

| District | Team Name | Pool | District | Team Name | Pool |
|--------------------|----------------------------|------|----------------------|------------------------------|------|
| Arizona | DFAC Falcons | R-1 | New Mexico | NM Wildcats | C-4 |
| Arkansas | The Supreme Court | E-1 | North Carolina | Carolina Comets Blue | R-2 |
| Arkansas | Arkansas Mustangs | I-2 | North Carolina | Greensboro Lady Gaters | Q-3 |
| Arkansas | Arkansas Mavericks | L-3 | North Carolina | Winston-Salem Stealers | J-4 |
| Central | BGBC Jr. Lady Raiders | N-2 | North Carolina | Lake Norman Sparks | G-4 |
| Central | Illinois X-citement Orange | L-2 | Ohio | Ohio Lady Diamonds | J-1 |
| Colorado | Team Colorado | H-2 | Ohio | Dayton Lady Hoopstars | E-3 |
| Connecticut | CT Heat | N-1 | Ohio | Queen City Jaguars | T-4 |
| Connecticut | Connecticut Storm Black | V-3 | Ohio | Lady Jayhawks | H-4 |
| Connecticut | Wescon Fillies | F-3 | Oklahoma | Oklahoma Select | B-1 |
| Florida | Jacksonville Lady Rams | L-1 | Ozark | SW Illinois Lady Jets | B-2 |
| Florida | Greenwave | S-3 | Ozark | Hoopstars Midwest | Q-2 |
| Florida Gold Coast | South Florida Lady Jaguars | V-2 | Ozark | St. Louis Hoops | F-4 |
| Georgia | Georgia Pearls | K-1 | Pacific | Shoot for the Stars Panthers | V-1 |
| Georgia | Georgia Pistols Gold | G-3 | Pacific | Mission Rec Center | O-1 |
| Georgia | Georgia Hawks Red | A-3 | Pacific | Next Level-Team Cal | U-1 |
| Georgia | Georgia Elite | C-1 | Pacific | East Bay Xplosion | J-3 |
| Gulf | Cy-Fair Shock | P-2 | Potomac Valley | Lady Majic | A-1 |
| Indiana | Indiana's Finest | G-2 | Potomac Valley | Maryland Flames | S-1 |
| Indiana | Lady Legit | K-3 | Potomac Valley | PV Classics | B-3 |
| Indiana | HGBL Magic | E-4 | Potomac Valley | Maryland Panthers | W-2 |
| Indiana | HGBL Fever | L-4 | Potomac Valley | Team Excel | P-4 |
| Iowa | All Iowa Attack | J-2 | Potomac Valley | Fairfax Stars | D-3 |
| Maryland | Columbia Hawks - Taylor | U-2 | Potomac Valley | Vogues | Q-4 |
| Maryland | Baltimore Ravens | N-3 | South Texas | San Antonio Stars | O-2 |
| Maryland | Maryland Lady Comets | H-3 | Southeastern/AL | Alabama Twisters | M-1 |
| Metropolitan | C.A.S. Douglas Panthers | E-2 | Southeastern/AL | Alabama Ballers | F-2 |
| Michigan | Lakeside Hoops | C-2 | Southeastern/TN | Tennessee Wings | D-2 |
| Michigan | Michigan Monarchs | T-2 | Southeastern/TN | KGC Lady Pride | W-1 |
| Michigan | Michigan Shamrocks | I-3 | Southeastern/TN | TN Lady Tigers | V-4 |
| Middle Atlantic | Tri-State Tar Heels | M-3 | Southeastern/TN | Memphis Lady Elite | S-4 |
| Middle Atlantic | Fencor | F-1 | Southeastern/TN | Tennessee Team Pride | N-4 |
| Middle Atlantic | Comets | T-3 | Southern/LA | Slidell Magic | A-2 |
| Middle Atlantic | Bucks County Wildcats | W-4 | Southern/LA | Louisiana Lady Hornets | P-3 |
| Middle Atlantic | Mid-Penn Motion | R-4 | Southern/LA | New Orleans Domino's | D-4 |
| Minnesota | Minnesota Lady Suns | R-3 | Southwestern | Texas Thunder Gold | H-1 |
| Minnesota | Minneapolis Lady Cats | W-3 | Southwestern | Texas Express | M-2 |
| Minnesota | Minnesota Stars | I-4 | Southwestern | Kingdom Building Basketball | A-4 |
| Minnesota | Minnesota Metro Stars | B-4 | Virginia | U-Turn Warriors | T-1 |
| Minnesota | North Tartan | M-4 | Virginia | Norfolk-Xpress - Phelps | C-3 |
| Missouri Valley | Wichita Lady Blazers | D-1 | Virginia | Prince William Virginians | O-3 |
| Missouri Valley | MV Eclipse | K-4 | Virginia | Norfolk Xpress - Wilson | U-3 |
| Missouri Valley | Kansas Belles | I-1 | West Texas | Amarillo Lady Gators | G-1 |
| Missouri Valley | MV Magic | U-4 | West Virginia | WV GBA Thunder | Q-1 |
| New England/NH | NH Shooting Stars | K-2 | Western Pennsylvania | WPA Bruins | P-1 |
| New England/VT | Twin City Titans | S-2 | Wisconsin | Wisconsin Force | O-4 |