

**2009 AAU Tulsa Christmas Classic**  
**POWERLIFTING / BENCH PRESS / DEADLIFT**  
**CHAMPIONSHIPS**  
**December, 19, 2009**

ENTRY DEADLINE – (Postmarked) **December 14, 2009**

ENTRY FEE \$40.00 each Division

LATE FEE ADD \$15.00 (AFTER Dec, 14, 2009)

**WEIGHT CLASS** \_\_\_\_\_

**DIVISIONS: MEN** \_\_\_\_\_ **WOMEN** \_\_\_\_\_

**DEADLIFT** \_\_\_ **POWERLIFTING** \_\_\_ **BENCH PRESS** \_\_\_

**OPEN** \_\_\_ **YOUTH** (12-13) (14-15) (16-17) (18-19) \_\_\_ **JUNIOR (20-23)** \_\_\_ **SUBMASTERS (35-39)** \_\_\_  
**MASTERS (40-UP)** \_\_\_\_\_

**NAME** \_\_\_\_\_ **PHONE** (     ) \_\_\_\_\_

**Email** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_

**STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_\_

**REGISTERED AAU CLUB / SCHOOL** \_\_\_\_\_ **CLUB NUMBER** \_\_\_\_\_ **AAU CARD NUMBER** \_\_\_\_\_ **YEAR** \_\_\_\_\_

**ITEMS OF INTEREST** \_\_\_\_\_  
**POWERLIFTING ACHIEVEMENTS** \_\_\_\_\_

**PREVIOUS PERSONAL BEST SQUAT**-----  
**BENCH** \_\_\_\_\_ **DEADLIFT** \_\_\_\_\_ **TOTAL** \_\_\_\_\_

I, \_\_\_\_\_ DO HEREBY RELEASE Danny Berry Dennis Brooks and THE AAU FROM ANY RESPONSIBILITY FOR INJURIES SUFFERED BY ME PARTICIPATING IN OR TRAVELING TO OR FROM THE 2009 AAU Tulsa Christmas Classic/ BENCH PRESS / DEADLIFT POWERLIFTING CHAMPIONSHIPS.

**LIFTER'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_  
(If lifter is under 18 years of age)

**PARENT'S SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

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**SEND ENTRIES**                      **Danny Berry**  
**And TO**                              11526 S Nandina .Ave.    **CHECKS PAYABLE TO ROBERT BERRY**  
**DRUG TESTING**                      Jenks Okla, 74037  
**WAIVER**

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership