

A.A.U. Judges Course Cheerleading 2013-2014

Mail Completed test to: AAU Cheerleading
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The fee for the test is \$45.00 and the certification is good for 2 years. Make checks payable to AAU Cheerleading. Include your check with your answers that need graded.

In addition to taking the test you will need to watch a routine and place the routine on a scoresheet. You will also need to have a non-athlete membership for AAU. Membership can be obtained online at aausports.org. Non-athlete membership is \$16.00. AAU Membership #: _____

Please let us know what contact information you would like listed online. When your test is received, graded, and you pass, you will be listed on the "Certified Cheer Judges" list found on the AAU website at www.aaucheerleading.org. This will be the resource event organizers use to locate certified judges.

The following contact information I would like listed online:

Name: _____

Address: _____

Phone(s): _____

Email: _____

I certify that the above information is correct.

Signature

2013-2014 Cheerleading Judging Qualification Exam

True or False

1. A back handspring is a legal skill for level 3.
2. Back Walkovers & Front Walkovers are legal for level 1.
3. Standing back tucks are legal for level 3.
4. Series back hand springs are legal for level 2.
5. Toe Touch handspring & handspring toe touch are legal for level 2.
6. Single leg extended stunts are allowed in level 2.
7. Full up to extension is allowed in Level 3.
8. Log rolls are legal in Level 1.
9. Tumbling while holding or in contact with any prop is not allowed.
10. If the knee of a base touches the ground during cradle or dismount it is considered a fall and will receive 5 pt. deduction.
11. A routine that lasts 2 minutes and 35 seconds would receive no deduction.
12. Toe Touch back handspring back tuck is allowed in level 4 because the flip skill is not connected immediately after the jump skill.
13. Consecutive flip-flip combinations are allowed in level 4 standing tumbling.
14. In cheer solo & cheer duo division, there is a 15 point deduction if there are not 3 different jumps performed in the routine.
15. Crowd leader division- Routines should not exceed 1 minute 45 seconds.

Fill In The Blank.

16. Level 5 teams must execute an _____ one legged braced structure in a pyramid as one of their structures.
17. Level 1-5 can score a max point value of _____ for Stunt Body Positions.
18. Level 1 & 2 must execute a _____ stunt at the appropriate level to max out their stunt body positions score.
19. For Pyramid LDT Difficulty, the range for Level 1 if there are 3-4 elements is _____.
20. In level 4, the toss degree of difficulty would be 8.5-8.9 if the squad has majority to squad double twisting tosses or _____.
21. Majority= _____
22. Pike Jump, Toe Touch, & _____ are all advanced jumps.
23. To score a jump degree of difficulty of 9, you must complete _____.
24. Age for competition is determined by _____.

Short Answer:

- 25 As a judge, what does a winning routine have to offer?

Please visit the following website and judge the Cheerleading routine using the attached scoresheets: <http://www.youtube.com/watch?v=nsaYikJWMp8>



Team Name:

Judge #:

Division:

<i>Stunts</i>	<i>Max</i>	<i>PTS</i>	<i>COMMENTS</i>
Stunt Body Positions	L1-L5: 5		
Technique & Execution	10		
Loads/Dismounts/Transitions	L1: 6 L2: 7 L3: 8 L4: 9 L5: 10		
Quantity	10		
Co-Ed Stunt Difficulty (Only Levels 3 & Up)	5		
<i>Pyramids</i>	<i>Max</i>	<i>PTS.</i>	<i>COMMENTS</i>
Pyramid Structures	L1-5: 5		
Technique & Execution	10		
Loads/Dismounts/Transitions	L1: 6 L2: 7 L3: 8 L4: 9 L5: 10		
<i>Choreography/Overall</i>	<i>Max</i>	<i>PTS.</i>	<i>COMMENTS</i>
Overall Impression Stunts & Pyramid	10		
Total		*	

Stunts & Pyramids

Subjective Scale

7-8 Fair 8—9 Good 9-10 Excellent



Team Name:

Judge #:

Division:

Standing	Max	PTS	COMMENTS
Degree of Difficulty	L1: 5 L2: 6 L3: 7 L4: 8.5 Y/SRst: 9.3 L5: 10		
Technique & Execution	10		
Synchronized Quantity	5		
Running	Max	PTS	COMMENTS
Degree of Difficulty	L1: 5 L2: 6 L3: 7 L4: 8 Y/SRst:9.5 L5: 10		
Technique & Execution	10		
Choreography/Overall	Max	PTS	COMMENTS
Overall Impression	10		
Total		*	

Tumbling

Subjective Scale

7-8 Fair

8-9 Good

9-10 Excellent



Team Name:

Judge #:

Division:

Jumps	Max	PTS	COMMENTS
Degree of Difficulty	10		
Technique & Execution	10		
Tosses	Max	PTS	COMMENTS
Degree of Difficulty	L1: N/A L2: 7 L3: 8 L4: 9 Y/SRst: 9.5 L5: 10		
Technique & Execution	10		
Dance	Max	PTS	COMMENTS
Dance	10		
Technique & Execution	10		
Choreography/Overall			
Overall Impression	10		
Total		*	

Jumps, Tosses, Dance

Subjective Scale

7-8 Fair

8-9 Good

9-10 Excellent



Team Name: _____

Judge #: _____

Division: _____

Official Cheer Deduction Judge Sheet

Time of Routine: _____ 5 pt deduction for 1-10 seconds over 10 pt deduction for 11 or > over

Deduction Type	Left Side of Floor	Middle of Floor	Right Side of Floor	Total
Stunts B=Bobble F=Fall				
Tumbling B=Bobble F=Fall				

Total

Script Breakdown Dts To Be Deducted

B=Stunt/Tumbling	1 pt	Under 5 members/Over 36 members	15pt
F=Stunt	5 pt		
F= Tumbling	3 pt		
SV=Safety Violation	5 pt		
LV=Level Violation	15 pt		
CA= Coach Assist	25 pt		

Safety Deduction:	Deduction
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Level _____ Skill _____ Deduction _____

Explanation: _____

Level _____ Skill _____ Deduction _____

Explanation: _____

Total Pts. To Be Deducted: