

## Appendix F.

### **JUMPS Rules**

DIVISIONS WILL BE AGE LEVELS:

5 & under (Tiny), 6-8 years (Mini),

9-11 years (Youth), 12-14 years (Junior),

and 15 & over (Senior)

1 single jump and 1 Combo jump required (combo jump is minimum of 2 jumps and maximum of 4)- 10 point deduction for each missing jump.
If more than 4 jumps performed in combo jump there will be a 10 point deduction
Jumps must begin from a single jump approach – 2 points deduction per occurrence
Jumps will be judged out of 10.00 per jump for a total out of 20.00
Tumbling in Jump Division will result in 10 point deduction per occurrence
<b>Athletes will be judged based on the following criteria:</b>
Overall tightness
Approach
Pointed toes
Straight Legs
Height
Clean landing
Speed
Chest position
Lift of legs

**Music is not allowed.**

**Athletes must be positioned in center of competition floor prior to judges' signal.**

**Athletes can perform a spirited exit.**

**No Tumbling in Jump Division**