



2016 AAU Gymnastics Scholarship Recipients



ALEXA NICOLE DE JONGH

Appalachian State University



I'm Alexa de Jongh and I attend Knightdale Gymnastics in North Carolina! I have been doing gymnastics since I was two-years-old and have competed with AAU for 5 years. Along with gymnastics I also have participated with Girl Scouts since Kindergarten. I also teach gymnastics and graduated High School with Honors. I will be attending Appalachian State University and hope to attain a Bachelor of Science in Psychology and then go to medical school to become a psychiatrist. I owe a lot of my accomplishments to what I learned in gymnastics.