

BEST LIFTERS - ASSISTED NATIONALS

Open Female - Jill Meads

Master Female - Ellen Trevorah

Open Male - *Day One* - Chad Kerley

Master Male - *Day One* - Tom Trevorah

Open Male - *Day Two* - Mike Neal

Master Male - *Day Two* - Robert Strauss



AAU Powerlifting Association

Final Report of Events

Male Lifters

Assisted Nationals

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Casey Blake	NC	13	110	Youth (12-13)	70.00		37.50		100.00		207.50
132	Oliver Mueller	NC	12	132	Youth (12-13)	70.00		40.00		100.00		210.00
165	Chad Kerley	NC	29	163	Open	237.50		137.50		235.00		610.00
165	Ethan Morrow	NC	12	153	Youth (12-13)	82.50		45.00		105.00		232.50
165	Ethan Mitchell	NC	12	165	Youth (12-13)	52.50		37.50		80.00		170.00
181	David Parsons	FL	62	180	Lifetime / Masters (60-64)	137.50		120.00		147.50		405.00
181	Thomas Trevorah	FL	70	182	Lifetime / Masters (70-74)	137.50		115.00		182.50		435.00
181	Thomas Trevorah	FL	70	182	Masters (70-74)	137.50		115.00		182.50		435.00
198	Jacob Deaton	NC	13	191	Youth (12-13)	115.00		70.00		120.00		305.00
220	Nicholas Nickerson	NC	14	220	Teenage (14-15)	87.50		57.50		117.50		262.50
242	Jack Wright	VA	33	237	Open	200.00		150.00		210.00		560.00
275	Jeff Sandersen	VA	46	274	Masters (45-49)	215.00		165.00		205.00		585.00
275	Robert Strauss	NC	50	258	Masters (50-54)	215.00		175.00	177.50	212.50		602.50
275	Aaron Lawrence	MD	33		Open	0.00		0.00		0.00		0.00
308+	Michael Neal	NC	35	380	Open	380.00		282.50		285.00		947.50



Virginia Powerlifting Association

Final Report of Events

Female Lifters

Assisted Nationals

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
165	Jill Meads	VA	47	162	Lifetime / Masters (45-49)	150.00		67.50		140.00		357.50
165	Jill Meads	VA	47	162	Masters (45-49)	150.00		67.50		140.00		357.50
165	Jill Meads	VA	47	162	Open	150.00		67.50		140.00		357.50
181	Ellen Trevorah	FL	69	169	Lifetime / Masters (65-69)	90.00		60.00		110.00		260.00
181	Ellen Trevorah	FL	69	169	Masters (65-69)	90.00		60.00		110.00		260.00