

2011 AAU RAW Nationals

Rockland Massachusetts

Saturday, May 07, 2011

	Class	Wgt Class	Place	Lifter	Squat	Bench	Deadlift	Total
Bench Press								
Female								
	Junior (20-23)	56	First	Elizabeth Fleming	0	60 AR	0	60
	Law/Fire/Military Junior (20-23)	56	First	Elizabeth Fleming	0	60 AR	0	60
	Open	56	First	Elizabeth Fleming	0	60 AR	0	60
Male								
	Junior (20-23)	82	First	Steve Hartman	0	152.5	0	152.5
	Masters (40-44)	110	First	Eric Wright	0	167.5	0	167.5
	Masters (45-49)	75	First	Greg Stoehr	0	80	0	80
	Masters (50-54)	100	First	Bill Sessa	0	160	0	160
	Lifetime / Masters (45-49)	75	First	Greg Stoehr	0	80	0	80
	Lifetime / Masters (60-64)	125	First	Ray Cross	0	137.5	0	137.5
Deadlift								
Female								
	Sub Masters (35-39)	56	First	Nikki Carroll	0	0	95	95
Male								
	Teenage (18-19)	140	First	Jonathan Roesler	0	0	230	230
	Masters (45-49)	75	First	Greg Stoehr	0	0	197.5	197.5
	Masters (55-59)	100	First	Tom Hennessy	0	0	170	170
	Lifetime / Masters (45-49)	75	First	Greg Stoehr	0	0	197.5	197.5
	Open	75	First	Greg Stoehr	0	0	197.5	197.5
Push/Pull								
Female								
	Lifetime / Masters (45-49)	75	First	Michele Barth	77.5	50	120	247.5
Male								
	Teenage (18-19)	140	First	Jonathan Roesler	0	77.5	230	307.5
	Junior (20-23)	90	First	Kevin Carr	0	130	210	340
	Masters (45-49)	75	First	Greg Stoehr	0	80	197.5	277.5
	Lifetime / Masters (45-49)	75	First	Greg Stoehr	0	80	197.5	277.5
	Lifetime / Masters (55-59)	100	First	Barry Eisenman	0	82.5	145	227.5
	Lifetime / Masters (65-69)	82	First	David Parsons	0	115	172.75	287.75
	Open	90	First	Lauren Cohen	0	172.5	275	447.5
	Open	100	First	Bob Hunt	0	150	282.5	432.5
Powerlifting								
Female								
	Youth (10-11)	48	First	Sarah Hunt	72.5	32.5	82.5	187.5
	Junior (20-23)	60	First	Kellyanne McLaughlin	90	55	120	265
	Sub Masters (35-39)	56	First	Karen Cole	87.5	45	122.5	255
	Lifetime / Masters (45-49)	75	First	Michele Barth	77.5	50	120	247.5
	Open	48	First	Sarah Hunt	72.5	32.5	82.5	187.5
	Open	56	First	Karen Cole	87.5	45	122.5	255
Male								
	Teenage (12-13)	44	First	Peter Del Gallo	70	45	90	205

Teenage (16-17)	60	First	Ryan Onderdonk	0	65	0	65
Teenage (16-17)	67	First	Daniel Del Gallo	145	85	167.5	397.5
Teenage (16-17)	82	First	Luke Shea	77.5	65	140	282.5
Teenage (18-19)	90	First	Miguel Santana	175	110	197.5	482.5
Teenage (18-19)	100	First	Damien Velez	182.5	97.5	220	500
Teenage (18-19)	140	First	Jonathan Roesler	170	77.5	230 AR/WR	477.5
Junior (20-23)	140	First	Michael Glass	265	160	282.5	707.5
Sub Masters (35-39)	67	First	Stephen Hoff	132.5	92.5	175	400
Sub Masters (35-39)	90	First	Chad Winters	195	122.5	237.5	555
Sub Masters (35-39)	125	First	Dennis Wall	240	125	240	605
Masters (40-44)	75	First	Eddie Carroll	122.5	115	155	392.5
Masters (40-44)	90	First	Sam Pagan	220	172.5	232.5	625
Masters (45-49)	75	First	Luis Vega	162.5	110	187.5	460
Masters (45-49)	75	Second	Greg Stoehr	160	80	197.5	437.5
Masters (45-49)	90	First	Mike Tanis	147.5	112.5	185	445
Masters (50-54)	75	First	Bob Herbst	137.5	117.5	182.5	437.5
Masters (50-54)	82	First	Steve Bunker	137.5	92.5	172.5	402.5
Masters (60-64)	60	First	Richard Del Gallo	107.5 AR	87.5 AR	137.5 AR	332.5 AR
Masters (60-64)	100	First	Dave Mansfield	205	105	241	551
						245 DL 4th AR	
Masters (60-64)	125	First	Louis Minicucci	110	132.5	150	392.5
Lifetime / Masters (45-49)	75	First	Greg Stoehr	160	80	197.5	437.5
Lifetime / Masters (50-54)	75	First	Bob Herbst	137.5	117.5	182.5	437.5
Lifetime / Masters (50-54)	110	First	Dennis Brennick	165	137.5	182.5	485
Lifetime / Masters (60-64)	125	First	Ray Cross	125	137.5	162.5	425
Lifetime / Masters (65-69)	82	First	David Parsons	138 AR	115 AR	173 AR	426 AR
Lifetime / Masters (60-64)	100	First	Dave Mansfield	205	105	241	551
						245 DL 4th AR	
Open	75	First	Luis Vega	162.5	110	187.5	460
Open	75	Second	Greg Stoehr	160	80	197.5	437.5
Open	75	Third	Xiao Lin	147.5	90	190	427.5
Open	82	First	Frank Wu	205	130	285	620
Open	82	Second	Sheng Wang	205	152.5	250	607.5
Open	90	First	Lauren Cohen	235	172.5	275	682.5
Open	90	Second	Sam Pagan	220	172.5	232.5	625
Open	90	Third	Longfei Shentu	162.5	100	200	462.5
Open	100	First	Mark Mavilia	187.5	167.5	197.5	552.5
Open	140	First	Michael Glass	265	160	282.5	707.5
Open	140+	First	Justin Warren	332.5	210	325	867.5 AR

Team

First Place MIT Power
Second Place BIG IRON Powerlifting

Best Lifter Female Karen Cole
Best Lifter Male Justin Warren
Best Lifter Master Male Dave Mansfield

AR=American Record
WR= World Record