

Registration Time*	District	Team Name	Complete Athlete Time*
3:00 PM	Arkansas	Team Arkansas	5:30 PM
3:03 PM	Florida	Sun Coast Wolfpack	5:30 PM
3:06 PM	Maryland	Maryland Choice	5:30 PM
3:09 PM	Missouri Valley	Whichita Spooks	5:30 PM
3:12 PM	Niagara	GV Fillies White	5:30 PM
3:15 PM	Niagara	GV Fillies Blue	5:30 PM
3:18 PM	North Carolina	Carolina Force	5:30 PM
3:21 PM	North Carolina	Team NC	5:30 PM
3:24 PM	Oklahoma	Stars	5:30 PM
3:27 PM	Oklahoma	Tulsa Swoosh	5:30 PM
3:30 PM	Potomac Valley	Fairfax Stars	5:30 PM
3:33 PM	Southeastern/TN	Pilot Comets	5:30 PM
3:36 PM	Virginia	Boo Williams Norfolk Express	5:30 PM
3:39 PM	Virginia	Boo Williams Red Tide	5:30 PM
3:42 PM	Virginia	Lady Ballers	5:30 PM
3:45 PM	Virginia	Piedmont Pride	5:30 PM
3:48 PM	Virginia	BWSL Miracles	5:30 PM
3:51 PM	Wisconsin	Team Wisconsin	5:30 PM

***Registration and Complete Athlete Program will be at Heritage High School**

Coaches Meeting - 5:30 PM at Heritage High School

Questions? - Call Malcolm "B" Brian at 225-921-8506 or Eddie Clinton at 407-468-7817

To Arrange Practice Times - Call Jeff at 757-591-4892

Additional Information--

The home team will wear light jerseys and are listed first in pool play and on top in bracket play.

All bench personnel must adhere to the Coaches Dress Code by wearing a shirt with collar, long pants or dress shorts/skirts (with belt loops), and closed toe shoes. No hats may be worn while on the bench or during Opening Ceremonies.

Each violation to the bench rule will result in a technical foul (administrative, not charged to the coach).

Example: If a person is charged with the technical foul then he/she must leave the bench area until his/her attire meets the code.