

THE AMATEUR ATHLETIC UNION

The AAU is one of the largest non-profit volunteer organizations in the United States dedicated solely to the promotion and development of amateur sports. It was established in 1888 by sports leaders who collectively became the first to define amateurism and create standards for amateur athletes in the country. The AAU continues to operate on the basic principles upon which the organization was founded: to maintain the mutual interests of its members while achieving and improving amateur sports.

BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Dan Gable, Carl Lewis, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

POSITIVE COACHING ALLIANCE (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit www.aausports.org in order to get more information on how you can become a PCA Double-Goal Coach.

SAY YES TO AAU!

Join millions of athletes, coaches, and volunteers across the country, as they strive to achieve their dreams as athletes and valued citizens of their communities.

www.aaulacrosse.org

AAU LACROSSE

www.aaulacrosse.org

NATIONAL CHAIR

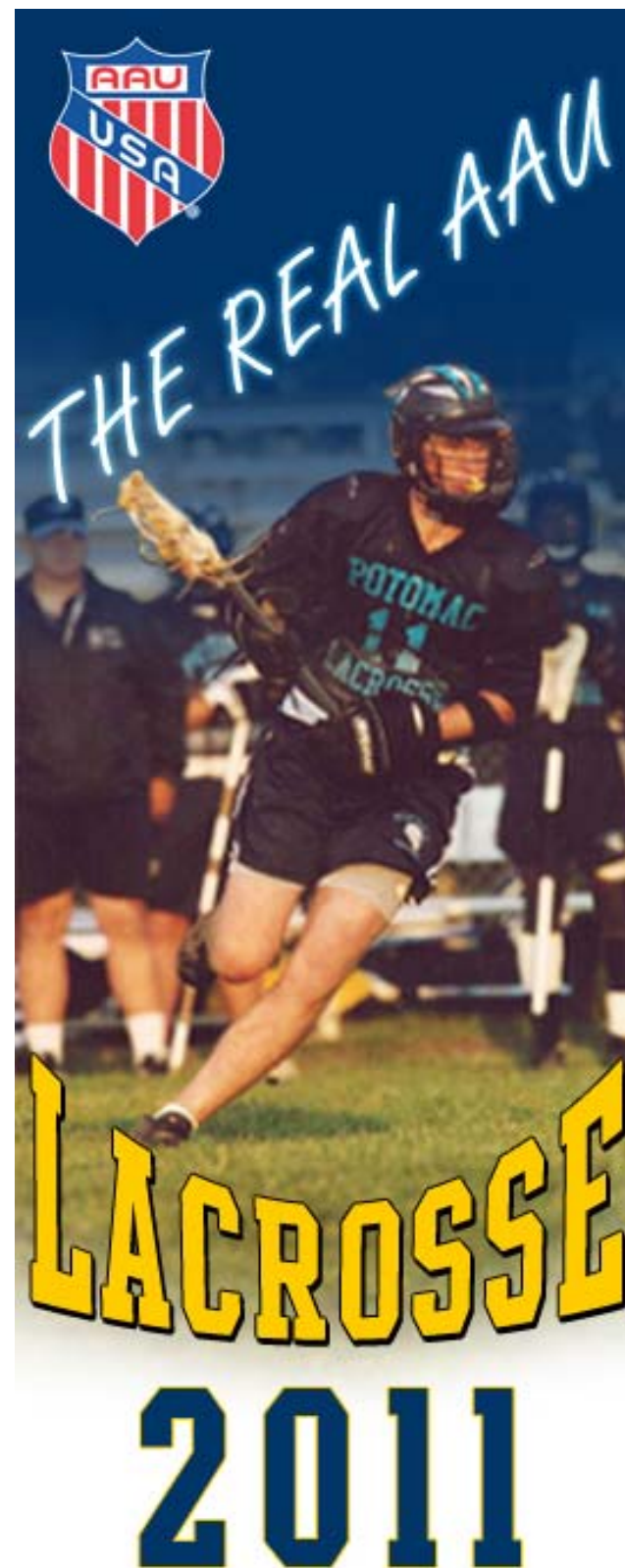
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The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website www.aausports.org for the most up to date information.



INTERESTED IN SPORTS?

Then the AAU is for you! We have athletic programming in over 34 sports for athletes from 4 to 80 years of age and older, male and female, from Basketball to Wrestling, from Gymnastics to Baseball.

We're one of the world's largest non-profit multi-sport organizations. Each year we sanction over 15,000 local, regional and national competitions.

GETTING STARTED

1. AAU Club Membership

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.aausports.org. Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit www.aausports.org for a list of benefits for each club level. Club membership is valid September 1 to August 31. Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.

2. AAU Individual Membership

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$12 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$14. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit www.aausports.org and refer to the Insurance Brochure.

To become a member, you can register instantly online at www.aausports.org. Be sure to register as a club first, so you can enter your Club Code when registering individuals. Individual membership is valid September 1 to August 31.

HOSTING AAU LACROSSE LEAGUES

As an AAU Club Level 2 or 3, you can apply to host your own tournaments or leagues. You must submit a Sanction Application Form online at www.aausports.org. Tournaments can be hosted any time of the year. Tournaments can be sanctioned for \$50 per day. You can also sanction a league for a maximum of \$350. Contact your local District for additional information on sanctioning events. Call 1-800-AAU-4USA to get in touch with your District office.

*SANCTIONING YOUR
LEAGUE THROUGH AAU IS
MORE AFFORDABLE THAN
OTHER ORGANIZATIONS.*

SPORTS INSURANCE PROGRAM

SUMMARY

For complete details on all of the insurance benefits that come with AAU membership, including coverage summaries, visit www.aausports.org and click on "Insurance Tab".

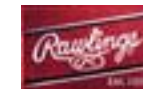
THIRD PARTY CERTIFICATE OF LIABILITY INSURANCE

You can request a Certificate of Liability Insurance for facilities you will be using for practices or tournaments. We now offer the certificate request while applying for your sanction. This form is only needed if required by the facility. Submit the request online at www.aausports.org. Once processed, the insurance certificate will be available to print from the website. You will need your Club Code in order to access the certificate.

PRACTICE INSURANCE

All current AAU Registered Clubs have Practice Insurance as a benefit of membership. No separate cost or sanction is necessary for practices.

NATIONAL SPONSORS OF THE AAU



LeadAmerica



HOW YOU PLAY™