

THE AMATEUR ATHLETIC UNION

The AAU is one of the largest non-profit volunteer organizations in the United States dedicated solely to the promotion and development of amateur sports. It was established in 1888 by sports leaders who collectively became the first to define amateurism and create standards for amateur athletes in the country. The AAU continues to operate on the basic principles upon which the organization was founded: to maintain the mutual interests of its members while achieving and improving amateur sports.

BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Dan Gable, Carl Lewis, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

POSITIVE COACHING ALLIANCE (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit www.aausports.org in order to get more information on how you can become a PCA Double-Goal Coach.

SAY YES TO AAU!

Join millions of athletes, coaches, and volunteers across the country, as they strive to achieve their dreams as athletes and valued citizens of their communities.

www.aautrampolineandtumbling.org

AAU TRAMPOLINE AND TUMBLING

www.aautrampolineandtumbling.org

NATIONAL CHAIR

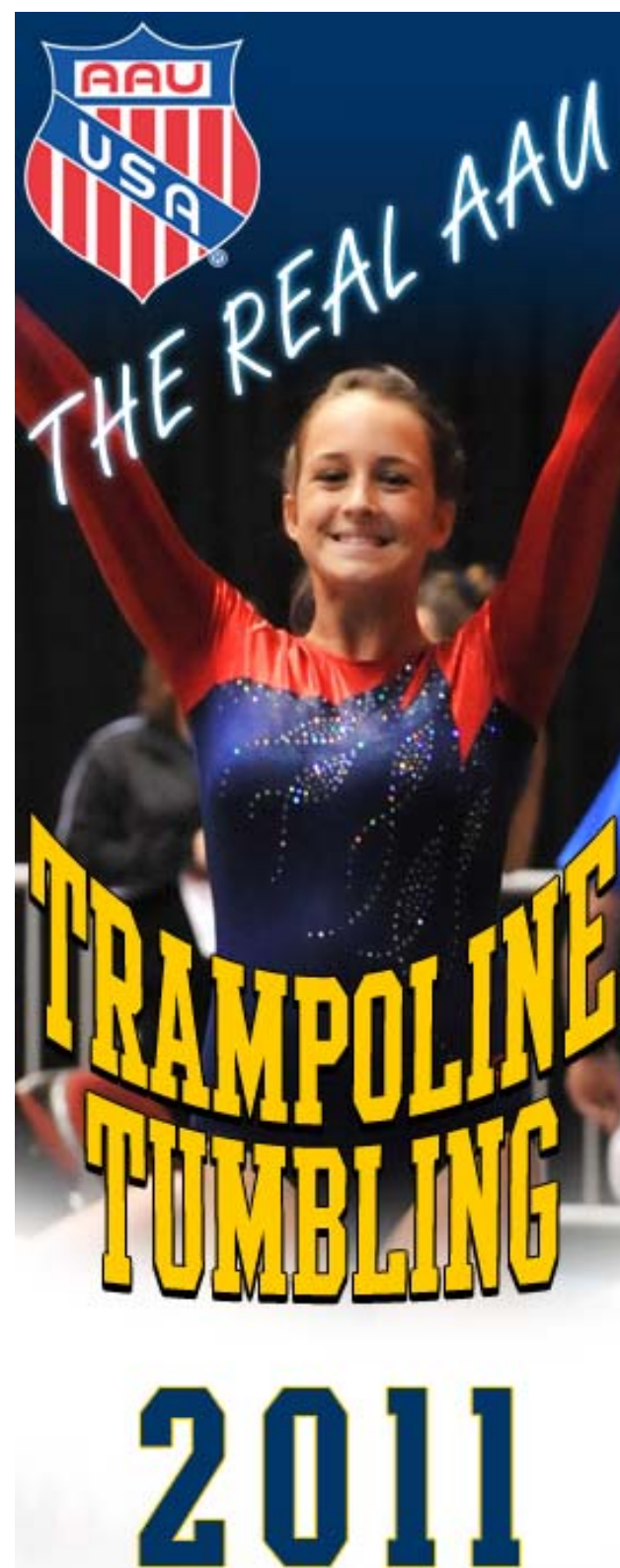
Patti Lingenfelter
P.O. Box 135076
Clermont, FL 34713-5076
800-870-4133 - P
863-420-2050 - F
ustapatti@verizon.net

SPORT MANAGER

Anastasia Saunders
AAU National Headquarters
1910 Hotel Plaza Blvd.
Lake Buena Vista, FL 32830
407-934-7200 - P
407-934-7242 - F
anastasia@aausports.org



The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website www.aausports.org for the most up to date information.



INTERESTED IN SPORTS?

Then the AAU is for you! We have athletic programming in over 34 sports for athletes from 4 to 80 years of age and older, male and female, from Basketball to Wrestling, from Gymnastics to Baseball.

We're one of the world's largest non-profit multi-sport organizations. Each year we sanction over 15,000 local, regional and national competitions.

LOOKING FOR A CLUB TO JOIN?

The AAU makes it easy for you to find a club or team in your area. Go to the web site at www.aausports.org, click on "**Find a Local Club**" and follow the instructions. This program allows you to contact clubs by email in your geographical area. You can also click on "**My Child Wants to Play AAU Sports.**" This program allows coaches to find athletes in their area interested in joining their club or team.

WE MAKE IT EASY TO JOIN!

We make it easy by providing instant on-line registration. No more waiting on administrative paperwork to go through its cycle and the U.S. Postal service to deliver your membership. All you have to do is visit www.aausports.org and click on the "Join Now" icon and away you go. It's as easy as 1-2-3.

"SPORTS FOR ALL, FOREVER"

The AAU offers National Championships in the various sports, sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

HOW CAN YOU LEARN MORE?

The AAU has developed a dynamic website at www.aausports.org, where you can view up to date AAU news stories, event listings, membership information, individual sport websites and much, much more.

ABOUT AAU TRAMPOLINE AND TUMBLING

AAU Trampoline & Tumbling competitions may be held for all levels and for all age division. All competing athletes must be AAU registered and the event must be AAU sanctioned.

Contact your local District Sports Director at 1-800-AAU-4USA to learn what meets are being held in your District. If there are none, please consider hosting a meet of your own.

DISTRICT COMPETITION

The following Districts sanctioned competition in the 2009/2010 membership year:

- Central
- Florida Gold
- Florida
- Georgia
- Indiana
- Iowa
- Kentucky
- Michigan
- Nebraska
- Ohio
- Oklahoma
- Ozark
- Southeastern
- Southwestern
- South Texas
- Southern Pacific

2011 AAU JUNIOR OLYMPIC GAMES

Location: New Orleans, LA

Dates: July 28 - August 1, 2011



Complete information and entry details are at www.aaujrogames.org

NATIONAL SPONSORS OF THE AAU

