

OKLAHOMA

2008 AAU Middle & High School State POWERLIFTING / BENCH PRESS / CHAMPIONSHIPS WITH BROKEN ARROW OPEN POWER MEET & BENCH PRESS MEET



DATE: MAY 24, 2008

MEET SITE Broken Arrow Youth Sports
1005 South Main St. Hotel TBA
Broken Arrow Okla.
74012-5534

WEIGH-INS: FRIDAY, May 23rd- 6:30 TO 8:00 PM
SATURDAY, May 24th - 8:00 TO 9:30 AM
AAU Membership Cards Must Be Presented At Weigh-In. AAU Membership Cards Will Be Available At Meet or online at www.aausports.org
BRING COPY OF BIRTH CERTIFICATE TO THE WEIGH-IN IF YOU ARE ENTERED IN AN AGE GROUP DIVISION OR PLAN TO BREAK AGE RELATED RECORD

LIFTING BEGINS: SATURDAY – May 24th, 2008 10:00 AM

WEIGHT CLASSES MIDDLE SCHOOL & HIGH SCHOOL

MEN 66 77 88 97 105 114 123 132 148 165 181 198 220 242 275 308 308+
WOMEN 66 77 88 97 105 114 123 132 148 165 181 198 198+

WEIGHT CLASSES: MEN 114 123 132 148 165 181 198 220 242 275 308 308 +
WOMEN 97 105 114 123 132 148 165 181 198 198+

DIVISIONS: MEN POWERLIFTING – OPEN, JUNIOR (20-23), SUBMASTER (35-39), MASTER (40-UP)
WOMEN POWERLIFTING – OPEN, JUNIOR (20-23), SUBMASTER (35-39), MASTER (40-UP)
MEN BENCH PRESS - OPEN, JUNIOR (20-23), SUBMASTER (35-39), MASTER (40-UP)
WOMEN BENCH PRESS - OPEN, JUNIOR (20-23), SUBMASTER (35-39), MASTER (40-UP)
MIDDLE & HIGH SCHOOL AGES (12-13) (14-15) (16-17) (18-19)

ENTRY FEE: \$40.00 EACH DIVISION ENTRY DEADLINE: MAY 16, 2008 (postmarked) AFTER MAY 16TH \$15.00 LATE Fee.
\$40.00 TEAM ENTRY (INCLUDES 2 PASSES FOR COACHES)
ENTRY FEE MUST ACCOMPANY ENTRY BLANK.
SPECTATOR ADMISSION: Adults \$4.00 Students \$2.00

SEND ENTRY Danny Berry Make checks Payable Robert Berry

And
DRUG TESTING 1301 W. Inglewood St.
Broken Arrow OK. 74011
WAIVER 918-695-3823
TO:

AWARDS: 1ST – 3RD PLACE IN EACH WEIGHT CLASS / IN EACH DIVISION
OUTSTANDING SQUAT / BENCH / DEADLIFT / LIFTER FOR MEN AND WOMEN
1ST - 3RD TEAM TROPHY

CAMERAS NO VIDEO CAMERAS ALLOWED

QUESTIONS Meet Director: Danny Berry (Phone 918-695-3823) (E-Mail dberry48@windstream.net)

ENTRY FORM

OKLAHOMA

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MEET DATE MAY 24, 2008
ENTRY DEADLINE – MAY 16, 2008 (Postmarked)

ENTRY FEE \$40.00 each Division
LATE FEE ADD \$15.00 (AFTER MAY 16, 2008)

WEIGHT CLASS _____

DIVISIONS: MEN _____ WOMEN _____

POWERLIFTING _____ BENCH PRESS _____

AGE DIVISION (12-13) _____ (14-15) _____ (16-17) _____ (18-19) _____ JUNIORS (20-23) _____
SUBMASTERS (35-39) _____ MASTERS (40-UP) _____ OPEN _____

NAME _____ PHONE () _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ DATE OF BIRTH _____

REGISTERED AAU CLUB / SCHOOL _____ CLUB NUMBER _____ AAU CARD NUMBER _____ YEAR _____

ITEMS OF INTEREST _____
POWERLIFTING ACHIEVEMENTS _____

PREVIOUS PERSONAL SQUAT BENCH DEADLIFT TOTAL
BEST IN POUNDS: _____

I, _____ DO HEREBY RELEASE Danny Berry, and THE AAU FROM ANY RESPONSIBILITY FOR INJURIES SUFFERED BY ME PARTICIPATING IN OR TRAVELING TO OR FROM THE OKLAHOMA STATE 2008 AAU Middle & High School and Open POWERLIFTING / Bench Press / Championships.

LIFTER'S SIGNATURE _____ DATE _____

PARENT'S SIGNATURE _____ DATE _____
(If lifter is under 18 years of age)

**SEND ENTRIES
And
DRUG TESTING
WAIVER
TO:**

DANNY BERRY
1301 W. INGLEWOOD
BROKEN ARROW OKLA, 74011
PHONE 918 -695-3823

MAKE CHECKS PAYABLE TO: Robert Berry

Meet DVD's - \$29.95 /

BUY ALL YOUR SUITS, BELTS AND WRAPS FROM CRAIN.WS