

# **BEST LIFTERS - POLICE/FIRE NATIONALS**

**Raw Open Male - Brian Blackman**

**Assisted Master Male - John Mahoney**



# AAU Powerlifting Association

## Final Report of Events

### Male Lifters

#### Police/Fire Assisted Nationals

\* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
181	John Mahoney	VA	53	181	Law/Fire/ Masters (50-54)	190.00		75.00		215.00		480.00
181	Wilford Mouton	VA	39	176	Law/Fire/ Sub Masters (35-39)	207.50		140.00		232.50		580.00



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## Final Report of Events

### Male Lifters

#### Police/Fire Raw Nationals

\* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
165	Brian Blackman	VA	35	164	Law/Fire/ Open	120.00		122.50		172.50		415.00
165	Brian Blackman	VA	35	164	Law/Fire/ Sub Masters (35-39)	120.00		122.50		172.50		415.00