

Appendix G.

2015-16 POM SQUAD TEAM GUIDELINES

All routines must be 2 minutes and 30 seconds (2:30) or less. Deduction of 10 points off total score for overtime.

1. Routines must have a minimum 50% of the total squad perform a minimum of **3 different jumps** and must incorporate a **minimum of 2 different turns or leaps**. **Failure to meet this requirement will result in 25 points off total score.** Routine will be judged based on timing, choreography, sharpness, over all use of floor space, expression and technique.
2. Teams are encouraged to incorporate high kicks, different dance styles, and creative formations.
3. Squads must have use of poms for a minimum of 75% of the routine. Deduction-25 points per judge for failure to meet this requirement.

Divisions:

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| Senior | 12 th grade and under |
| Junior | 6 th grade and under |