

AAU – CHINESE MARTIAL ARTS NATIONALS
AUG. 14TH 2010
EVENT SIGNUP SHEET

Name: _____ Age: _____

EXPERIENCE

Beginner: Under 1 yr ___ **Intermediate:** 1-3 yrs ___ **Advanced:** 4+ yrs ___

AGES: 5-7 ___ 8-10 ___ 11-13 ___ 14-17 ___ Adult 18-34 ___ Executive 35+ ___

External Forms

Northern Kung Fu: _____

Southern Kung Fu: _____

Contemporary Wu Shu: _____

Two Person Sets

Kenpo/Pan Asian Arts _____

Island Arts _____

Open Non-Traditional _____

Weapon Forms

Traditional Long: _____ Contemporary Wu Shu Long: _____ Wu Shu Single: _____

Traditional Single: _____ Wu Shu Double/Flexible: _____ Open: _____

Traditional Double/ Flexible: _____ Open Non-Traditional: _____

Continuous Sparring

Shuai Chiao (Teens & Adults Only)

Ages: 5-7 _____ Boys: 11-13 ___ Boys: 14-17 ___ Adult Men: 18+ ___ Executive Men: 35+ _____

Ages: 8-10 _____ Girls: 11-13 ___ Girls: 14-17 ___ Adult Women: 18+ ___ Executive Women: 35+ _____

Weapon Sparring: Staff: _____ Sword: _____ Single Stick (adults only): _____

Internal Styles Open Hand:

Yang: ___ Chen: ___ Wu: ___ Wu Hao: ___ Open: ___ Ba Gua: ___ Hsing Yi: _____

Group Musical: _____ Groups Name: _____

Internal Weapon: Straight Sword: _____ Curved Sword: _____ Fan: _____ Other: _____

Push Hands Divisions: Men ___ Women ___ 18-39yrs ___ 40+yrs _____

Fixed Step: _____ Moving Step: _____

Men Weights: <155lbs / 156-190lbs / 191+ / **Women Weights:** <130lbs / 131-160lbs /161+ /

I understand if this information is not correct, then it will result in disqualification of the AAU-CMA Nationals.

Signature: _____ (minors must have parent or guardian signature)