

Appendix D

Cheer Solo and Cheer Duo Divisions

Age Groups: 5 & under (Tiny), 6-8 years (Mini), 9-11 years (Youth),
12-14 years (Junior), 15 & up (Senior)
Levels : 1, 2, 3, 4, 5

Males are allowed to compete in all divisions, and will compete against the females.

GUIDELINES

Athletes are judged on execution of all motions, dance, cheers, jumps, tumbling and vocals. Athlete's scores will reflect their performance regardless of response from crowd. We encourage teams to cheer for their athletes but this will not reflect in their score.

Routines cannot exceed one minute and forty-five seconds (1:45). Deduction of 10 points for overtime.

Cheer may be performed anywhere within the routine.

A deduction for absence of cheer, dance section and a minimum of **3 different jumps** is 25 points per infraction.

Failure to have a minimum of one (1) tumbling series of 2 or more skills is a **10 point deduction**.

Athletes will be judged on overall use of floor space.

ROUTINE REQUIREMENTS

All routines must incorporate a cheer, a dance, tumbling skills, and a minimum of 3 different jumps.

All tumbling skills are permitted that do not exceed one flipping or 2 ½ twisting rotations. Double backs or triple fulls will result in a **void routine (0.00)**.