



2017 AAU Gymnastics
Midwest Regional Championships
May 5-7, 2017

Facility: UW Mercy Health Sports Factory
401 S Main Street
Rockford IL 61101
815-987-8824

Meet Host: 360 Sports Events LLC

Meet Director: Doug Jonuska 608-314-0333 doug@360sports.events www.360sports.events

Entry Fees: \$80.00 per athlete (Entry fees are NON REFUNDABLE)
\$30.00 per club team (3 athletes or more per level, 3 scores count)
FREE Regional Team Award (3 event scores per level regardless of age per District)

Entry Deadline: March 29, 2017 *\$10 late fee per athlete will apply to entries after this deadline.*

Entry Method: Online Registration ONLY – Go to www.meetmaker.com or www.360sports.events and click on the link to register. Registration is free if paying with an electronic check. There is a 3% convenience fee if using a credit/debit card.

Rules/Schedule/Format: National Rules. Schedule determined after entries are received. Traditional Format and/or Modified Non Traditional Format for all divisions. All warm-ups will be blocked time to include all bar settings and changes.

Awards: Awards are provided for each skill level and age division. Every athlete will be awarded an AAU Regional Championship All-Around Medal and Participation Patch. Individual event awards are provided to the top 50% + 1 within each age division.

Club Team Awards will be for the top 50% +1.

Regional Team Awards will recognize the top three teams per District. Each gymnast with a contributing score will be named on the District Team and receive a star designation pin to place on Regional Participation Patch.

Admission: Athletes that are entered for the meet receive complimentary entrance to all sessions.

Daily Admission Adult (ages 13-64) \$15
 Children (ages 3-12) \$7
 Seniors (ages 65+) \$

Under 4 years of age are FREE

AAU Membership:

All athletes and coaches must have a 2016-17 membership. For more information on AAU Membership, or to purchase your athlete or non-athlete membership, go to www.aaugymnastics.org.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained at before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Coach and Non-Athlete memberships may not be obtained pm site, they are no longer instantaneous. Participants are encouraged to visit the AAU website www.aaugymnastics.org to obtain their membership.

Skill Levels/Age Division:Girls Compulsory Divisions:

Level 1-5

Girls Optional Divisions:

Level 6-8

Level Open Optional (OO)

Xcel Bronze

Xcel Silver

Xcel Gold

Xcel Platinum

Xcel Diamond

Ladies Division: (No Age Divisions)

Any Optional Level

- Age determination date is the first day of competition, May 5, 2017.
- Athletes in each skill level will be grouped into age divisions determined by birthdate ranges

Housing: We make every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. We have carefully selected the host hotels and partner hotels. These properties are ready to work with you providing the best accommodations at a great price. Please do not book your rooms through other online systems. 360 Sports has partnered with a few hotels in the Rockford area for the AAU Midwest Regional Championship. Hotel information can be found at: www.360sports.events



4113 Whitney St
Janesville WI 53546
Return Service Requested



August 10, 2016

Dear Coaches,

If you are receiving this letter your club is invited to the 2017 AAU Midwest Regional hosted by 360 Sports. The Championships will be held May 5-7, 2017 at the UW Mercy Health Sports Factory, 401 S Main St, Rockford IL.

This event along with the other AAU Regional's will be the first to have inter-district competition. Every district that 3 or more athletes in a level will be competing for their district. Top three scores count. If your gymnast's score contributes to the Regional Team score they will receive a special "Regional Star" to go on her Regional Patch.

AAU divides its members into Districts, which are very similar to States. Please see the Midwest Regional Championship District Map which shows which District your gym is in. A few Districts have the choice of multiple Regionals to attend. Please ask if you are not sure.

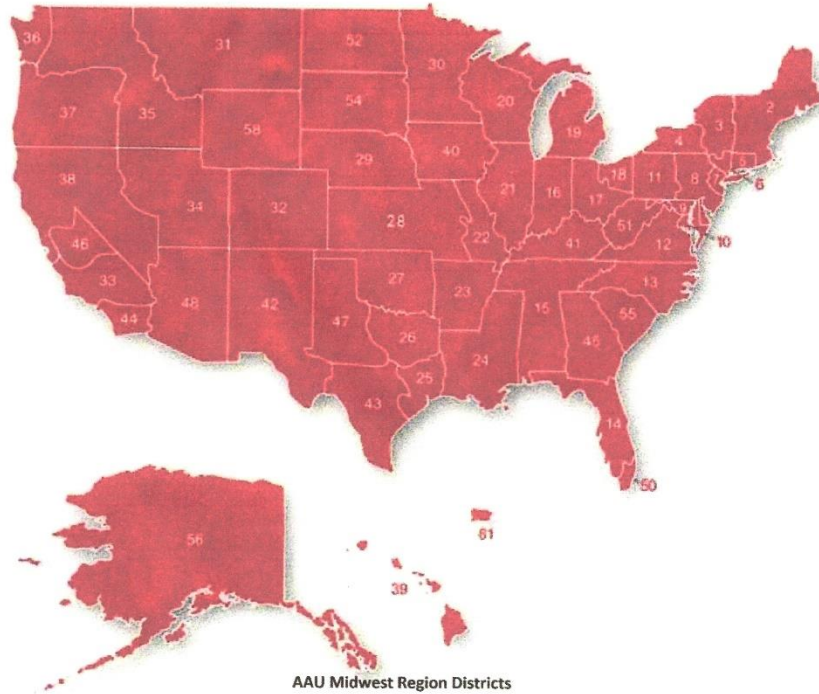
Even if your club has never competed in AAU before, AAU membership cost is \$14 per gymnast and \$16 per coach which includes a background check at no additional charge. All gymnasts and coaches are welcome as long as they have an AAU membership. To get a membership please go to www.aaugymnastics.org.

We look forward to seeing you!

A handwritten signature in black ink, appearing to read 'Doug Jonuska'.

Doug Jonuska
AAU Central District Gymnastics Chairman
AAU Midwest Regional Championship Meet Director

MAP OF DISTRICTS



AAU Midwest Region Districts

16	Indiana	20	Wisconsin	27	Oklahoma	40	Iowa
17	Ohio	21	Central	28	Missouri Valley	41	Kentucky
18	Lake Erie	22	Ozark	29	Nebraska	52	North Dakota
19	Michigan	23	Arkansas	30	Minnesota	54	South Dakota

AAU Western Region Districts

that are also eligible to complete in the AAU Midwest Regionals

25	Gulf	34	Utah	39	Hawaii	47	West Texas
26	Southwestern	35	Inland Empire	43	New Mexico	48	Arizona
31	Montana	36	Pacific Northwest	43	South Texas	49	Southern Nevada
32	Colorado	37	Oregon	44	Pacific Southwest	56	Alaska
33	Southern Pacific	38	Pacific	46	Central California	58	Wyoming

*Your District may be eligible to attend more than one Regional