms.
- Chokes ages 11 and older.
- Arm bars ages 15 and over.

**Get involved and see for yourself the excitement that is AAU Judo!**

### AAU Judo National Championships

**2011 AAU Freestyle Judo Nationals**  
March 26<sup>th</sup>, 2011  
Kearney, MO

Contact: Steve Scott - 816-210-4484  
Ken Brink - 916-969-9019

**2011 AAU Judo Grand Nationals**  
July 8<sup>th</sup> - 9<sup>th</sup>, 2011  
Kearney, MO

Contact: Steve Scott - 816-210-4484  
Ken Brink - 916-969-9019

**2011 AAU Judo National Championship**  
August 14<sup>th</sup>, 2011  
Milwaukee, WI

Contact: Norman Miller - 414-354-1898



### "Sports For All, Forever"

The AAU offers National Championships in the various sports, sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

### How You Can Learn More

The AAU has developed a comprehensive Web Site, [www.aausports.org](http://www.aausports.org) for your convenience. This offers our members up to the minute news stories, an event calendar, including competitions at the ESPN Wide World of Sports, as well as individual sport web sites, which provides you with rules, results, updates, and more.

The goal of AAU Judo is the continued increase of youth and adult participation in this exciting sport, while maintaining the fun that should be the prime goal of competitive sports participation.

AAU Judo is not governed or restricted by international organizations or their national affiliates and is therefore free of the disputes sometimes involved in this type of structure.

With this in mind, AAU Judo has developed a set of rules and procedures designed to make judo more enjoyable for competitors, coaches, officials and spectators.

In conjunction with its overall sanctioning and membership program, the AAU maintains an insurance program that provides coverage for its districts, member clubs/teams, and individual members conducting and/or participating in its sanctioned events. There are two broad types of insurance coverage included in the AAU insurance program: **General Liability and Sports Accident.**

[www.aaujudo.org](http://www.aaujudo.org)

### Looking for a Club or Team to Join?

The AAU makes it easy for you to find a club or team in your area. Go to [www.aausports.org](http://www.aausports.org), click on "My Child Wants to Play AAU Sports" icon and follow the instructions. This program allows coaches to find athletes in their area interested in joining their club or team.

### We Make It Easy to Join!

We make it easy by providing instant on-line registration. No more waiting for administrative paperwork to go through its cycle and the U.S. Postal service to deliver your membership. Just visit [www.aausports.org](http://www.aausports.org) and click on the "Join Now" icon and away you go. It's as easy as 1-2-3.

**JOIN AAU TODAY!**

### Membership

For more information on becoming an AAU Member, please visit our web site at [www.aausports.org](http://www.aausports.org).

### Insurance

A benefit of AAU membership is the athletic accident and liability insurance program. For specific information regarding coverage, please refer to the current insurance brochures, found under insurance at [www.aausports.org](http://www.aausports.org).

### AAU JUDO CONTACTS

#### National Director

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#### Vice Chair

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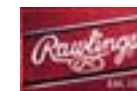
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## NATIONAL SPONSORS OF THE AAU



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