



Virginia Powerlifting Association

Final Report of Events

Male Lifters

2003 Triple Crown Classic-Assisted

* Weights listed in kilograms

| Wt Cl | Name | State | Age | Weight | Category | Squat | 4th | Bench | 4th | Deadlift | 4th | Total Weight |
|-------|-------------------|-------|-----|--------|----------------------------|--------|-----|--------|-----|----------|-----|--------------|
| 114 | Anthony McCloskey | PA | 12 | 113 | Youth (12-13) | 112.50 | | 60.00 | | 150.00 | | 322.50 |
| 123 | Bernie Boggs | NC | 34 | 123 | Open | 67.50 | | 85.00 | | 115.00 | | 267.50 |
| 148 | Brad Hodgins | NC | 17 | 148 | Open | 185.00 | | 115.00 | | 200.00 | | 500.00 |
| 165 | Phillip Wells | NC | 26 | 162 | Open | 197.50 | | 137.50 | | 230.00 | | 565.00 |
| 198 | Thomas Trevorah | FL | 69 | 194 | Masters (65-69) | 60.00 | | 60.00 | | 65.00 | | 185.00 |
| 198 | Adham Ramses | MD | 35 | 193 | Sub Masters (35-39) | 190.00 | | 110.00 | | 227.50 | | 527.50 |
| 198 | Marcus Bowden | NC | 16 | 195 | Teenage (16-17) | 205.00 | | 102.50 | | 192.50 | | 500.00 |
| 220 | Roger Johnson | NC | 29 | 214 | Law/Fire/Military / Open | 247.50 | | 182.50 | | 257.50 | | 687.50 |
| 220 | Michael Baker | NC | 44 | 206 | Lifetime / Masters (40-44) | 190.00 | | 132.50 | | 215.00 | | 537.50 |
| 220 | Michael Baker | NC | 44 | 206 | Masters (40-44) | 190.00 | | 132.50 | | 215.00 | | 537.50 |
| 220 | Scott Bixler | MD | 50 | 211 | Masters (50-54) | 172.50 | | 135.00 | | 200.00 | | 507.50 |
| 220 | Dennis Allison | NC | 33 | 220 | Open | 245.00 | | 217.50 | | 277.50 | | 740.00 |
| 220 | Timothy King | NC | 47 | 214 | Open | 250.00 | | 182.50 | | 242.50 | | 675.00 |
| 220 | Ryan Kivett | NC | 16 | 0 | Teenage (16-17) | 0.00 | | 0.00 | | 0.00 | | 0.00 |
| 220 | Travis Dallam | MD | 18 | 220 | Teenage (18-19) | 237.50 | | 177.50 | | 227.50 | | 642.50 |
| 242 | Perry Wyrick | NC | 40 | 241 | Masters (40-44) | 165.00 | | 125.00 | | 200.00 | | 490.00 |
| 242 | Greg Ford | MD | 44 | 230 | Masters (40-44) | 175.00 | | 0.00 | | 0.00 | | 175.00 |
| 242 | Jeff Jobes | NC | 33 | 240 | Open | 282.50 | | 175.00 | | 255.00 | | 712.50 |
| 242 | Mark Lowe | NC | 28 | 229 | Open | 0.00 | | 0.00 | | 0.00 | | 0.00 |
| 275 | Gary Staley | NC | 25 | 251 | Open | 230.00 | | 165.00 | | 260.00 | | 655.00 |
| 319 | Robert Cox | NC | 35 | 300 | Open | 235.00 | | 187.50 | | 205.00 | | 627.50 |
| 319 | Buddy Mabe | NC | 29 | 315 | Open | 117.50 | | 92.50 | | 185.00 | | 395.00 |
| 319 | Ronnie Armstead | VA | 37 | 286 | Sub Masters (35-39) | 285.00 | | 0.00 | | 0.00 | | 285.00 |



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Final Report of Events

Male Lifters

2003 Triple Crown Classic-Raw

* Weights listed in kilograms

| Wt Cl | Name | State | Age | Weight | Category | Squat | 4th | Bench | 4th | Deadlift | 4th | Total Weight |
|-------|----------------------|-------|-----|--------|-------------------------------------|--------|-----|--------|--------|----------|-----|--------------|
| 132 | Eric Brown | VA | 15 | 131 | Teenage (14-15) | 80.00 | | 67.50 | | 115.00 | | 262.50 |
| 148 | Jake Carter | VA | 15 | 144 | Teenage (14-15) | 140.00 | | 92.50 | | 180.00 | | 412.50 |
| 165 | Peter Collins | MD | 10 | 158 | Kids (10-11) | 52.50 | | 35.00 | | 60.00 | | 147.50 |
| 165 | Steve Foster | VA | 49 | 165 | Lifetime / Masters (45-49) | 130.00 | | 80.00 | | 167.50 | | 377.50 |
| 165 | John Miller | VA | 71 | 158 | Lifetime / Masters (70-74) | 55.00 | | 60.00 | | 100.00 | | 215.00 |
| 165 | Ted Hoffman | VA | 42 | 164 | Masters (40-44) | 145.00 | | 100.00 | | 190.00 | | 435.00 |
| 165 | Steve Foster | VA | 49 | 165 | Masters (45-49) | 130.00 | | 80.00 | | 167.50 | | 377.50 |
| 165 | John Miller | VA | 71 | 158 | Masters (70-74) | 55.00 | | 60.00 | | 100.00 | | 215.00 |
| 165 | Joe Lineman | VA | 39 | 164 | Open | 175.00 | | 127.50 | | 250.00 | | 552.50 |
| 165 | Benjamin Tobin | NC | 52 | 164 | Open | 137.50 | | 92.50 | | 147.50 | | 377.50 |
| 165 | Joe Lineman | VA | 39 | 164 | Sub Masters (35-39) | 175.00 | | 127.50 | | 250.00 | | 552.50 |
| 165 | Chris Ballance | NC | 16 | 156 | Teenage (16-17) | 135.00 | | 97.50 | | 182.50 | | 415.00 |
| 181 | William Zariczny | RI | 20 | 176 | Junior (20-23) | 160.00 | | 102.50 | | 205.00 | | 467.50 |
| 181 | Phillip Orr | NC | 49 | 180 | Lifetime / Masters (45-49) | 112.50 | | 80.00 | | 210.00 | | 402.50 |
| 181 | Frank "Yogi" Sumner | NC | 53 | 179 | Lifetime / Masters (50-54) | 102.50 | | 122.50 | | 152.50 | | 377.50 |
| 181 | James Alston | VA | 51 | 178 | Masters (50-54) | 182.50 | | 122.50 | | 227.50 | | 532.50 |
| 181 | Frank "Yogi" Sumner | NC | 53 | 179 | Masters (50-54) | 102.50 | | 122.50 | | 152.50 | | 377.50 |
| 198 | Lou Prestipino | VA | 43 | 194 | Law/Fire/Military / Masters (40-44) | 182.50 | | 117.50 | | 205.00 | | 505.00 |
| 198 | Wallace Barnett, Jr. | VA | 61 | 194 | Lifetime / Masters (60-64) | 142.50 | | 125.00 | | 197.50 | | 465.00 |
| 198 | Lou Prestipino | VA | 43 | 194 | Masters (40-44) | 182.50 | | 117.50 | | 205.00 | | 505.00 |
| 198 | Miles Baker | VA | 48 | 196 | Masters (45-49) | 227.50 | | 150.00 | 152.50 | 252.50 | | 630.00 |
| 198 | Wallace Barnett, Jr. | VA | 61 | 194 | Masters (60-64) | 142.50 | | 125.00 | | 197.50 | | 465.00 |
| 198 | Reginald Tate | NC | 26 | 196 | Open | 167.50 | | 185.00 | | 227.50 | | 580.00 |
| 198 | Rodney Barnes | VA | 36 | 190 | Sub Masters (35-39) | 125.00 | | 137.50 | | 167.50 | | 430.00 |
| 198 | Elliott Presley | VA | 17 | 194 | Teenage (16-17) | 145.00 | | 90.00 | | 167.50 | | 402.50 |
| 220 | Timothy Brien | RI | 44 | 216 | Lifetime / Masters (40-44) | 260.00 | | 150.00 | | 260.00 | | 670.00 |
| 220 | Timothy Brien | RI | 44 | 216 | Masters (40-44) | 260.00 | | 150.00 | | 260.00 | | 670.00 |
| 220 | Robert Spiers | VA | 61 | 216 | Masters (60-64) | 125.00 | | 152.50 | 155.00 | 157.50 | | 435.00 |
| 220 | Russell McDonnell | PA | 33 | 220 | Open | 240.00 | | 172.50 | | 260.00 | | 672.50 |
| 220 | Tom Pete | CA | 40 | 216 | Open | 245.00 | | 167.50 | | 250.00 | | 662.50 |
| 242 | Brett Sweitzer | VA | 16 | 236 | Teenage (16-17) | 212.50 | | 142.50 | | 227.50 | | 582.50 |
| 275 | Dalee Thomas | VA | 48 | 268 | Lifetime / Masters (45-49) | 55.00 | | 125.00 | | 192.50 | | 372.50 |
| 275 | Rett Warren | MD | 32 | 0 | Lifetime / Open | 0.00 | | 0.00 | | 0.00 | | 0.00 |
| 275 | Thomas Dorsey | VA | 55 | 274 | Masters (55-59) | 142.50 | | 105.00 | | 207.50 | | 455.00 |
| 275 | Rett Warren | MD | 32 | 0 | Open | 0.00 | | 0.00 | | 0.00 | | 0.00 |
| 319 | Baron Dixon | VA | 37 | 284 | Sub Masters (35-39) | 285.00 | | 185.00 | | 273.50 | | 743.50 |