

Virginia Powerlifting Association

Final Report of Events

Female Lifters

East Coast Bench Press - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
148	June Hunte	VA	43	146	Military/ Masters (40-44)	0.00		93.70		0.00		93.70
198+	Patricia McCauley	VA	39	206	Military/ Open	0.00		165.35	167.55	0.00		165.35
198+	Rhonda Harris	VA	41	214	Military/ Open	0.00		159.83		0.00		159.83
198+	Patricia McCauley	VA	39	206	Military/ Sub Masters (35-39)	0.00		165.35	167.55	0.00		165.35
198+	Patricia McCauley	VA	39	206	Sub Masters (35-39)	0.00		165.35	167.55	0.00		165.35

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Triple Crown Classic - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
123	Sarah Grubbs	VA	40	121	Masters (40-44)	170.86		115.74		220.46		507.06
123	Heidi Cutter	VA	26	120	Open	214.95		137.79		275.58		628.31
198+	Lucy Hawkins	VA	51	202	Military/ Masters (50-54)	77.16		121.25		220.46	236.99	418.87

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Virginia State Champ. - Raw

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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
123	Sarah Grubbs	VA	40	121	Masters (40-44)	170.86		115.74		220.46		507.06
123	Heidi Cutter	VA	26	120	Open	214.95		137.79		275.58		628.31
198+	Lucy Hawkins	VA	51	202	Military/ Open	77.16		121.25		220.46	236.99	418.87