

Appendix F.

2015-16 JUMPS Rules

DIVISIONS WILL BE AGE LEVELS:

5 & under (Tiny), 6-8 years (Mini),
9-11 years (Youth), 12-14 years (Junior),
and 15 & over (Senior)

3 Different Jumps required- 10 point deduction for each missing jump.
Jumps must begin from a single jump approach- 2 points deduction per occurrence.
Jumps will be judged out of 10.00 per jump for a total out of 30.00
Athletes will be judged based on the following criteria:
Overall Tightness
Approach
Pointed Toes
Straight Legs
Height
Clean Landing
Speed
Chest Position
Lift of Legs

Music is not allowed.

Athletes must be positioned in center of competition floor prior to judges signal.

Athletes can perform a spirited exit.