

AAU Gymnastics Competitive Attire Policy 2009-2010

Boys

All competitors must wear the FIG designated uniform for the competition, with the exception of Levels 4 and 5. All competitors must wear appropriate warm-up attire during warm-ups. WEARING OF JEWELRY AT ALL AGE GROUP COMPETITIONS IS FORBIDDEN. A VERBAL WARNING WILL BE GIVEN FOR THE FIRST INFRACTION. A MEDIUM BEHAVIORAL DEDUCTION WILL BE TAKEN ON ALL SUBSEQUENT EVENTS ON WHICH THE ATHLETE WEARS JEWELRY.

Specific rules pertaining to competition apparel is as follows.

Competition Attire

A. Singlet, shorts, or pants

Publicity can be displayed on the gymnast only once.

- One location only on the singlet or the shorts or the pants
- Maximum space 60 sq. cm including the background

NOT allowed: on the back anywhere

Girls

1. Gymnast must present herself in the proper attire. NO underwear should be exposed; however if a sports bras shows under the leotard there will be no deduction taken.

2. The leg opening on competitive leotards must NOT be cut or rolled above the gymnast's hipbone.

A deduction for inappropriate attire will be applied for any infraction.

3. Sleeveless leotards and unitards, as well as gymnastics footwear, are permitted for competition.

4. Leotard and/or warm-up uniform should be worn for opening, award, and closing ceremonies.

5. Be well groomed in her appearance:

6. Clean attire.

7. Hair secured away from the face.

8. No jewelry, with the exception of one pair of stud earrings (one in each ear).

9. With the exception of the Ladies division gymnasts may not wear biker shorts during competition.

There will be a .2 deduction to the final score after first warning is given. Girls may wear unitards that are ankle length.

Coaches

All Coaches are obligated to:

A. Maintain an AAU Membership

B. Be professional.

C. Display good sportsmanship.

D. Dress in appropriate attire that reflects the best image of gymnastics.

E. Be mentally and physically prepared and rested in order to provide the safest environment for the gymnast.

F. Turn off cell phone (or set to vibrate mode) while in the "field of play" to avoid disturbing the competition.