

# 2021 AAU Dance National Rules Handbook



**Hip Hop \* Jazz \* Ballet \* Tap \* Folk \* Pom \* Kick \* Clogging  
Musical Theatre|Character \* Ballroom Solo,Group \* Contemporary**

**Amateur Athletic Union**

# AAU National Dance Rules and Regulations

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## **PREAMBLE**

The AAU Dance National Committee has been established in order to promote the benefits of participation in athletics and hereby adopts these rules & regulations (subject to change without notice) for the advancement of that purpose. The following Dance Rules are conditional to the bylaws, rules, policies, guidelines, and practices of the Amateur Athletic Union. **AAU Dance consists of many Styles. Eleven of which pertain to the rules in this Handbook. Additional Handbooks available are: DanceSport (Ballroom), Cabaret, and Majorette Dance. Rules can be downloaded from the [aaudance.org](http://aaudance.org) website. New Genres may be added in September of each year, although any style may be danced in the Open Category.**

## **I. NATIONAL SPORT COMMITTEE GOVERNANCE AND ADMINISTRATION**

### **A. National Committee Structure and Procedures**

#### **1. National Sport Chair.**

- a. National Sports Chairs shall be elected National Sport Committee at the committee meeting during National Conventions in which National Officers are elected.
- b. Terms are four years.
- c. National election policies shall apply.
- d. National Sport Chairs can be removed for cause by a majority vote of the National Officers, subject to the Right of Appeal to the National Board of Review
- e. The President, with the approval of a majority of the officers, may appoint a person to fill a vacant Sport Chair position. The appointee will serve until the next regular or special meeting of the Sport Committee, at which time an election shall be held to complete the term.

#### **2. Executive Committee Composition.**

- a. The AAUNational Dance Executive Committee shall conduct the business of the AAU Dance Committee in accordance with the rules and regulations of the AAU and the AAU Dance program, and act on behalf of the National Sports Committee between National Sports Committee meetings.
- b. The committee shall include the National Chair, Vice Chair, Secretary, Director of Events and members appointed by the National Chair. The term shall coincide with the term of the National Chair.
- c. The committee shall enforce these rules and the AAU Code as they apply to athletes, coaches and clubs. Penalties may be imposed subject to the due process procedures of the AAU Code.

#### **3. National Sport Committee Composition.**

- a. The Committee will consist of the National Sports Chair, members of the Executive Committee who are appointed as provided by the sport's operating rules, the elected or appointed Sport Director of each District, or a representative designated by the District Governor, and one appointed representative from each Allied member that registers members in the sport.
- b. The President may appoint up to two (2) members-at-large

#### **4. Voting.**

- a. Only members of the National Sport Committee are permitted to vote in National Sports Committee meetings. There shall be no voting by proxy. Each member of the Committee will have one vote. Only representatives

from Districts which registered a minimum of .5% (a half percent) of the total number of athletes in that sport in the previous year shall be allowed to vote in the National Sport Committee meeting.

5. **Other Committee Positions.**

- a. National Chair may appoint additional committee and Advisory positions

**B. Sport Committee Meetings**

1. National Sport Committee Regular Meetings. Regular Meetings of the National Sport Committee shall be in conjunction with the AAU Convention.
2. Non-Regular Sport Committee Meetings. National Sport Committee may hold a Non-Regular National Sport Committee meeting in odd years subject to the following provisions:
  - b. The meeting is called by the Chair following approval of the National Office.
  - c. The National Office has the right to coordinate the meeting and pick the site for the meeting.
3. National Sport Committee Special Meetings. Special meetings of a Committee are scheduled at the request of the Chair or upon written request of at least one half (1/2) of the Committee members. Ten (10) days' notice is required and notice shall state the purpose of the meeting.
4. National Sport Executive Committee Meetings. The National Chair shall determine the date and location of Executive Committee Meetings.
5. Agenda Additions
  - a..Sport Committee Meeting Order (Agendas). The Regular National Sport Committee meetings, the Non-Regular National Sport Committee meetings, and National Sport Committee Special meetings shall follow meeting order (agenda format) as established by Code (Bylaw 9.5).

## **II . SPORT POLICIES AND PROCEDURES**

**A. Rules of Competition**

1. **Qualification to AAU National Competition:**

- a. No qualifying required. Open to any participant meeting the membership and age requirements.

2. **Qualification to West Coast AAU Junior Olympic Games**

- a. Participation at a District or Regional Qualifier is required if there is a Qualifier in athletes region. In the event there is not a Qualifier in athletes region, a Petition to Participate may be completed and emailed to the National Chair. Petition is available at [aaudance.org](http://aaudance.org).

2. **Age Groups Divisions**

- a) Specific age Divisions apply for Solo, Duet and Trios.
- b) The age division for Groups is based on the age of the oldest athlete with recommended guidelines. Provisions are addressed for extending the groups as needed by including additional ages younger than the stated guidelines. Keeping in mind that:
  - i. Athletes may dance up to a higher age division
  - ii. Athletes may not dance down to a younger age division.
  - iii. Individual programs should be vigilant in monitoring participants of various ages on the same team and whenever possible, a Teams composition is made up of participants of similar age and skill level.

### **3. Age Determination**

The age of a competitor is determined by the athlete's age on September 1<sup>st</sup> of the current AAU year.

### **4. Eligibility**

All athletes, coaches, volunteers, officials and judges must possess a current AAU Membership card. Adults must consent to a background check when applying for Membership

## **B. Sportsmanship.**

- 1 It is the obligation of coaches, players, administrators, volunteers and other representatives of the AAU to practice the highest principles of sportsmanship and to observe the ethics of competition.
- 2 Good sportsmanship is defined as qualities of behavior, which are characterized by courtesy and genuine concern for others.
- 3 The display of good sportsmanship is a statement of the individual's understanding and commitment to fair play, ethical behavior and integrity

C. **Program Violations.** Disciplinary action may be considered by the Districts, Sport Committee or the Executive Committee for any violations bringing discredit upon the AAU or any violation of any part of this Handbook or the AAU Code. In instances of alleged violations, Board of Review action may be taken against athletes, coaches, parents and/or clubs according to AAU Code. (Updated 10/

## **D. No Guarantee Policy.**

The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has licensed (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

## **III . SPORT OPERATIONS**

### **A. Current Year Rule Changes**

1. For changes in the AAU Dance Competition Regulations, visit [www.aaudance.org](http://www.aaudance.org).
2. Additional rule changes may be distributed in the competition information.
3. District Modifications are not listed as part of this document and are not part of the AAU National Rules. For District modifications to the AAU Dance Program, contact the District Chair (directory) included in this document for details.
4. To add a new Dance Discipline (style/genre) Rules must be submitted to the Executive Committee by August 1<sup>st</sup> of each year for approval and inclusion in the Handbook for September release.

### **B. Event Operating Rules.**

1. These rules shall apply to all AAU licensed Regional or National events unless otherwise approved by the AAU Dance National Executive Committee.
2. Officials Requirements.  
Choice of officials is at the discretion of the Event Director.
  - a. Officials, Judges, Staff and Volunteers must maintain a current AAU Membership
  - b. Judges must be certified by AAU Dance or an accepted organization.

- c. A minimum of 5 Judges for Championships, Regional or National events. Must be odd number. District or local events are at discretion of the event director.
  - d. Judges may not adjudicate their own child or student.
  - e. Participating Coaches must maintain AAU Membership
    - i. Be a minimum of 18 years old (Head Coach);
    - ii. Assistant Junior Coaches should be at least 15 years old and should be supervised by a head coach
    - iii. Complete the Positive Coaching Alliance curriculum
    - iv. Be certain that their athletes are properly prepared for competition and entered in the correct age and skill division
    - v. Demonstrate behavior which reflects the Professionalism required of our sport while in the presence of athletes and parents
    - vi. The accepted attire for coaches and officials at AAU District, Regional and National Events is: Closed toe shoes (no bare feet or sandals). Slacks, Shirts with collars, No hats.
  - f. Cell phones must be placed on vibrate once Staff, Official, Judge, Volunteer designated position responsibility has begun and for Coaches once practice /warm ups have begun.
  - g. Competition Directors reserve the right to combine divisions if the number of entries does not warrant having separate divisions.
3. District Qualifier Medals.  
AAU medals shall be used at any licensed District Championship events. Medals must be purchased through the AAU medal program or license will be denied/voided.
4. Regional and National Medals  
AAU medals shall be used at any licensed Regional or National event. Medals must be purchased through the AAU medal program or the license shall be denied/voided.

### **C. Competition Structure**

1. The National Dance Executive Committee is charged with operating and or overseeing competitions at the Regional and National levels. These national and regional competition rules must use the AAU National Dance Rules. Competitions which serve as qualifying opportunities (District Championships/State/District Qualifier) to either Regional or National competitions may use the current AAU Dance National Rules, or District Modifications as adopted by their district and approved by the AAU National Committee. Contact your local district director for district rules.
2. If athletes are unable to participate in their District Championship competitions to meet eligibility requirements to participate in national events or if a skill level is not offered, they must petition to enter national events the national dance executive committee. If Petition is not online ( [aaudance.org](http://aaudance.org)), Contact the National Dance Chair for this petition process. (contact info page 34)

### **E. Team Rosters**

1. Team rosters include all athletes participating at event.
  - i. A Roster with current AAU memberships included may be upload or submitted as required by AAU Clubs in good standing
  - ii. Studios, individuals or Gyms who are not an AAU Club must manually enter all information and the AAU number will be system verified.
  - iii. All coaches, Dance Assistants, Volunteers ( includes any parent that assist backstage or in Athlete zone) must be AAU members in the non-athlete category and submit Names and AAU Membership numbers on Roster..

iv. Memberships will be verified prior to Competition.

**F. National or Regional Events**

1. AAU Dance National Championship Competition, West Coast AAU Junior Olympic Games for Dance, AAU Junior Olympic Games for Dance are National Events conducted under the AAU Code and AAU Dance National Handbook as approved by the AAU National Dance Executive Committee. Adult divisions are not offered at the AAU Junior Olympic Games.
2. Regional Championship Competitions  
Regional events will be awarded and approved by the national executive committee. On all event license applications, this event will be referred to as a National Regional Event. They will follow rules as provided by the national committee and other requirements as stated by the National Executive Committee. To qualify for Regional Competitions, athletes must have participated in their district programs either invitationals, or District Championships as determined by the district. If there is no district program the athletes may petition to participate to the National Chair. Contact the National Dance Chair.
3. District Championship Competitions  
Each AAU District will host an annual District Championship. The annual District Championship serves as the qualification meet for the AAU National Championships and or the West Coast AAU Junior Olympic Games.. All competition information must include specific mention of which rules will be in effect for the event, national rules or modified rules as adopted by the district and approved by the national committee. If athletes are unable to participate in their District Championship competitions required to be eligible to participate in the national events or if a skill level is not offered, they must petition to enter into at all national events through their district chair or if there is no district program the National Chair. Contact the National Dance Chair for this petition process.
4. Invitational Competitions  
Invitational Competitions may use either the AAU National Rules or rules developed for the event's host District. No invitational competition may include in any of its promotional materials or event name any reference or suggestion that the invitational competition is a Regional or National competition. All events that are licensed as Regional events must be approved by the national executive committee. All information must include specific mention of which rules will be in effect for the event – national or district modifications.
5. Local Invitational Competitions  
AAU Districts may have adopted approved modifications to the AAU National rules to serve the needs of the athletes and clubs in their District. Contact your local district chair for any routine modifications for your district as adopted and approved by the district chair and national executive committee . All competition information must include specific mention of which rules will be in effect for the event – national or district modifications.
6. Inter-District Competitions  
Inter- District competition is the combining of two or more adjacent Districts into one competition. Although regional in nature, they may not include in any of its promotional materials or event name any reference or suggestion that the Inter-District competition is a Regional or National competition. All events that are licensed as Regional events must be approved by the national executive committee. All information must include specific mention of which rules will be in effect for the event – national or district modifications.



## IV . AAU DANCE RULES OF COMPETITION

### A. GENRES/STYLES OF DANCE

AAU Dance currently consists of 14 Disciplines. 11 of which pertain to the rules in this Handbook. The remaining 3 with separate Handbooks are : DanceSport (Ballroom), Cabaret, and Majorette Dance. Rules can be downloaded from the [aaudance.org](http://aaudance.org) website.

#### 1. SOLO / DUET / TRIO DANCE EVENTS INCLUDE:

- Jazz.                   \* Ballet
- Lyrical
- Hip Hop
- Contemporary
- Pom
- Ballroom\*
- Folk
- Tap
- a) See Dance Definitions section for descriptions and requirements for each Style of dance.
- b) Solo athletes may compete in one or more solo dance divisions; however they cannot compete against themselves in any given division.

#### 2. DANCE TEAM DANCE EVENTS INCLUDE:

- Jazz.                   \* Ballet
  - Lyrical
  - Hip Hop
  - Contemporary
  - Pom
  - Kick
  - Ballroom\*
  - Musical Theater/Character
  - Open \*Any style not listed or combination of style
  - Clogging\*
  - Folk
- See Dance Definitions section for descriptions and for each Style of dance.

### B DANCE AGE DIVISIONS

- Tiny. 5 years old & under
- Mini 5-9 yrs old
- Junior 8-12 years old
- Youth 12-15 years old
- Senior 15-19 years old
- Open 13 years old or over
- Adult 21 and over

Age Notation: Groups can consist of athletes younger than the stated age range but cannot have athletes older than the stated age group. (Younger athletes may dance up into a group. Athletes cannot dance down into a younger age group)

Example: A youth team has 5 members ages 15,13,12,11,10. The younger 10/11 members may dance up in the Youth group

#### 1. Competitive age is age as of **September 1<sup>st</sup> of current AAU year.**

a..Birth certificates, baptism records, adoption/foster care records, and/or a driver's

- license are all acceptable as “proof of age”.
  - b..Athletes must be able to show their AAU membership card if asked.
  - c..If unable to produce one of the mentioned above, for the competition director/chief judge when questioned about age, a 2.0 penalty will be added to each event in question. Disqualification is at the discretion of the Head Judge.
2. Adult divisions are not offered at the AAU Junior Olympic Games.
  3. Gender of Competition is both Female and Male.

### **C DANCE TEAM SIZES:**

- Small (4-10Members)
  - Large (11-20 Members)
  - Extra-Large (21+ Members) \*Over 30 members please check with event director about size of performance area.
  - Production Teams must have at least 24 members and will not be divided by size. All team Disciplines have Small, Large and Extra-Large Divisions with the exception of Production.
1. Competition directors may combine sizes of teams if the number of entries does not warrant separate Divisions
  2. Teams may compete in one or more dance team divisions; however they cannot Compete against themselves in any given division.
  - 3.. AAU Dance recognizes the concern with fielding Teams of a broad age range and highly recommend that individual programs be vigilant in monitoring participants of various ages on the same team and whenever possible, a Teams composition is made up of participants of similar age.

### **D DANCE LEVELS**

**1..Recreational Dance:** Dancers who are in Studio less than 2 hours per week. This is a non-adjudicated “ performance only” category that allows Recreational dancers the opportunity to perform in front of a live audience to help ready them for future competitive categories. Each participant will receive an award acknowledging them as “ An Official Participant”. Athlete may enter only one Solo but can enter in more than one group providing the routines are different. All time limits and rules apply. May receive a Critique or score upon request.

#### **2..Competitive Dance**

Dancers who are in the Studio more than 2 hours per week. Studio dance teams/soloists may enter at one of the following dance levels:

- Elite level
  - Advanced level
  - Intermediate level
- a) Each dance level will have a specific scoring guide that will be used when scoring the performance (see chart below).
  - b) The coach/dance instructor will select the initial starting level for each team/soloists. Once a dancer/team enters a given level they can never go back down to a lower level.
  - c) Gold and High Gold wins count towards advancement.
  - d) A team/soloists may remain at the same level until they have reached 3 Gold wins in that style of dance. Example: A dance soloist competes 3 times in the Intermediate Jazz division and receives 3 GOLD ratings. Dancer should advance to the Advanced level in Jazz. That same dancer wants to compete in Hip Hop, they may still enter the Intermediate level of

Hop Hop provided that they have not received their 3 GOLD wins in that style of dance.

6. **School Dance teams/soloists** enter one of the following divisions.

- Elementary (Grades 1-5) 6 - 10 years old
- Junior High (Grades 6-8) 11 - 14 years old
- Senior High (Grades 9-12) 15 - 18 years old
- College/University 19 - 24 years old\* School ID required
- a) Dancers representing their school must also follow their state and the NFHS rules.
- b) Competition Directors reserve the right to combine divisions if the number of entries does not warrant having separate divisions.

**E. ADJUDICATION / AWARDS**

1. **Elite, Advanced & Intermediate** levels are judged against a point system.

- a) Each entry receives a ranking of Copper, Bronze, Silver, or Gold based on score.
- b) A maximum of 20 points each are assessed to 1) Dance Content 2) Technique 3) Choreography 4) Quality of Performance 5) Showmanship
- c) **Awards:** All athletes will receive a Participation Award
  - i. Event Placement: Gold, Silver, Bronze, Copper & 5<sup>th</sup> - 8<sup>th</sup> place awards.
  - ii. First Place Trophy is awarded to routine with highest score in each age/ performance division.
  - iii. **AAU Jr Olympic Awards: Gold, Silver, Bronze Medals. 4<sup>th</sup> - 8<sup>th</sup> Ribbons. All Athletes receive: AAU Jr Olympic Games Certificate of Achievement.**
  - iv. If there is only one entry in a division, a first place trophy or medal will be awarded only if that entry receives a Gold ranking. (Awarded per score)
  - v. Judges Decisions are final. Adjudication breakdown is below. Score Card available online [aau.dance.org](http://aau.dance.org).
- d) **All Around Dance Champion:** All Around Champions in each age division will be determined by the highest combined score of all events.
- e) **All American Champion:** the highest score of all Solo, Duet or Trios & the highest score of all groups of each level regardless of age at regional/ national event.
- f) Attire at Awards: All medal/ Trophy/ Certificate winners are required to be in complete competitive attire at the awards ceremony.

2. **Recreation Level** has option of performance only or may choose to be critiqued.

- 3. No competition official, relative, coach, or parent may officiate on a division in which their child or student is an athlete in the division.
- 4. No parent, coach, or other judge may approach a judge who is actively judging.
- 5. Any questions, concerns, or complaints need to be given to the Head Judge or competition director by a registered coach.
- 6. Scholarships of monetary value awarded to School Teams or Soloist must adhere To State School federation rule.

DANCE LEVEL SCORING GUIDE				
	ELITE	ADVANCED	INTERMEDIATE	RECREATION
<b>GOLD</b>	100-95	90-85	80-75	Not
<b>SILVER</b>	94-90	84-80	74-70	Scored
<b>BRONZE</b>	89-80	79-70	69-60	Critiques may be offered
<b>COPPER</b>	79-Below	69-Below	59-Below	

## **F TIME LIMITS:**

- Solo / Duet / Trio: Minimum 1 ½ minute to 3 minute maximum.
- Small and Large Team: Minimum 1 ½ minute to 3 minute maximum.
- X Large Team: 4 minute maximum.
- Production: 6 minute maximum.
  - a) Timing and judging of routines will begin with the first note of music.
  - b) Timing will end with the last note of music or last pose held.
  - c) All participants should walk or spirit onto the floor and start their routine immediately after spacing of first formation/pose when the music begins.
  - d) Any un-sportsmanlike conduct while entering exiting or during the routine may result in a one ( 1) point deduction.

## **G MUSIC**

1. Athletes may perform to music of their choice that fits the style of dance that they are performing to.
  - a) The music should be age appropriate.
  - b) The music should avoid profanities.
  - c) As the Coach or Parent/Guardian, you should pay attention to the connotation in the songs as well.

### **MUSIC REQUIREMENTS**

1. Requirements regarding how to submit music will be based upon each individual competition.
2. Submitted music must be in MP4 format; no links to files or other formats will be accepted unless specified by the Event Director.
  - a) When submitting Music it must be titled: SONG NAME\_ATHLETE OR TEAM NAME\_SOLO (or Duet,Trio or Group)
  - b) Performers/Coaches MUST HAVE a backup USB with you at the contest venue. In the event a backup is needed and you do not have it available, the routine will be disqualified with no refund.
  - c) If your music has a questionable ending, you will need a Designated coach or assistant to be standing by Music Director to cue the cut-off point.
  - d) Music waiver and liability form must be signed acknowledging the music is legal to be played for public performances.
  - e) The volume of the music shall be at a comfortable level. Excessive volume should be immediately called to the director's attention.

## **H.GYMNASTICS:**

- a. Athletes are limited to 3 gymnastic moves per routine. Allowable skills include:
  - a) Cartwheels/Round-Offs  
(non-airborne hip over head rotation skill with hand support) A skill where the dancer supports the weight of the body with the arm(s) while rotating sideways through an inverted position landing on one foot at a time..
  - b) Front Walkovers  
a non-airborne hip over head rotation skill with hand support) A skill where the dancer moves forward with the hands making contact with the ground first, then rotates the hips over the head passing through an arched position and lands on one foot/leg at a time.
  - c) Back Walkover  
non-airborne hip over head rotation skill with hand support) A skill in which the dancer moves backward into an arched position, with the hands making contact

- with the ground first, then rotates the hips over the head and lands on one foot/leg at a time.
- d) Forward Roll  
non-airborne hip over head rotation skill with hand support) A skill in which the dancer rotates forward, rotating the hips over the head while curving the spine (a tucked position) to create a motion similar to a ball “rolling” across the floor.
  - e) Backward Roll  
non-airborne hip over head rotation skill with hand support) A skill in which the dancer rotates backward, rotating the hips over the head while curving the spine (a tucked position) to create a motion similar to a ball “rolling” across the floor.
  - f) Shoulder Roll  
non-airborne hip over head rotation skill with hand support) This is similar to a backward roll but the roll is performed over one shoulder rather than pushing with the Arms and rolling over the head.
  - g) Handstand  
A non-airborne inverted skill with hand support) A non-airborne, non-rotating, skill where the dancer supports him/herself vertically on his/her hands in an inverted position and the arms are extended straight by the head and ears.
  - h) Backbend  
(a non-airborne inverted skill with hand support) A skill where one bends backward from a standing position until ones hands touch the floor.
  - i) Back Handsprings  
airborne hip over head rotation skill with hand support) A skill in which a dancer starts from the feet and jumps backwards rotating through a handstand position. The dancer then blocks off the hands by putting the weight on the arms and using a push from the shoulders to land back on the feet, completing the rotation.
- b. Gymnastic skills are allowed, but NOT required. Due to safety reasons no skills other than those listed above will be permitted..
- a) All gymnastic/tumbling skills must be properly trained as well as properly executed. Safety is paramount.
  - b) If a team performs the same gymnastic move at the same time it will count as ONE gymnastic move.
  - c) Gymnastic/tumbling skills will be judged as SPECIALTIES under the content and technical categories on score sheets and NOT as DIFFICULTY skills.
  - d) The hands of the performer must be in full contact with the floor at all times without obstruction by costume or equipment.
  - e) Poms are not allowed to be used in gymnastic moves.
  - f) No Gymnastic/Tumbling Skills maybe done on top of equipment/prop.
  - g) No Gymnastic/Tumbling Skills may be used as a dismount from any equipment/prop.

## **I.LIFTS**

Lifts are not considered as a Gymnastic move and ARE allowed.

- c. Lifts are defined as an action that moves something or someone to a higher position in an upward direction.
  - a) The lifting Dancer(s) must maintain direct contact with the performance surface at all times.

- b) The lifting Dancer(s) must maintain ultimate control over the momentum, positioning, changes in position and return to the performance surface of the lifted dancer(s) through hand/arm to body contact.
- c) Hip over head rotation of the lifting dancer(s) may occur as long as his/her hips maintain a level at or below the shoulders of the lifting dancer(s).

#### **J.PROPS/SCENERY:**

1. No scenery or backdrops allowed in any dance solo event.
2. Props are allowed during the following dance events:
  - Musical Musical Theatre/ Character
  - Novelty
  - Production
- a) Athletes may only use POMS during the Pom event.
- b) Athletes may use props, scenery, and containers during the Production event.
- c) If a prop is carried out and placed on the performance floor, it must be manipulated at some point during the routine or it will be considered as scenery.
- d) All props that have legs, have sharp edges, or could potentially damage the floor if scooted or dropped MUST be padded or taped to ensure that there will not be damage to the floor or performance area.
- e) When executing gymnastic moves, props should not hinder the performer from executing the move safely. If a move is deemed dangerous a 2.0 penalty will be assessed or disqualified.
- f) Poms are not allowed to be used in gymnastic moves.
- g) All scenery that is used must be carried into place and padded or taped to ensure that there will not be damage to the floor or performance area.
- h) All scenery should help convey the concept of the routine.
- i) All scenery should be no larger than 6' (feet) in height and should be sturdy enough to stand on their own without the possibility of falling and injuring any performer or the floor/performance area.
- j) Any container being used as decoration or for holding equipment can be no higher than 36" when holding equipment.
- k) No form of rosin/powder, liquid, gel, aerosol, glitter, or substance that would affect the floor or performance area will be allowed.
- l) No use of electricity, fire, weapons or Toy Guns/weapons by the performer will be allowed. Other Toy items with safe edges must get approval from the competition director before being used at any competition.

#### **K.SHOES:**

- d. Street shoes are not allowed. Clean Soft sole shoes, lyrical shoes and Ballroom dance shoes are allowed.
- e. Tap or clogging shoes may only be worn during specified Tap or Clogging Events. If the Event rules does not specify if Clogging or Tap shoes are allowed, athlete should contact the event director for clarification.

#### **L. DRESS CODE:**

- 1... All costumes must be Age appropriate and appropriate for family viewing.
  - a) Be a representation of the choreography and theme of music.
  - b) Be created in good taste and modesty and devoid of any vulgar words or graphics.
  - c) Violations may be penalized or can be disqualified
  - d) Questions about specific costumes can be directed to the event director. Final decision is up to Event Director.

## **M. PRE-PERFORMANCE CHECK:**

- 1.. Prior to taking the competition floor solo athletes will be checked for the following:
  - a) Props/Equipment Allowed and Properly Taped.
  - b) Proper Footwear.
  - c) Proper Costume.
- 2.. Athletes will be assessed a 2.0 penalty for violation of any of the above items will not be permitted to perform until violations have been resolved.
3. Athletes that fail to resolve violations before division is closed will be Disqualified.

## **N. ROUTINE INTERRUPTION**

- 1.. In the event a routine is interrupted because of failure of Event, facilities, equipment, Etc. the participants affected will be permitted to restart the routine from the beginning.
- 2..If the event is interrupted due to failure of the participants music/supplies they will be given an opportunity to continue later in the division or withdraw from the competition.

## **O. INJURY**

- 1.. The Event Director will give a specific amount of time for participant to regroup or withdraw from the competition.
  - a) An injury must be immediately reported to the Event Director and on sight Sport Medic if available.
  - b) Event Director will record the information and Contact the parent/ guardian. If the parent/ guardian is not reached the Event Director shall contact Paramedic if deemed a necessary precaution. Event Director will follow guidelines of the AAU Youth Protection Handbook and CDC Concussion Guidelines.

## **P. WAIVERS**

All participants are required to submit parent/ guardian signed Waiver of Release/Consent. Waiver available through registration or Contact National Chair.

## **V. GENERAL INFORMATION**

### **A FLASH PHOTOGRAPHY / VIDEOTAPING**

1. AAU may videotape performances for promotional purposes.
2. Each competition director may set additional rules regarding photography and videotaping. See competition guidelines for the photography and videotaping rules for the competition you are attending.
  - a) The use of flash photography is PROHIBITED in the competition area and could result in an automatic disqualification
  - b) No tripods, extension cords or artificial lights may be used.
  - c) No photography or videotaping is permitted from the competition floor.
  - d) No photo or videotaping is allowed directly behind or around judges' or contest officials tables.
  - e) No judging is permitted by video replay.Exception: Virtual Event

### **B MISCELLANEOUS**

- 1.. It is the responsibility of the athletes and coaches to properly stretch and warm-up prior to practice or a competition.
- 2.. Competition Director will provide practice area if available depending on venue.
- 3.. Parents or spectators are NOT allowed to be in the practice area..
- 4.. Any athlete or team violating any rule, part of a rule, or violating any tradition, custom, or breach of competition etiquette for which there is no specific rule provided shall be assessed a 2.0 penalty per violation or disqualification at the discretion of the event director.If disqualified no refunds will be issued.

- 5.. All publicity spoken, printed, or on clothing must be accurate with the rightful name of The event, age division, status level and classification.
- 6.. AAU logos are strictly prohibited for use without prior National approval.

### **C PERFORMANCE AREA FOR DANCE EVENTS**

- 1.1 The performance area is the actual area designated for dancers to compete. The performance area size may vary according to the type, size and or venue of competition.
- 1.2 Performance floors could include a gym floor, wooden floor, auditorium, theatre or a portable performance stage. Floor size must be approved by Exec Committee for any National or Regional event.

### **D COMPETITION/PRACTICE AREA**

- 1.1 The competition area is from the point of entrance including the spectator seating, practice area, and performance area.
- 1.2 Only athletes and coaches are permitted to be in the practice area. All others will be asked to return to the spectator seating.
- 1.3 Only coaches with proper credentials will be permitted to approach the head table.

### **E.. PRELIMINARY ROUNDS AND FINAL ROUNDS**

Preliminary and final rounds may vary depending upon the competition.

## **VI. DANCE DEFINITIONS**

### **A. JAZZ**

A fun upbeat dance combining rhythms and techniques derived from a broad range of dance styles.

### **B. HIP HOP**

A dance that is in the form of street-style or break-dancing.

### **C. CONTEMPORARY**

A dance that is contemporary in style.

- D. POM:** A dance routine that uses poms throughout the routine. Poms can only be grounded to execute moves that CAN NOT be done with poms in hand due to safety.

### **E. KICK**

A routine that uses a variety of levels/styles of kicks throughout..

### **F. MUSICAL THEATRE/CHARACTER**

A routine that interprets or portrays a Broadway Show, a Movie Musical, a character from a movie/television show, or real life stereotype (example: nurse, animal, policeman, farmer).

### **G. BALLROOM**

A routine that incorporates any Latin (Cha Cha, Jive, Samba, Rumba, Swing) or Standard (Waltz, FoxTrot, Tango, Viennese Waltz) style of dance individually or combination thereof.

### **H. CLOGGING**

Is a type of dance in which the footwear is used percussively by striking the heel, the toe, or both against a floor or each other to create audible rhythms.

### **I. TAP**

A type of dance characterized by using sounds of metal taps affixed to the heel and toe of shoes striking to the floor as a form of percussion, coupled with interpretive body movements

### **J. FOLK**

A dance developed by people that reflect the life of a people or cultural roots of a certain country or region.

- K. Open:** Any style of unlisted dance or combination of above styles.

### **L. Ballet:**



## **VII.DEFINITIONS OF PENALTIES**

### **A Unison**

When teams perform like skills at the same speed, tempo of music, use of body, legs, arms, hands, and feet.

penalty 0.1 will be assessed if one or more athletes are out of sync for each violation.

### **B Overtime/Under time**

This is being over the maximum time allotted for a routine or being under the minimum time allotted for a routine.

0.1/penalty per second will be assessed either way.

### **C Fall**

Unintentional floor contact in which the athlete's body hits the ground.

0.5 will be assessed per occurrence.

### **D. Off Beat/Phasing**

When an athlete is not on beat with the music.0.5 will be assessed per violation.

### **E Grounding of Poms**

When an athlete sets poms down and no longer has contact withnone or both poms.

Athletes may only ground poms when executing moves that would

be unsafe to do with poms in the hands. 0.5 penalty will be assessed per violation.

### **F Gymnastics**

Exceeding Gymnastic Skills. This is when a soloist or team executes

more than the allowed 3 gymnastic moves per routine. 2.0 penalty per move.

### **G Unsafe Gymnastics**

This is when an athlete executes any or all of the following:

a)Gymnastics moves with props or Poms in hand which are considered dangerous or unsafe. c)Gymnastic moves on top of equipment/props. d)Gymnastic moves as dismounts from equipment/props. e)Gymnastic moves that are not allowed.

2.0 penalty will be assessed for each violation.

### **H. Intentional Delay of Contest**

If the athlete or team does not appear in a reasonable amount of time (no more than 5 minutes without an explanation to the Event Director) then they are no longer eligible to compete and will be disqualified without refund of fees.. Event directors have the option to allow the athlete or team the chance to perform, but for the score sheet only; not competitive evaluation. 2.0 penalty will be assessed

### **I. Rosin/Powder**

This is ground chalk like substance used to soak sweat from hands and is NOT permitted. 1.0 penalty will be assessed if used.

### **J. Use of Substance or Items Not Allowed**

This is when a performer uses any kind of liquid, gel, aerosol, glitter, or substance that would affect the floor or performance area. 1.0 penalty will be assessed if used.

### **K Use of Electricity/Fire/Weapons**

This is when a performer or group uses electricity, fire, and weapons or toy weapons their performance.

❖ Performances that use electricity, fire and/or weapons will be **DISQUALIFIED**

**L Failure to Provide Proof of Age**

This is when an athlete (soloist or team) cannot provide proof of age if asked.

1.0 penalty will be assessed for each athlete that cannot provide proof of age.

**M .Use of Scenery/Backdrop OR Use of Member or Equipment not permitted**

An individual or team using scenery, backdrops, too many members, or equipment not permitted during the performance of the routine. Penalty of 2.0 for each violation.

**N. Containers**

Any container being used as decoration or for holding equipment can be no higher than 36" when holding equipment. A penalty of 2.0 assessed per violation

**O. Backdrops**

visual embellishment to enhance or convey the theme of the routine can be no higher than 6' (six feet) A 2.0 penalty will be assessed per violation.

**P. Performance Not Suitable:** If the judges view the performance as a routine that is not specifically constructed for the category in which an athlete, team, or corps is performing, then a penalty will be given by each judge. A 2.0 penalty per judge.

**Q. Floor Damage**

This is when an individual or team does something to ruin the finish, nick or destroy the floor in any major way in which repairs must be made. Responsibility will fall on the individual or team who did the damage. 2.0 penalty assessed if this occurs.

**R Failure to Pad/Tape Props and Equipment**

This is when an athlete or team does not properly pad or tape any prop or equipment that they will be using in their routine. Athletes/Teams will not be allowed to perform until props/equipment have been fixed and \*\* a 2.0 penalty will be assessed.

❖ Athletes/Teams that do not get the props/equipment fixed prior to a division being closed will be DISQUALIFIED

**S. Failure to Wear Proper Footwear**

This is when an athlete or team does not wear proper shoes as rules specified for performances. Athletes/Teams will not be allowed to perform until footwear is fixed. 2.0 penalty. Athletes/Teams that does not get the footwear fixed prior to a division being closed will be DISQUALIFIED .

**T. Violation of Rule/Tradition/Etiquette**

This is when an athlete or team violates any rule, part of a rule, or violates any tradition, custom, or breach of contest etiquette for which there is no specific rule provided. 2.0 penalty per violation or disqualification at discretion of the head judge

**U. Failure to Turn In Music**

This is when the athlete or team fails to turn in music by the requirement deadline or in the required format. 2.0 penalty will be assessed.

## DANCE PENALTY CHART

PENALTIES	DEDUCTIONS
Unison	.1 Each
Overtime/Under time	.1 Each
Fall	.5 Each
Off Beat/Phasing	.5 Each
Grounding Poms	.5 Each
Exceeding Gymnastic Skills (per move)	2.0 Each
Unsafe Gymnastics	2.0 Each
Intentional Delay of Contest	Disqualification
Rosin/Powder	2.0
Use of Substance or Items Not Allowed	2.0
Use of Electricity/Fire/Weapons	Disqualification
Failure to Provide Roster	2.0
Failure to Provide Proof of Age	2.0 Each Athlete
Use of Scenery/Backdrop or Member/Equipment	2.0 Each
Container w/props >36"	2.0 Each
Backdrops >6'	2.0 Each
Performance Not Suitable	2.0 Per Judge
Floor Damage	2.0 Each
Failure to Pad/Tape Props and Equipment	2.0 or Disqualification
Failure to Wear Proper Footwear	2.0 or Disqualification
Violation of Rule/Tradition/Etiquette	2.0 or Disqualification
Failure to Turn in Music	2.0
Un-sportsmanlike Conduct	1.0

## W.. REGISTRATION.

. Registration information will be listed for each event on [aaudance.org](http://aaudance.org). website.

## VIII. AAU DanceINCLUSIVE Rules & Regulations

AAU DANCE empowers all Athletes by encouraging CREATIVITY, KINDNESS, ACCEPTANCE and INCLUSION through Dance. Our goal is to provide a competitive environment for Dancers that provides an exciting and challenging opportunity where all young Athletes regardless of mobility or life circumstances have the DanceABILITY TO “Dare to be Remarkable”

All DanceINCLUSIVE Individuals and Teams will follow the AAU DANCE Handbook general rules and regulations. Variances and Exceptions listed in the DanceINCLUSIVE Rules supersede the general Handbook.

### A . DanceINCLUSIVE STYLES

- Jazz / Lyrical \* Ballet
- Hip Hop \* Folk

### B. AGE DIVISION

All Ages 3 years and Older

\*West Coast AAU Junior Olympic Games Age limit is 20 years old. Groups exceeding age limit may request ‘Performance Only’ time as available if 2/3 of group are under 21.

### C . MIX TALENT DIVISION

Dance Inclusive allows Dancers of all abilities to dance together. We refer to all dancers enrolled in DanceINCLUSIVE as the “Athletes” All other partners are the Mix Proficiency Partner or MPP, which can be any dancer that practices and dances with the Athlete. Only the Athlete is scored.

- Athlete
- Mix Proficiency Partner ( MPP). A friend, another dancer, sibling, parent, Teacher etc
- Only Athletes ability is scored, not the MPP.

### D. SKILL LEVEL

It is the responsibility of the coach to determine the capability and proficiency of the individual athletes when choosing the skills to be performed. Dancers who are not Scored are not placed in a level.

- Rising Stars – Dancers who take private lessons and love to shine!
- Star – Dancers who love the pure joy of dance without any outcome expected.

### E . MOBILITY (as needed)

- Wheelchair (Motorized / Non Motorized )
- Crutches \* Walker \* Cane

### F . CATEGORIES

- Solo - One individual athlete
- Duet - Two individual athletes or Athlete & Mix Proficiency Partner
- Trio – Three individual athletes or two athletes and a Mix Proficiency Partner
- Group – Four or more athletes or combination of Athletes and MPP

\*\*Groups with Mix Proficiency students:50% of group must be Athletes.\*\*

\*\*Groups with more than 20 participants should contact Event Director about size of performance area.

## **G . GYMNASTIC/TUMBLING SKILLS:**

All gymnastic/tumbling skills must be properly trained as well as properly executed. Safety is paramount. The Allowable although not required skills include:

- **Cartwheel:**  
(non-airborne hip over head rotation skill with hand support) A skill where the dancer supports the weight of the body with the arm(s) while rotating sideways through an inverted position landing on one foot at a time.
- **Front Walkover:**  
(a non-airborne hip over head rotation skill with hand support) A skill where the dancer moves forward with the hands making contact with the ground first, then rotates the hips over the head passing through an arched position and lands on one foot/leg at a time.
- **Back Walkover:**  
non-airborne hip over head rotation skill with hand support) A skill in which the dancer moves backward into an arched position, with the hands making contact with the ground first, then rotates the hips over the head and lands on one foot/leg at a time.
- **Forward Roll:**  
non-airborne hip over head rotation skill with hand support) A skill in which the dancer rotates forward, rotating the hips over the head while curving the spine (a tucked position) to create a motion similar to a ball “rolling” across the floor.
- **Backward Roll:**  
(non-airborne hip over head rotation skill with hand support) A skill in which the dancer rotates backward, rotating the hips over the head while curving the spine (a tucked position) to create a motion similar to a ball “rolling” across the floor.
- **Shoulder Roll:**  
(non-airborne hip over head rotation skill with hand support) This is similar to a backward roll but the roll is performed over one shoulder rather than pushing with the Arms and rolling over the head.
- **Handstand:**  
(a non-airborne inverted skill with hand support) A non-airborne, non-rotating, skill where the dancer supports him/herself vertically on his/her hands in an inverted position and the arms are extended straight by the head and ears.
- **Backbend:**  
(a non-airborne inverted skill with hand support) A skill where one bends backward from a standing position.
  - a) Movements with hip-over-head rotation may not be airborne and are limited to two consecutive rotations.
  - b) No simultaneous tumbling over or under another dancer is allowed.
  - c) Drops or jumps or tosses are not allowed.

## **H . PROPS are not allowed**

**I . JEWELRY** is not allowed. Hair bows and Barrett’s securely fastened in the hair are allowed. **Hair** should be pulled back away from face and secured in ponytail, pigtails, or bun.

**J . COACHING:** Coaches/Assistants are allowed to signal from the front of the performance area, Around perimeter of the floor in a squat position or if necessary to be on the floor with the

dancers. They should not obstruct the view of the judges.

- a) Assistants will be dressed in a contrasting color so it is clear to the judges who is the athlete and who is the Assistant. Example: if athlete is wearing a light color costume, Assistants will be in a dark color or black.
- b) NO FLIP-FLOPS or Jewelry worn by Assistants as to not cause injury. Assistants may not be in any type of dance costume. Hair should be worn in ponytail or bun if on the dance floor as a Mix proficiency partner.

## K . MOBILITY AIDS

**1.Wheelchairs (Non-motorized)** are allowed with the following limitations:

- a) With or without assistance, A minimum of two wheels must remain in contact with the performance surface at all times with the following stipulation: an anti-tipping attachment must be properly secured to the chair .
- b) Athlete while in chair may not be elevated from the performance floor at any time. (Clarification: Athlete may not be taken out of chair)
- c) When non-motorized chair is used to base a skill, the chair wheels must be in lock position. Official MUST see either the athlete or assistant lock wheels.
- d) Once an athlete in a wheelchair with assistance is in motion, the assistant/buddy must remain with athlete until the chair has stopped. Clarification - athletes in chairs that require assistance to initiate movement cannot be pushed and released

**2.Walkers, Forearm Crutches, Canes, etc.** are allowed with the following limitations:

- a) Forearm crutches, canes, walkers, standers, may be used to support the athlete during execution of skills.
- b) Mobility Aids are considered an extension of the dancers body and therefore not a handheld prop.

**3.Wheelchairs (Motorized)** are allowed with the following limitations:

- a) All wheels must remain on performance surface at all times.
- b) It is the responsibility of the coach to make sure that there are no rocks or other sharp objects lodged in the wheels of the powered mobility device prior to the performance.
- c) In concern for safety, Please mark the performance area 3 feet back from edge of any stage and make sure the athletes know to not go past the line.

## L. WAIVER of Release and Consent must be signed by Parent or legal guardian.

Participation requires AAU Membership and Waiver of Consent and Release. Available online through Registration.

## M . PRE-PERFORMANCE Note:

Please contact the Event Producer about the performance surface being provided at the competition and for additional information on how to get mobility devices onto the stage, if applicable, if a lift is not provided. And if there are any issues that need to be discussed prior to event.

## N . AAU DanceINCLUSIVE ADJUDICATION

1. Dancers may choose to be Judged or may choose to perform without a score.
2. Dancers who choose to be judged will be awarded according to their HighScore in one or more of the 8 Score Categories. Scorecard online.
3. Group receives Award for the Category/s they excel in. Categories are:
  - i. **Communication:** Audience Appeal / Natural Enthusiasm / Great Smiles
  - ii. **Overall Impression:** Visuals / Energy & Pace / Use of Music / Use of Skills
  - iii. **Creativity:** Does the routine have Variety? Is the routine original?

- iv. **Choreography:** Visual Effects / Seamless / Entertainment Value
  - v. **Transitions / Formations:** Variety of Transitions and formations / Difficulty/ Originality
  - vi. **Jumps, Kicks, Leaps or Turns:** Variety / Transitions / Timing
  - vii. **Motions and/or Arm Movements:** Variety / Synchronization/ Placement Location
  - viii. **Dance Style:** Variety / Synchronization / Appropriate Moves
- 2. Final Score of each Category is based on a scale of 5 – 10**  
 5/6= Not there yet    6/7= Average    7/8= Good    8/9= Excellent    9/10= Outstanding

Scoring Example:

AWARD:	HighScore	HighScore	Example:
Communication	Group A (10)	Group G (7)	Ex: <b>Group A</b> scored 10 in
Overall Impression	Group F (9)		Communication and 10 in
Creativity	Group C (10)	Group D (8)	Choreography. They receive
Choreography	Group A (10)		An Award for High Score in
Transition /Formation	Group E(8)		Communication/Choreography.
Jump/Kick/Leap/Turn	Group B (8)		Ex: <b>Group Ds</b> Highest score was
Motion/ Movements	Group I (10)		8 in Creativity= High Score
Dance Style	Group H (9)		Creativity Award
			<b>Group G</b> = Communication Award

*Example: in 12 groups the Teams are placed in Award Category where they received their HighScore and receive that award. If they received a 10 in more than one Award Category then they are verbally acknowledged for receiving High Score in each although they receive only one Award. Each Team receives an Award for whichever Category they scored the highest in. To be acknowledged for more than one, the high score must be a 9 or 10 in each category.(Ex: above-Even though Group Ds score was an 8 in Creativity it was their highest score so the Award is for Creativity. — C& D both get HighScore Award for excelling in Creativity.*

## O . AWARDS

- 1..Awards will be presented at the end of each Category( Solo, etc) or after all Performances, depending on the number of entries in each of the Categories.
- 2..Athletes should remain in Costume until after the Awards. Pictures will be taken during Awards Ceremony.
- 3..Each participant will receive a Participation Certificate Award. Ribbons or Medals will be awarded to each dancer of HighScore Awards.. Type of Awards may vary at each event.
4. Teacher Awards
  - a. We wish to acknowledge the sincere works of the heart of Teachers who excel in their roles.
  - b. One or more awards may be chosen at the Discretion of Director
    1. Choreography Award for the Teacher of the group scoring the highest in Choreography.
    2. Outstanding Teacher Award- Team scoring highest in Overall Impression
    3. Adaptive Teachers Award – Team scoring the highest in Communication

## IX VIRTUAL EVENTS RULES

- A. **Virtual events** are held as an individual event, or as a hybrid event in conjunction with a live event allowing international and distance competitors to participate without travel.
- B. **Videos or photographs** are submitted to be judged or critiqued for awards.
- C. **Location for video** can be inside or outside, at home, park or any safe place but cannot be in an area that could put the athlete/s in danger. Any video submitted that is deemed to have been filmed putting the athletes or photo/videographer in danger will be disqualified.
- D. **Rules may vary for each Virtual event.** Local and District events may host various contest and competition concepts.
- E. **Local & District Events:** Contest are allowed and Competition is not limited to the same criteria as a live event. Age Divisions, Categories and levels may differ from the Official Rules or Rules may be utilized.
- F. **Costumes**
  - 1.1 The Costume or dance attire must be age appropriate and suitable for family viewing.
    - a) Undesirable language or graphics will result in disqualification and video will not be viewed nor shown.
    - b) Fees will not be reimbursed for inappropriate costumes or music.
    - c) If in doubt send a picture or music to the Event Organizer for approval.
- G. **Videos:** Videos allowed are either existing or new and will be stated in rule to the event.
  - a) An existing video is a video that was taken at a previous competition, recital or other stage performance within the last 18 months.
  - b) Videos must be original and cannot be pieced together or altered
  - c) Altered videos will be disqualified for an Event, unless other wise stated in Rules of event.
- H. **Waiver Release and Consent** must be signed and returned prior to deadline.
- I. **Regional / National Events**
  - a. Official Rules prevail as follows
    - 1) Age is determined by the athletes/ groups age at the date of the video recording.
    - 2) Categories per AAU Dance Handbook
    - 3) Levels per AAU Dance Handbook
    - 4) Solo per AAU Dance Handbook
    - 5) Duo per AAU Dance Handbook
    - 6) Trio per AAU Dance Handbook
    - 7) Group per AAU Dance Handbook
    - 8) Video submission as per event regulations
    - 9) Videos must be original and cannot be pieced together or altered in way.
    - 10) Costumes per AAU Dance Handbook
    - 11) Waiver Release and Consent must be signed and returned prior to deadline.
    - 14) Payment must be made before deadline
    - 15) Judging will be conducted by AAU Certified Judges as determined by the Event Director. AAU Dance National Executive Committee conduct National Virtual Events
    - 16) Awards are presented Virtually promptly at the end of a live streamed event or at the conclusion of a Watch Party and mailed to athlete within 10 days of event.

## J. **Athlete Participation requires a current AAU Membership**



## X . HOW TO HOST A VIRTUAL EVENT

### A. **AAU Virtual Events require specific information and submission procedure for approval**

Documents required to be submitted to the National Dance Chair for initial approval:

1. **Flyer:** ( "AAU" "National" or "Junior Olympics" cannot be in the Title of Event.

#### **Required basic information:**

- a. WHO is Hosting the Event & Contact info.
- b. WHAT is the Name of Event and the Sport.
- c. WHEN is the Deadline for entry and date of Awards
- d. WHERE is the Location.Specify VIRTUAL on Flyer
- e. AAU Advertising Verbiage: *"This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership .AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership."*

#### 2. **Rules:** Required information

- a. AAU Membership required- Add link: [aausports.org](http://aausports.org)
- b. How do they register and what are the Fees
- c. Deadline to enter
- d. ShowDate and preview details
- e. Age Divisions. (Note: Youth + over 18 - Club must be licensed for both Youth & Adult)
- f. Levels
- g. Appropriate Costumes guidelines
- h. Video Submissions instructions, format, size
- i. Photo Submission instructions, format, size
- j. Awards presentation date and explanation how athlete receives
- k. Scholarship details if offered. Verified appropriate for area.
- l. Waiver of Release & Consent must be signed by Parent (under 18) or Athlete 18+ prior to acceptance. Instructions how to comply.

#### 3. **License Application** (request from National Dance Chair) **Free license thru Dec 30,2020**

- a) Complete All information on the 2 page form and sign

### B. **When package is complete send to the National Chair.** After reviewed and approved it will forward to National Office for final licensing.

1. Expedite your approval time by checking everything before submission. Incomplete packages will be returned and cannot be processed until complete. Note:

- a. AAU Logo and variations require prior Compliance Dept. authorization. Submit approval or request for approval form.
- b. The words 'NATIONAL' nor 'AAU' cannot be in title.
- c. Only Level 2 or level 3 AAU Clubs may host events. ([aausports.org](http://aausports.org) for membership)
- d. Clubs hosting both youth and adult Virtual Events should be registered for both.

### C. **National Office** will review, record & email License number to National Chair & Event Director.

1. Approval: Allow a min of 5 Business days for approval from the date National Chair submits Documents to National.
2. National will post Event on AAU Website
3. Review post and submit any errors to the National Dance Chair for correction.
- 4.You may request a copy of the Virtual checklist from the National Dance Chair

## **XI AAU DANCE NATIONAL AMBASSADOR PROGRAM**

Through the National Dance Ambassador program, AAU Dance aligns with the Ambassador Mission statement to provide a fun and safe environment of opportunities for young athletes to grow in leadership as well as developing communication skills and self confidence while competing in a sport they love.

Application online. Apply September 1<sup>st</sup> – December 15<sup>th</sup> @ [www.AAUDance.org](http://www.AAUDance.org)

### **A . THE PROGRAM**

- Encourages youth development by providing opportunities for personal and athletic growth
- Promotes sportsmanship, self-esteem, and the development of life skills through engaging youth in sports.
- Provides a safe, healthy, positive environment where the youth of our community can learn fundamentals

### **B . MISSION**

- To provide educational programs and resources promoting the value of participation through advocacy and education.

### **C . VISION**

- To be the leading voice for youth sports in Dance.
- To provide youth boys and girls access to competitive and developmental team play that enhances without compromising their school's athletic programs

### **D . OBJECTIVES**

- Develop and share among members and others education, information, and leadership skills.
- Encourage members to promote the active participation by all youth in fun and healthy physical activities according to their interests and abilities.
- Promote universal recognition that organized youth sports can develop positive attributes including healthier lifestyles, self-esteem, fair play and good citizenship.

### **E . GOAL**

- To educate and empower today's youth with confidence, commitment and integrity, instilling the core values of discipline, teamwork, safety, respect and integrity

### **F . APPLICANTS**

Athletes applying should have:

- average to high academic standings in the quarters/semester that they have already taken part in during the academic school year
- Positive attitude
- A heart for community service
- A love for dance.
- Eligible age: 9 yrs through 19 yrs old. Younger athletes may be considered under unique circumstances.

### **G . Requirements**

- ✓ **Parent and Coach certification of information and permission to participate is required.**
- **A signed Parental Consent waiver is required.**

## H . AMBASSADOR TERM

- ✓ **Term** is for one or two years which may be extended not more than one year for a maximum of 3 year term. (Terms are decided by the Exec Committee)
- ✓ **Membership** of Two year AAU Extended (AB) Athlete Membership is required.
- ✓ **Registration fee** of \$25 upon acceptance for Ambassador Sash & Council Pin

## I . AMBASSADOR RESPONSIBILITIES

- ❖ **Events:** Ambassadors must attend and compete at a minimum of two events each year, a Qualifier and the West Coast AAU Junior Olympic Games.
- ❖ **Are Role Models** and must always exhibit Acceptance, Kindness and Inclusion.
- ❖ **Leaders- Athletes Parade of Champions** Procession at all Journey DanceSport and AAU Dance Championships including the West Coast AAU Junior Olympics.
- ❖ **Are Honored** by Reading the Athletes AAU Junior Olympic Oath at the AAU Junior Olympic Games for Dance and the AAU Athletes Oath at AAU Dance Championships.
- ❖ **Assist with AAU Proud and/or AAU Cares Initiatives** at competitions by helping with programs designed to involve family and community
- ❖ **Receive Performance opportunities** at other local AAU sports events or community service events, once or twice a year.
- ❖ **Promote AAU Dance and the West Coast AAU Junior Olympic Games** through parent monitored Social Media channels, through visibility at their studios and competitions.
- ❖ **Volunteer** a minimum of 4 hours' service throughout the year at AAU Dance Events, with the AAU Dance Community Outreach Program (ADCOP) or for Kids4Kids, an AAU Cares program.
- ❖ **Are Members of the AAU Dance Student Athlete Council (SAC)** and are Eligible for positions on the Council.
- ❖ **Opportunities for Leadership Training**

## J . APPLICANT REVIEW AND APPOINTMENT.

The National Dance Executive Committee reviews all applications and appoints new members. Decisions are final and cannot be appealed. Appointments are published on AAUDance.org, AAU Dance & Journey DanceSport Facebook Pages, JourneyDancesport.com & WestCoast JuniorOlympicGames.org. The appointment of Ambassador is awarded in February of each year, recognizing Athletes for their excellence in Academics, Community Service, and Athletics. West Coast recipients receive their Certification, Ambassador Sash and awards at Journey Dancesport Championship Qualifier, Garden Grove, Ca. All other Appointment locations and date TBA.

## **XII.. EXCERPTS FROM AAU CODE BOOK**

- i. **AAU Membership.** All participants must be a member of the AAU in order to participate in any AAU licensed event. Event Operators may not collect AAU membership money at any AAU licensed event.

Membership Requirements. Membership in the AAU is a privilege granted by the AAU. It is not a right. The AAU at its sole discretion reserves the right to accept or reject any applicant(s) for membership

**1.Conditions for Membership.** Membership in any class may be granted only after an application is submitted and approved. By submitting an application, the applicant agrees to comply with all the provisions of the AAU Code, including its Constitution, Bylaws, Policies, procedures, regulations, and rules of the AAU.

**2.Categories of Membership.** Categories of membership in the AAU are as follows:

- a. District Member. An organization chartered by the Congress to provide administrative services within a designated geographic area.
- b. Club Member. An organization or group that has been approved for membership after meeting the registration requirements of the Code.
- c. Individual Member. A person who has been approved for membership after meeting the registration requirements of the Code. Individual membership categories are:
  - i. Youth Athlete
  - ii. Adult Athlete
  - iii. Non-Athlete
- d. Allied Member. An organization or group approved by Congress which is engaged in athletics or sports-related activities.

### **ii. Membership and Residency**

1. Adult members will not be bound by residence requirements.
2. Youth members must register in the District of their bona fide residency, except as follows:
  - a. A youth member who resides in the county of one District that adjoins a county of another District and who attends a school located in the adjoining county will have the option of registering in either District.
  - b. A youth member subject to a written joint legal custody arrangement whose custodians reside in different Districts shall have the option of registering in either District.
  - c..A bona fide student at an educational institution may be considered a resident of the District in which the institution is located.
  - d..The National Board of Review will determine issues of residency.

2. Persons living outside the U.S. may register online or through the AAU National Office. The respective National Sports Committee rules shall govern the participation of non-U.S. residents in AAU competitions.

### **iii. Eligibility**

1. Participation. A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team events the National Sports Committee shall determine the number of youth members permitted to participate on a team from an adjoining District. For Volleyball, a maximum of three (3) members may participate with a team in an adjoining District
1. Club Attachment. A youth member becomes attached to a club member when he/she competes with that club in any AAU licensed event (practice not included). A youth member may be attached to only one club with the following exceptions:
  - a. An athlete may attach to additional clubs (one in each sport) if he/she participates in additional sports.
  - b. Participation in an AAU licensed league does not create club attachment.
2. Transfers. Athletes who transfer under this section are subject to National Championship eligibility restrictions as adopted by the National Sport Committee. After a youth member becomes attached to a club, he/she may only transfer to another club in the same sport as follows:
  - a. If the youth member has not competed in any AAU authorized events in that Sport for a period of sixty (60) days no permission is necessary.
  - b. If the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes who transfer under this section are subject to National Championship eligibility restrictions as adopted by National Sport Committees.)
  - c. When the transfer is for the purpose of competing with a team which has qualified for a National Championship as provided by National Sport Committee rules.
  - d. If the Registrar determines there is good cause to believe that the transfer is due to events outside the control of the athlete or that the transfer serves the best interest of the AAU.

### **iv. Use of Marks and Logos**

1. AAU Registered Marks. The AAU name, mark, seal, logo, and other insignia (all "AAU marks") are protected through trademark registration and are defined as the intellectual property of the AAU. No person or entity may use the AAU's intellectual property without the prior and continued approval of the National AAU. Only those subordinates and affiliated organizations which are expressly authorized by the National AAU may use the intellectual property of the AAU. The National AAU may withdraw its approval to use its marks, at any time in its sole

discretion. Members shall immediately comply with notice to cease and desist from the use of the AAU's intellectual property. The unauthorized use of any of the intellectual property of the AAU is a violation of this policy as well as the (Federal) Lanham Act and may subject the member/entity to penalties set out in the AAU Code. If granted approval/permission to use any of the AAU marks, the limited right to use the marks shall be non-exclusive and the user shall not acquire any ownership in or of such mark(s).

- a. Only chartered Districts, District Sport Committees and National Sport Committees may use the AAU marks in their name.
  - b. There are three (3) levels of AAU club membership. Level 1 AAU Clubs acquire no rights to use the AAU's intellectual property. Level 2 and Level 3 Clubs may use AAU's registered marks only as follows:
    - i. For the purpose of promoting an AAU licensed event.
    - ii. For the purpose of promoting the club's AAU related activities.
    - iii. Neither members nor clubs may use the name AAU in their legal name, domain name, email or any other name without the express written consent of the National AAU.
  - c. In the event of a dispute or conflict as to a member's/entity's claim(s) to use any of the intellectual property of the AAU, the Officers of the AAU shall decide and determine the dispute in their sole discretion.
2. Use of Olympic Marks. No license will be granted by the AAU for any event where the word "Olympic" or any derivative thereof is used in any advertisement or notice in any manner in connection with AAU competitions.

#### **E. Event License**

1. No event shall be conducted under the auspices of the AAU unless a written license has been issued for the activity. A license is the written approval of the AAU for the conduct of the activity.
2. Only AAU members may participate in licensed events unless otherwise provided in the Bylaws.
3. A license may be issued to any club in good standing and which meets the membership criteria. A license application should be reviewed by the District Sport Committee Director or the Governor if there is no District Sport Director. If the license application is rejected, the applicant shall be notified.
4. No license shall take effect until approved or until the 15-day review period has expired.
5. The National Registration Executive Committee has the authority to:
  - a. Issue a license in an unchartered District.

- b. Issue a license for events in locations where there is no active District member.
  - c. Issue a license for events in Districts where there is no current active participation. (No District Championship in the prior membership year).
  - d. Issue a license for events directly sponsored by the National AAU or National Sports Committee (The National Sport Committee shall consult with the District Sports Director and Governor prior to seeking an event license.)
  - e. Review and approve any licenses rejected by the District.
  - f. Revoke an approved license for good cause.
6. Event licenses issued to one organization cannot be transferred to another organization.
7. No event license will be issued for any event where the word “Olympic” or any derivative thereof is used in any advertisements or notice in connection with the event except upon the specific written approval of the Board of Directors.

#### **F. District Sport Committee Biennial Meetings**

1. District Sport Committee Biennial Meeting. In even years, it is the duty of the District Sport Committee to hold a biennial meeting, the date, time and location of which shall be approved by the District Executive Committee . [Not the Sport Committee Executive Committee]
2. Notice of District Sport Meetings. Notice of the biennial or special meetings of the District Sport Committee will be given to all clubs with members registered in the sport. Notice shall be sent not less than 30 or more than 60 days prior to the scheduled meeting
  - a. Quorum. Five (5) member clubs with voting eligibility must be present to constitute a quorum of the Biennial Sport Committee meeting.
  - b. Voting. Each club that has registered at least five (5) individual members in the sport during the current year shall appoint one (1) representative to serve on the District Sport Committee. The representative shall be designated on the club membership application.
    - i. The club by written notice to the District Sports Director may withdraw its representative and submit a new representative. Written notice to the District Sports Director of the withdrawal and replacement must be received seven (7) days prior to the meeting. The Club Replacement shall be at least eighteen (18) years of age as of the date of the meeting.
    - ii. There shall be no voting by proxy.
    - iii. Each members of the Sport Committee shall have one vote.
  - c. Minutes of the meeting must be written and filed with the District Secretary and the National AAU Compliance Department.

## **G. Functions of District Sport Committees**

1. District Sport Committees. In each approved AAU sport in which the District has athletes actively participating, there may be a Committee to manage competition within the District.
2. **Composition.** The District Sport Committee shall include the following:
  - a. Each club member which registers at least five individual members in the sport shall have one representative on the District Sport Committee.
  - b. District Sport Committee Officers as defined by that sport's operating rules.
  - c. The Governor may appoint up to two (2) at-large members.
3. **Duties.** The duties of the District Sport Committee are to:
  - a. In even years, hold a Biennial meeting, the date, time and location of which shall be approved by the District Executive Committee.
  - b. Adopt at the Biennial Meeting, rules of operation of the Committee to be submitted to the Executive Committee for approval and which shall not conflict with the provisions of the AAU Constitution, Bylaws, National Policies or National Sport Committee rules.
  - c. Determine whether to establish a Committee operating account and if so to comply with all relevant AAU procedures and policies.
  - d. Provide for the conduct of the District championships.
  - e. If the District Sport Committee is organized as an administration club under the AAU, it shall annually file the Location of Assets Report with the District Office, and forward a copy to the National Office.

## **H. Functions of the District Sport Director**

1. **Election.** In each sport in which five or more club members have designated the sport as its primary sport, the Director shall be elected by the Committee at its Biennial Meeting. The District Sport Director takes office upon election.
2. **Appointment.** When there are fewer than five clubs registered to the Sport, the Sport Director may be appointed by the Governor with the approval of the National Sport Committee Chair. The District Sport Director takes office upon election or upon appointment.
3. **Term of Office.**
  - a. The term of office for an elected District Sport Director shall be four (4) years to run concurrently with the District Officers. Once elected, each District Sport Director is required to purchase a four (4)-year membership that will complete their entire term.
  - b. The term of office for an appointed District Sport Director shall be one year; or until removed by the Governor; or until the Sport Committee has met the criteria to elect a Director.
  - c. Vacancies. A vacancy occurring in an elected District Sport Director position shall be filled by the Governor with approval of



the National Sport Committee Chair.

- d. If a District Sport Director vacancy occurs, or if a sport reaches the five-club threshold, between a scheduled election year and the next Biennial Meeting, there shall be an election at the interim Biennial Meeting for a director to serve until the next regularly scheduled election. All Notice and nomination requirements must be complied with.

**4. Duties.** The Sport Committee Director shall:

- a. Develop a budget for the Sport Committee to file with the District Treasurer.
- b. Perform the duties set forth in the Committee Rules of Operation.
- c. Review and approve, or for reasonable cause deny, event licenses in the sport.
- d. Maintain records of the District Sport Committee, including but not limited to the minutes of all meetings, the budget, location of assets report (if required), and the District Sports Committee rules.
- e. Preside at Sport Committee meetings.
- f. Prepare, or have prepared, meeting minutes (which shall be approved at all District Sports Committee meetings). Forward a copy of all minutes to the National Office and District Secretary no later than 30 days following the District Sport Committee meeting.
- g. File a copy of all records requested by the District Secretary and the AAU National Office Compliance Department no later than 30 days following District Sport Committee meetings.
- h. At the conclusion of service as Sport Director, turn over all records to the successor to the position.

**6. Removal.** District Sport Directors may be removed as follows:

- a. By District Sport Committee. An elected Sport Committee Director may be removed by a two-thirds (2/3) vote of the Sport Committee at the Biennial meeting provided that the Notice of the meeting specifies that a motion to remove is on the agenda.
- b. By National Sport Chair. Each National Sport Chair shall annually review the number of events held in their sport. If the minimum number of licensed days of activity, excluding practice licenses is below the minimum established by the National Sports Council the National Sport Chair may remove the District Director with consent of the Governor. If the District Governor does not agree with the removal, the President shall appoint an arbiter who will make the final decision, which shall be binding.
- c. By National Board of Review. A Sport Director may be removed by order of the National Board of Review following the filing of a complaint and the Board's proceedings.
- d. By the National Board of Review Chair after the failure of the District Sports Director to file minutes, reports and records as required by this article.

## **APPENDIX A**

### **AAU National Dance Executive Committee Directory**

#### **National Dance Chair**

Deborah Stegemann  
Riverside, Ca  
951-850-5318

[AllDance@JacmProductions.com](mailto:AllDance@JacmProductions.com)

#### **Vice Chair**

Robert Huffman  
Riverside, CA  
951-850-0422

[Robert@Pezazz.com](mailto:Robert@Pezazz.com)

#### **Secretary**

Deidre Davis  
Baton Rouge, LA  
226-337-0676

[deidredavis@usasf@gmail.com](mailto:deidredavis@usasf@gmail.com)

#### **Director of Events**

Galina Silverman  
Norwalk, Ca  
818-481-6841

[galinasilverman@yahoo.com](mailto:galinasilverman@yahoo.com)

Tricia Leslie  
Bountiful, Ut  
801-298-7745

[silhouetteballroom@gmail.com](mailto:silhouetteballroom@gmail.com)

Cynthia Vitrano  
Las Vegas, Nv  
407-399-1629

[cvitrano@summerlindance.com](mailto:cvitrano@summerlindance.com)

#### **AAU Dance National Advisory Committee**

Misty Lown   Tony Vitrano.   Colleen Perry

#### **AAU National Office**

Tony Staley  
Senior Sport Manager  
407-934-7200 O  
407-934-4272 F

tony@aausports.org  
PO Box 22409  
Lake Buena Vista, FL 32830

## **APPENDIX B**

### **NATIONAL SPORT COMMITTEE AWARDS**

#### **OUTSTANDING OFFICIAL AWARD**

2020 Brodie Kessler, Emcee

#### **VOLUNTEER OF THE YEAR AWARD**

2020 Galina Silverman, Admin

#### **PERSISTENT LEADERSHIP AWARD**

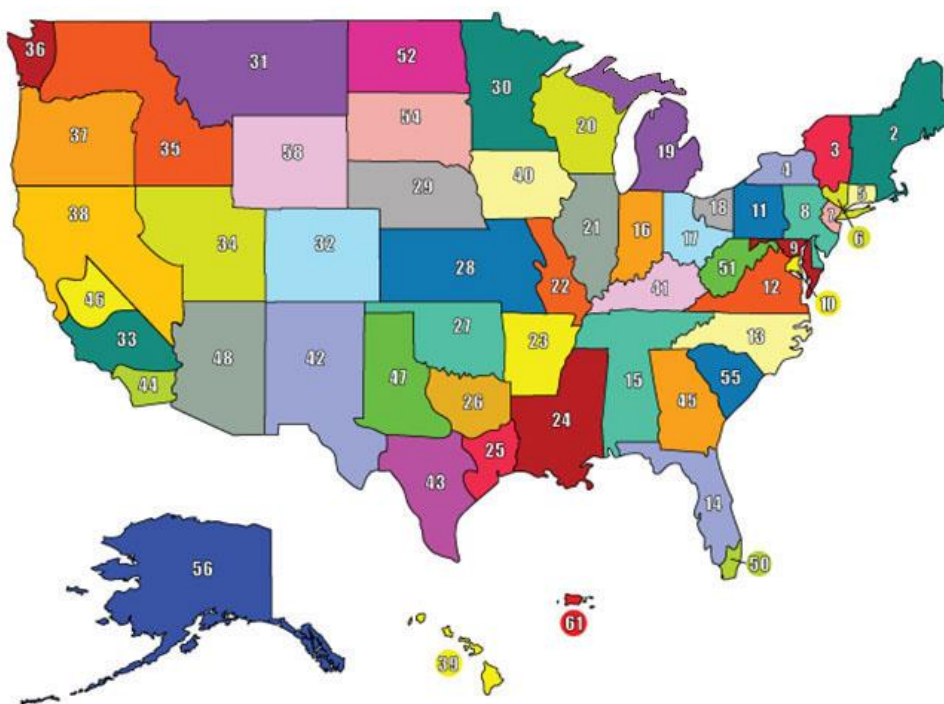
2020 Tricia Leslie

#### **CLUB STAR AWARD**

*Four Years or more Consistent Attendance*

Anya Goldman – Mystique Ballroom  
Robert Porch – Orange County School of Arts

### APPENDIX C District Map and Alignment



3 - ADIRONDACK DISTRICT (Organized January 31, 1920). That portion of New York State east and north of Broome, Cortland, Dutchess, Onondaga, Orange, Oswego and Sullivan Counties. Neighboring Districts: Connecticut, Middle Atlantic, New England, New York Metropolitan and Niagara.

56 - ALASKA DISTRICT (Organized December 3, 1965). State of Alaska. Neighboring Districts: None

48 - ARIZONA DISTRICT (Organized March 10, 1956). State of Arizona. Neighboring Districts: Colorado, New Mexico, Pacific Southwest, Southern Nevada, Southern Pacific and Utah

23 - ARKANSAS DISTRICT (Organized February 16, 1936). State of Arkansas and (added December, 1948) Bowie County, Texas. Neighboring Districts: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley and Ozark

12 - CENTRAL DISTRICT (Organized 1890). Illinois, except Calhoun, Greene, Jersey, Madison, Monroe and St. Clair Counties (counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair given to Ozark District, with reservation that all judo therein to be controlled by Central District). Neighboring Districts: Wisconsin, Iowa, Ozark, Kentucky and Indian

46 - CENTRAL CALIFORNIA DISTRICT (Organized 1952). Counties of Fresno, Inyo, Kern, Kings, Madera, Mariposa, Merced, Mono, Tulare in the State of California.

(Territory re-aligned, December, 1963).Neighboring Districts: Pacific, Southern Nevada and Southern Pacific

32 - COLORADO DISTRICT (Organized November, 1906). State of Colorado. (Territory re-aligned December, 1963, 1965, 1968. Renamed October, 2004.)  
Neighboring Districts: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona and Utah

5 - CONNECTICUT DISTRICT (Organized September 17, 1929). State of Connecticut.  
Neighboring Districts: Adirondack, New England and New York Metropolitan

14 - FLORIDA DISTRICT (Organized January, 1925). Florida, except Miami-Dade (official county name has been changed to Miami-Dade), Broward, that part of Hendry County West of Route 833 and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972, and 1999.)Neighboring Districts: Florida Gold Coast, Georgia and Southeastern

50 - FLORIDA GOLD COAST DISTRICT (Organized December 30, 1959). Counties of Broward, Miami-Dade (official county name has been changed to Miami-Dade), that part of Hendry County East of Route 833, and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972 and 1999.)Neighboring Districts: Florida

45 - GEORGIA DISTRICT (territory realigned September, 1989). State of Georgia  
Neighboring Districts: Florida, North Carolina, Southeastern and South Carolina

25 - GULF DISTRICT (Organized March 6, 1931). That part of the State of Texas bounded on the North and including the counties of Angelina, Houston, Leon, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana; on the South by the Gulf of Mexico and on the West by and including the counties of Austin, Brazos, Colorado, Fort Bend, Grimes, Matagorda, Robertson, Waller, Washington and Wharton. (Territory re-aligned September, 1992.)Neighboring Districts: Southern, Southwestern and South Texas

39 - HAWAIIAN DISTRICT (Organized November, 1910). State of Hawaii. Neighboring Districts: None

16 - INDIANA DISTRICT (Organized August 22, 1919). All of State of Indiana excepting Clark, Dearborn and Floyd Counties with the reservation that all wrestling therein be controlled by the Indiana District.  
Neighboring Districts: Central, Kentucky, Michigan and Ohio

35 - INLAND EMPIRE DISTRICT (Organized April 25, 1937). State of Washington, counties of Adams, Asotin, Benton, Chelan, Columbia, Douglas, Ferry, Franklin, Garfield, Grant, Kittitas, Klickitat, Lincoln, Okanogan, Spokane, Stevens, Walla Walla, Whitman and Yakima County. State of Idaho, State of Nevada, counties of Elko, Eureka and White Pine. (Territory re-aligned September, 1987.)Neighboring Districts: Pacific Northwest, Pacific, Oregon, Southern Nevada, Utah, Wyoming and Montana

40 - IOWA DISTRICT (Organized January 15, 1939). State of Iowa.  
Neighboring Districts: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark and Central

41 - KENTUCKY DISTRICT (Organized February 27, 1939). The Commonwealth of Kentucky and Clark and Floyd County in the State of Indiana (except for the sports of wrestling, boys and girls basketball). (Territory re- aligned, September, 1987; October 2003).Neighboring Districts: Central, Indiana, Ohio, Ozark, Southeastern, Virginia and West Virginia

18 - LAKE ERIE DISTRICT (Organized January 5, 1931 As Northeastern Ohio District. Name changed at 1956 Convention). The Counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne. (Territory re-aligned December, 1960 and September, 1991.) Neighboring Districts: Ohio and Western Pennsylvania

9 - MARYLAND DISTRICT (Organized, 1981). State of Maryland (except the counties of Montgomery and Prince Georges.) (Territory re-aligned December, 1968.) Neighboring Districts: Potomac, Virginia, West Virginia, Western Pennsylvania and Middle Atlantic

19 - MICHIGAN DISTRICT (Organized November, 1923). State of Michigan. (Territory re-aligned December, 1962 and October, 1971.) Neighboring Districts: Indiana and Ohio

8 - MIDDLE ATLANTIC DISTRICT (Organized 1906). New Jersey, south of Mercer and Monmouth County; all of the State of Delaware and the Commonwealth of Pennsylvania, east of and including Bedford, Centre, Clinton and Potter Counties (Territory re-aligned December, 1962.)Neighboring Districts: Adirondack, New Jersey, New York Metropolitan, Niagara, Western Pennsylvania and Maryland

30 - MINNESOTA DISTRICT (territory realigned September, 1989). State of Minnesota. Neighboring Districts: Iowa, North Dakota, South Dakota and Wisconsin

28 - MISSOURI VALLEY DISTRICT (Organized February 14, 1931). All of Kansas and that portion of the western part of the state of Missouri including and bounded by Adair, Audrain, Benton, Callaway, Christian, Cole, Greene, Hickory, Macon, Montineau, Morgan, Polk, Randolph, Schuyler and Taney. (Territory re-aligned December, 1962.) Neighboring Districts: Iowa, Nebraska, Colorado, Oklahoma, Arkansas and Ozark

31 - MONTANA DISTRICT (Organized February 15, 1936). State of Montana. Neighboring Districts: Inland Empire, North Dakota, South Dakota and Wyoming

29- NEBRASKA DISTRICT (Organized June 26, 1922). State of Nebraska. (Territory re-aligned September, 1986.)Neighboring Districts: South Dakota, Wyoming, Colorado, Missouri Valley and Iowa

2 - NEW ENGLAND DISTRICT (Organized, 1890). New Hampshire, Maine, Massachusetts, Rhode Island and Vermont. (Territory re-aligned September, 1987.) Neighboring Districts: Adirondack and Connecticut

7 - NEW JERSEY DISTRICT (Organized April 21, 1930). New Jersey north of and including Hudson, Mercer and Monmouth Counties. Neighboring Districts: Middle Atlantic and New York Metropolitan

42 - NEW MEXICO DISTRICT (Organized May 29, 1947). State of New Mexico and the counties of Brewster, Culbertson, Crockett, El Paso, Hudspeth, Jeff Davis, Presidio and Terrell in the State of Texas. (Territory re-aligned September, 1988.)  
Neighboring Districts: Colorado, Utah, Arizona, West Texas, South Texas and Oklahoma

6 - NEW YORK METROPOLITAN DISTRICT (Organized, 1890). New York, south of and including Dutchess, Orange, Sullivan and Ulster Counties; also the Canal Zone. (Renamed October, 2004)  
Neighboring Districts: Adirondack, Connecticut, Middle Atlantic and New Jersey

4 - NIAGARA DISTRICT (Organized September 27, 1919). State of New York west of and including Broome, Cortland, Onondaga and Oswego Counties.  
Neighboring Districts: Adirondack, Middle Atlantic and Western Pennsylvania

13 - NORTH CAROLINA DISTRICT (Organized December 5, 1965). State of North Carolina. Neighboring Districts: Georgia, South Carolina, Southeastern and Virginia

52 - NORTH DAKOTA DISTRICT (Organized December 1, 1962). State of North Dakota  
Neighboring Districts: Minnesota, Montana and South Dakota  
2020 AAU Volleyball Handbook and Regulations

17 - OHIO DISTRICT (Organized May 1, 1923). State of Ohio (except the counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne); and the Dearborn County in the State of Indiana. (Territory re-aligned, December, 1959, 1960, 1962, 1963, and October, 2003).  
Neighboring Districts: Indiana, Lake Erie, Michigan, Kentucky, West Virginia and Western Pennsylvania

27 - OKLAHOMA DISTRICT (Organized February 23, 1936). State of Oklahoma.  
Neighboring Districts: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern and Arkansas

37 - OREGON DISTRICT (Organized September 23, 1935). State of Oregon and the following counties of Washington: Clark, Cowlitz and Skamania. (Territory re-aligned September, 1987.) Neighboring Districts: Inland Empire, Pacific and Pacific Northwest

22 - OZARK DISTRICT (Organized, 1935). Missouri east of and including the following counties, Camden, Dallas, Douglas, Knox, Miller, Monroe, Montgomery, Osage, Ozark, Pike, Scotland, Shelby, including the city of St. Louis, and Webster. Counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair in Illinois with reservation that all judo therein be controlled by Central DISTRICT. (Territory re-aligned December, 1962.) Neighboring Districts: Arkansas, Central, Kentucky, Iowa, Missouri Valley and Southeastern

38 - PACIFIC DISTRICT (Organized, 1890). The State of California, north of but not including the counties of Fresno, Madera, Mariposa, Merced, Mono and San Luis Obispo and the Counties of Churchill, Douglas, Humboldt, Lander, Lyon, Mineral, Ormsby, Pershing, Storey and Washoe in the State of Nevada. (Territory re-aligned December, 1961 and December, 1962 and 1963.)  
Neighboring Districts: Central California, Inland Empire, Oregon, Southern Nevada and Southern Pacific

36 - PACIFIC NORTHWEST DISTRICT (Organized June, 1905). Washington, west of but not including Chelan, Kittitas, Okanogan and Yakima Counties and north of but not including Cowlitz, Klickitat and Skamania Counties. Neighboring Districts: Inland Empire and Oregon

44 - PACIFIC SOUTHWEST DISTRICT (Organized December 10, 1949, as Southwest Pacific Border DISTRICT. Name changed at 1956 Convention). Imperial and San Diego Counties, California. Neighboring Districts: Arizona and Southern Pacific

10 - POTOMAC VALLEY DISTRICT (Organized October 15, 1929). All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia. (Territory re-aligned December 1968. Formerly District of Columbia District. Renamed December, 1972.)  
Neighboring Districts: Maryland and Virginia

61 - PUERTO RICO DISTRICT (Organized September 8, 1984). Puerto Rico and U.S. Virgin Islands. Neighboring Districts: None

55 - SOUTH CAROLINA DISTRICT (Organized December 5, 1965). State of South Carolina. Neighboring Districts: Georgia and North Carolina

54 - SOUTH DAKOTA DISTRICT (Organized December 4, 1964). State of South Dakota. Neighboring Districts: Iowa, Minnesota, Montana, Nebraska, North Dakota and Wyoming

43 - SOUTH TEXAS DISTRICT (Organized November 12, 1945). That part of the State of Texas bounded on the East by and including the counties of Burleson, Fayette, Jackson, Lavaca, Lee, Milam and; on the South by the Gulf of Mexico and the Republic of Mexico; on the West by and including the counties of Schleicher, Sutton and Val Verde, and on the North by and including the counties of Bell, Burnett, Coryell, Falls, Lampasas, Llano, Mason and Menard. (Territory re-aligned December, 1961, 1963 and September, 1992.) Neighboring Districts: Gulf, Southwest, South Texas, New Mexico and West Texas

15 - SOUTHEASTERN DISTRICT (Organized August 13, 1951). The State of Alabama and the State of Tennessee. (Territory re-aligned December 1958, December 1972, September 30, 1989 and September 1999) Neighboring Districts: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas and Ozark

24 - SOUTHERN DISTRICT (Organized, 1892). The State of Louisiana and the State of Mississippi. [www.saaau.org](http://www.saaau.org) Neighboring Districts: Southeastern, Arkansas, Gulf and Southwestern



33 - SOUTHERN PACIFIC DISTRICT (Organized November, 1909). Including the counties of Los Angeles, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara and Ventura all within the State of California. (Territory re-aligned October, 1973.) Neighboring Districts: Arizona, Central California, Pacific, Pacific Southwest, Southern Nevada

26 - SOUTHWESTERN DISTRICT (Organized May 8, 1936). That part of the State of Texas bounded on the South but not including the counties of Angelina, Brown, Callahan, Coryell, Falls, Houston, Lampasas, Leon, Milam, Mills, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana, State of Arkansas and the county of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Foard, Hardeman, Haskell, Jones and Knox in the State of Texas. (Territory re-aligned September, 1992.) Neighboring Districts: Oklahoma, Arkansas, Southern, Gulf, South Texas and West Texas

34 - UTAH DISTRICT (Organized November, 1910). State of Utah. (Territory re-aligned December, 1978.) Neighboring Districts: Inland Empire, Wyoming, Colorado, New Mexico, Arizona and Southern Nevada

12 - VIRGINIA DISTRICT (Organized December 9, 1934). Commonwealth of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church.) (Territory re-aligned December, 1968.) Neighboring Districts: Potomac Valley, West Virginia, Kentucky, Southeastern and North Carolina

11 - WESTERN PENNSYLVANIA DISTRICT (Organized November 16, 1917). All counties in Pennsylvania west of Bedford, Centre, Clinton, Huntingdon and Potter Counties and the Counties of Brooke, Hancock, Marshall and Ohio in West Virginia. (Territory re-aligned December, 1959 and September, 1991.) Neighboring Districts: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, and Lake Erie

47 - WEST TEXAS DISTRICT (Organized 1952). All that part of the State of Texas bounded on the South side and including the counties of Concho, Irion, McCulloch, Pecos, Reeves, Regan, San Saba, Tom Green and Upton; on the West by the State of New Mexico; on the North by the State of Oklahoma; on the East by the State of Oklahoma and by and including the counties of Brown, Callahan, Foard, Hardeman, Haskell, Jones, Knox, Mills and San Saba in the State of Texas. (Territory re-aligned December, 1961; October, 1976.) Neighboring Districts: Oklahoma, New Mexico, South Texas and Southwestern

51 - WEST VIRGINIA DISTRICT (Organized February 28, 1960). The State of West Virginia. (Territory re-aligned December 1963, October 1973 and October 2003) Neighboring Districts: Maryland, Western Pennsylvania, Ohio, Kentucky and Virginia

20 - WISCONSIN DISTRICT (Organized June 6, 1935). State of Wisconsin. (Territory re-aligned December, 1964 and September 30, 1989) Neighboring Districts: Michigan, Minnesota, Iowa and Central

58 - WYOMING DISTRICT (Organized December 9, 1968). State of Wyoming. Neighboring Districts: Montana, South Dakota, Nebraska, Colorado, Utah and Inland Empire.

## APPENDIX D

### Definitions/Glossary

**AAU Code** - The AAU Code is the collective reference to the Constitution, Bylaws, National Policies, National Sports Committee rules and District Sport Committee rules and regulations. The AAU Code is available at [www.aausports.org](http://www.aausports.org).

**Athlete** - A person who participates in an AAU sports activity as defined by the appropriate AAU Adult or Youth Sports Committee in regards to eligibility, rules, age, gender, etc.

**Attached** - An individual registered athlete becomes attached to an AAU club or team when the athlete participates as a club representative in a competition sanctioned by a District which includes two or more teams.

**Membership** - An agreement to participate under the rules, regulations, Code, policies and procedures of the AAU. Membership entitles participation; it does not create agency, or authorize member(s) to be spokesperson(s) on behalf of AAU.

**Non-Athlete** - A person who participates in the AAU in an administrative role such as Administrator, Bench Personnel, Coach, Instructor, Manager, Official, Team Leader, Tournament Director, Volunteer or other who supports the sport's activity but does not compete as an athlete.

**Practice** - For the purpose of AAU sanctioning, "practice is organized and/or regularly scheduled sessions supervised at all times by a registered non-athlete member of the AAU and conducted for the purpose of preparing, training, instructing and conditioning only AAU member athletes for AAU sanctioned competitions. Tryouts and scrimmages are included as long as they meet all the requirements of the above definition.

\*Practices do not require a separate sanction application but are included in the AAU Club Membership (Level 1, 2 and 3).

**License** - The written approval of the AAU to authorize registered athletes to participate in a specific competition or activity (Updated 10/13).

**Scrimmage** - A practice of an AAU member club against other member athletes or another club. A scrimmage does not qualify as a practice if an admission fee is charged, or the officials are paid. Scrimmage results must not affect the team's standing or rankings.

**Supervision** - Supervision requires that an AAU non-athlete member (coach/instructor) be physically present at all times at the practice premises or site during each practice session.

**Transfer** - A change in an athlete's attachment, or club affiliation, from one club to another. **Unattached** - An AAU Athlete who represents no club member