

Virginia Powerlifting Association

Final Report – 2006 AAU World Championships

Female Lifters

Full Power - Assisted

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Joanne Shear	MA	56	113	Masters (55-59)	242.51		104.72		286.60		633.82
114	Joanne Shear	MA	56	113	Open	242.51		104.72		286.60		633.82
114	Amanda Harris	TX	15	114	Teenage (14-15)	220.46		143.30		225.97	244.71	589.73
132	Sarah Biddle	IN	14	132	Teenage (14-15)	176.37		115.74		214.95		507.06
198	Abigail Biddle	IN	18	186	Law/Fire/ Open	220.46		137.79		270.06		628.31
198	Abigail Biddle	IN	18	186	Teenage (18-19)	220.46		137.79		270.06		628.31
198+	Hannah Biddle	IN	16	212	Teenage (16-17)	225.97		115.74		286.60		628.31

Full Power - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Rebecca Weaver	OH	18	114	Teenage (18-19)	181.88	192.90	93.70	94.80	281.09		556.66
123	Juliet Deane	NJ	26	122	Lifetime / Open	181.88		104.72	126.76	270.06		556.66
123	Julie Beasley	VA	30	122	Open	121.25		110.23		181.88		413.36
123	Anna Presutto	OH	15	123	Teenage (14-15)	187.39		99.21	100.31	231.48		518.08
123	Keri Cates	NC	18	119	Teenage (18-19)	187.39		126.76		205.03		519.18
132	Sarah Biddle	IN	14	132	Teenage (14-15)	176.37		115.74		214.95		507.06
132	Alyssa Howell	OH	15	132	Teenage (14-15)	143.30		93.70		203.93		440.92
148	Jean Gardella	RI	41	148	Masters (40-44)	270.06		225.97		319.67		815.70
165	Michelle Juanatas	CA	22	164	Junior (20-23)	292.11		110.23		308.64		710.98
165	Michelle Juanatas	CA	22	164	Lifetime / Open	292.11		110.23		308.64		710.98
165	Vondah Vanderhorst	KY	60	161	Masters (60-64)	181.88	198.41	77.16		214.95		473.99
165	Michelle Juanatas	CA	22	164	Open	292.11		110.23		308.64		710.98
181	Elizabeth Brown	NY	41	170	Lifetime / Masters (40-44)	231.48		121.25		292.11		644.85
181	Cheryl Clodfelter	NC	43	180	Masters (40-44)	253.53		143.30		314.16		710.98
181	Avis Henderson	VA	55	177	Masters (55-59)	154.32	165.35	143.30		275.58		573.20
181	Cheryl Clodfelter	NC	43	180	Open	253.53		143.30		314.16		710.98
181	Ivy Lange	DC	29	170	Open	203.93		104.72		270.06		578.71
198	Abigail Biddle	IN	18	186	Law/Fire/ Open	220.46		137.79		270.06		628.31
198	Abigail Biddle	IN	18	186	Teenage (18-19)	220.46		137.79		270.06		628.31
198	Florence Wilson	PA	12	195	Youth (12-13)	104.72		71.65		181.88		358.25
198+	Hannah Biddle	IN	16	212	Teenage (16-17)	225.97		115.74		286.60		628.31
198+	Shannon Lee	OH	18	242	Teenage (18-19)	325.18		132.28		264.55	286.60	722.01