

## **DRIVING DIRECTIONS: MAP**

**(updated May 21, 2010)**

### **CHESAPEAKE:**

#### **Chesapeake Conference Center (Taekwondo)**

900 Greenbrier Circle – 757-382-2500

From I-64, take the Greenbrier Parkway North (Exit number 289A). Merge onto Greenbrier Parkway. Take a right onto Woodlake Drive (1<sup>st</sup> light). Turn right onto Conference Center Drive (1<sup>st</sup> light).

#### **Hickory High School (Powerlifting, Weightlifting)**

1998 Hawk Boulevard – 757-421-4295

From I-64, take 168 South (Exit 291B) towards the Outer Banks. Follow 168 South towards Nags Head/Manteo. Take the 2nd Hillcrest Parkway East exit number 8B. Take a right onto Battlefield Boulevard (2<sup>nd</sup> light). Proceed approximately 1 mile. Turn left onto Hawk Blvd. – Hickory High School entrance.

#### **Oscar Smith High School (Karate)**

1994 Tiger Drive, Chesapeake, Virginia 23320 – 757-548-0696

From I-64, take 168 South (Exit 291B) towards the Outer Banks. Merge right onto US 17 S towards Elizabeth City. Turn left onto VA-190/Great Bridge Boulevard. Turn right onto Tiger Drive, Oscar Smith High School entrance.

### **HAMPTON:**

#### **Boo Williams Sportsplex (Jump Rope, Cheerleading, Gymnastics)**

5 Armistead Pointe Parkway – 757-637-7300

From I-64, take the N. Armistead Ave exit number 265B toward La Salle Ave. Turn right onto Armistead Pointe Pkwy.

### **NEWPORT NEWS:**

#### **Brittingham-Midtown Community Center (Registration, Swimming, Table Tennis)**

570 McLawhorne Drive – 757-591-4853

From I-64, take the S/W Mercury Blvd exit number 263A toward James River Br. Turn slight right onto Jefferson Ave/US-17N. Turn left onto McLawhorne Drive.

### **NORFOLK:**

#### **Norfolk State University (Track, Registration)**

700 Park Ave – 757-823-8152

From I-64, take I-264 W towards Downtown Norfolk. Take Brambleton Ave, exit number 11B. Immediate slight right onto Brambleton Ave. Turn Right onto Park Ave.

## **VIRGINIA BEACH:**

### **PinBoys Bowling Center (Bowling)**

1577 Laskin Road – 757-428-5897

From I-64, take I-264 East towards Virginia Beach. Take Laskin Road exit number 20. Bowling center is appx 2 miles down on the right.

### **Oceanfront (Beach Volleyball, Beach Tennis)**

5<sup>th</sup>-12<sup>th</sup> Streets

From I-64, take I-264 East towards Virginia Beach. Take 264East to the end. Turn right onto Pacific Ave. Turn left on 9<sup>th</sup> street and park at garage. Walk across the street to the Boardwalk and proceed to 5<sup>th</sup> Street.

### **USA Field Hockey Training Center (Field Hockey)**

2181 Landsown Road

From I-64, take the Indian River Rod East exit number 286B. Merge onto Indian River Rd. At the fork, stay left onto Ferrell Pkwy. Merge onto Princess Anne Rd/VA165S (end of Ferrell Pkwy). Follow Princess Anne Road to Damn Neck Road. Turn right onto Dam Neck Rd. Turn left onto Landstown Rd. Facility entrance is on the right side of the Sportsplex.

### **Virginia Beach Convention Center (AAU Office, Registration, Baton, Trampoline & Tumbling, Wrestling)**

1000 19th Street – 757-385-2000

From I-64, take I-264 East towards Virginia Beach. Take interstate to end. Turn right at Parks Ave (1<sup>st</sup> traffic light). Turn right onto 19<sup>th</sup> Street.

## **Athletes' Celebration Events:**

### **Newport News – August 4 from 7:00pm-10:00pm**

City Center at Oyster Point

From I-64, take the J. Clyde Morris Blvd exit number 258A. Turn right onto Diligence Drive. Turn right on Fountain Way and then left into the parking garage.

### **Virginia Beach – August 2 from 7:00pm-10:00pm**

17<sup>th</sup> Street at the Oceanfront

From I-64, take I-264 East towards Virginia Beach. At first traffic light, Parks Ave, turn right. Turn left on 19<sup>th</sup> street and continue 5 blocks. Park at either Municipal Parking lot at 19<sup>th</sup> Street and Pacific Ave. Walk to 17<sup>th</sup> Street Park on the Boardwalk.