

2010 DIFFERENCES BETWEEN AAU AND USAJR RULES

Events:

USA Jump Rope (USA) has all separate medal events with a combined team championship for speed, for freestyle, for Team Show and overall events at US Nationals

Amateur Athletic Union (AAU) has combined: Triple Crown of Speed, Power and Freestyle in Singles and Pairs, and Pentathlon of Single Speed and DD Relay Speed (4x30 seconds), Singles and Pairs Freestyle, plus Singles Power in Double Dutch at the AAU Junior Olympic Games and its Qualifiers.

Group event:

USA: Team Show, includes Group Routine, Traveler, Wheels, Double Dutch and Long Rope segments. 2 group sizes: 6 - 12 and 13 -30 athletes

AAU: Group Routine with individual ropes. Size: 6-24 athletes. Junior Group up to age 13, Senior Group ages 14-22

Age Divisions:

USA:

Individual 1 and 3 minute speed and single freestyle: 10 & Under, 11-12, 13-14, 15-17, 18-22, 23-29, 30-49, 50+

Pairs, relay and Double Dutch: 12 & under, 13-14, 15-17, 18+ and 30+ All female and mixed divisions in 15-17 and 18+

AAU:

Singles: Females: 8 & Under, 9, 10, 11, 12, 13-14, 15-17, 18-22 13-14 age-groups may be split if numbers exceed 30 at Regionals, 80 at J.O.'s

Males: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22

Pairs: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22

Double Dutch: 11-12, 13-14, 15-17, 18-22 (No 8 and under or 9-10 in Double Dutch. Younger athletes compete in 11-12)

NOTE: Age will be determined in 2010 as of September 1 for both AAU and USA

Eligibility:

USA participants must be members as of Dec. 31 of previous year. Late memberships cost twice the usual fee and must be paid by 21 days prior to first level of competition.

AAU participants must be members as of date of first competition. Application on the day of competition is insufficient unless number can be obtained online. AAU number must be declared with registration. Registration must be paid by 4 weeks prior to tournament or a \$10 late fee must be added.

Qualifying:

USA Regions are specific. Must compete in own region.

* HI will join AK. Each gets 2 Qualifiers and 1 entry each in small and large Team

* TN moves to Region 11.

* MO moves to Region 3

AAU Tournaments open to all AAU members unless specified as "closed"

USA Top 4 qualify from Regionals to Nationals, alternates to 6th place.

* Add 5th place if less than 39 qualify. 6th place is alternate.

Top 12 scores in freestyle proceed from Age-Group Nationals to Grand Nationals

Top 2 Team Shows in each size-division go from Regionals to Nationals.

AAU Top 10 US and Non-US in combined events qualify for the AAU Junior Olympic Games from any AAU Open Tournament, alternates to fill spots as needed.

Top 3 Group Routines from US and Non-US from Open Qualifiers to the AAU Junior Olympic Games (13 & U, 14-22)

Non-US: Top 10 per event (1 per age-group from Group Routine) may be nominated by National Governing Body (NGB) for the AAU Junior Olympic Games.

Spectator Fees:

In **USA and AAU** these are optional but not encouraged, may not be charged to members and may not exceed \$5. Spectator Fees charged at the AAU Junior Olympic Games.

Restrictions:

USA: Music not allowed, * except in Grand National Championships. Maximum regional entries per event 40. Speed unlimited per available time.

AAU: Music required for freestyle. CD's mandatory Track 1. Back-up CD required Unrestricted entries encouraged, but at Director's discretion.

*No profanity allowed in CD provided

Both: Toe-Pitch and other inversions using hands only are now legal. Jumping on forearms permitted.

Power:

USA: Consecutive Triple under event in 15 and older age-groups. Pilot 2 minute timed event

AAU: Double Unders for younger age-groups. Triples for 15-17, 18-22 in singles

Props:

No props other than ropes may be used in **USA** or **AAU**

Uniforms:

USA: *Effective 2011 Uniforms must match in color and design. Changes permitted for gender

AAU: *Effective 2010 Uniforms must match in color and design. Changes permitted for gender

Penalty under Delay of Tournament

Costume Accessories:

In **AAU** it is spelled out that if accessories are worn, they must be securely attached throughout the event
In AAU and in USA, eyeglasses must be secured by a sports strap Hair and other accessories must be secured. If they fall off it is not grounds for a re-jump, except for another competitor if the item hinders their performance. A space violation would be assessed to the jumper whose item caused the hindrance to another competitor

Gum Chewing:

Not allowed in **USA** or **AAU**

Ropes:

May not be attached to body

Sickness or Injury:

Sickness and/or injury are not grounds for allowing a re-jump. Competing while injured is discouraged.

Doctor's permission needed to jump with splint or cast.

Judging Issues:

AAU Judges must wear athletic shoes

Timing CD:

***USA and AAU** 60 second call will be added in freestyle; 10 second calls will be made in SRSR and DDSR in USA and SRPS and SRPP in AAU

Delay of Tournament:

- Ten (10) points penalty for speed and power

- Four (4) points penalty for freestyle when athletes present late, or with wrong uniform or equipment, with jewelry or gum.

- 1 minute allowance in singles, 2 minutes in multi-person to remedy, then DQ if late

Re-Jumps:

- ***USA and AAU** rest time reduced from 10 minutes to 5 minutes except for 3 minute speed in USA
- ***USA and AAU** Accuracy: Speed scores for 2 judges must be within 5 or a re-jump may be awarded

Position of rope and jumper:

USA- no specifics.

AAU- in Speed and Power events, rope must begin behind jumper's feet. In Double Dutch Speed and Power, jumper must begin outside ropes.

False Starts and False Switches:

In both **USA** and **AAU**, a blatant false start will be given a 20 point deduction and a minor false start will be given a 5 point deduction. 2 out of 3 judges must agree. The Head Judge makes the call in the case of disagreement.

Freestyle:

USA and **AAU** have value of 60 % Content, 30% Presentation, Required elements 10%. Floor Manager/ Asst. Head Judge required in USA and at the AAU Junior Olympic Games. Optional at AAU Qualifiers.

AAU: 2 Head Judges required for Group Routine. Scores averaged.

Density Bonus:

***USA and AAU** Bonus of .4 will be given in Density for Intermediate or over routines that exceed 60 seconds.

Head Judge Requirements:

***AAU** Trial in 2010 Head judge will use paddle to indicate satisfaction of Requirements
Green = satisfaction; Yellow = lack in one or more required elements.

Major and Minor Misses in Freestyle:

Unintentional stop in USA and AAU = Minor Miss. 2+ secs = Major Miss A bobble or save = no penalty. Misses will now be counted by the Head Judge, the Head Content Judge and the Head Presentation Judge.

For specific details of rules, please consult the official 2010 USA Jump Rope Rulebook (Obtainable from USA JUMP ROPE office 1-800-225-8820), or the 2010 AAU Jump Rope Handbook. May be downloaded from www.aausports.org, go to Publications and/or Member Sports