

AAU Powerlifting Association

Final Report of Events

Male Lifters

East Coast Bench Press - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
088	Braden Griffin	WV	10	82	Kids (10-11)	0.00		82.67		0.00		82.67
114	Josh Grubbs	VA	15	114	Teenage (14-15)	0.00		154.32		0.00		154.32
132	Daryl Taylor	VA	31	130	Special - Open	0.00		49.60		0.00		49.60
148	Austin Compton	WV	9	136	Kids (8-9)	0.00		82.67	88.18	0.00		82.67
165	Shawn Katz	VA	32	164	Military/ Open	0.00		314.16		0.00		314.16
181	Anthony Kokell	NY	49	181	Masters (45-49)	0.00		259.04		0.00		259.04
181	James "Corky" Baggett	VA	52	170	Masters (50-54)	0.00		336.20		0.00		336.20
181	James "Corky" Baggett	VA	52	170	Open	0.00		336.20		0.00		336.20
181	Anthony Kokell	NY	49	181	Special Athlete Master (45-49)	0.00		259.04		0.00		259.04
181	Matthew Krinock	VA	16	170	Teenage (16-17)	0.00		281.09		0.00		281.09
198	Corey Dabney	VA	37	191	Military/ Sub Masters (35-39)	0.00		275.58		0.00		275.58
198	Corey Dabney	VA	37	191	Sub Masters (35-39)	0.00		275.58		0.00		275.58
220	Lamont Maith	MD	33	214	Open	0.00		391.32		0.00		391.32
220	Sean McGrath	NY	37	220	Special Athlete Submasters	0.00		308.64		0.00		308.64
220	Sean McGrath	NY	37	220	Sub Masters (35-39)	0.00		308.64		0.00		308.64
242	Louis Gray	VA	33	236	Military/ Open	0.00		418.87		0.00		418.87
242	Louis Gray	VA	33	236	Open	0.00		418.87		0.00		418.87
242	Nate Jamison	MD	37	228	Sub Masters (35-39)	0.00		314.16		0.00		314.16
275	Ronald Gunton	MD	75	271	Masters (75-79)	0.00		209.44		0.00		209.44

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Male Lifters

push / pull - raw

						* Weights listed in Pounds						
Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
242	Peter Curry	VA	33	235	Special - Open	0.00		115.74		220.46		336.20
308+	Lee Umphlett	VA	32	358	Special - Open	0.00		115.74		110.23	143.30	225.97

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Final Report of Events

Male Lifters

Triple Crown Classic - Assisted

*** Weights listed in Pounds**

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
148	Marcus Hughes	WV	11	137	Kids (10-11)	275.58		132.28		181.88		589.73
220	Michael Jones	MD	31	215	Lifetime / Open	650.36		440.92		600.75		1692.03
220	Michael Jones	MD	31	215	Open	650.36		440.92		600.75		1692.03
275	Jack Wright	VA	36	260	Lifetime / Open	457.45		374.78		501.55		1333.78
275	Montaque Miller	MD	41	247	Open	451.94		303.13		501.55		1256.62

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Male Lifters

Triple Crown Classic - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
088	Braden Griffin	WV	10	82	Kids (10-11)	132.28		82.67		165.35		380.29
114	Josh Grubbs	VA	15	114	Teenage (14-15)	242.51	253.53	154.32		347.22		744.05
132	Cody Jarrell	WV	12	126	Youth (12-13)	143.30		115.74		209.44		468.48
148	Austin Compton	WV	9	136	Kids (8-9)	132.28		82.67	88.18	165.35		380.29
148	Chad Muller	VA	16	144	Teenage (16-17)	225.97		165.35		314.16		705.47
165	Larry Eggleston	VA	60	150	Lifetime / Masters (60-64)	314.16		198.41	203.93	402.34		914.91
165	Larry Eggleston	VA	60	150	Masters (60-64)	314.16		198.41	203.93	402.34		914.91
165	Larry Eggleston	VA	60	150	Military/ Masters (60-64)	314.16		198.41	203.93	402.34		914.91
165	Ryan Boyle	VA	16	160	Teenage (16-17)	308.64		165.35		402.34		876.33
181	Edward (TJ) Woolfolk	VA	36	177	Special Athlete Submasters	115.74		110.23		143.30		369.27
181	Curtis Walton	VA	15	174	Teenage (14-15)	242.51		154.32		336.20		733.03
181	Josh Canty	VA	15	179	Teenage (14-15)	154.32		115.74		303.13		573.20
198	Marvin Chappell	VA	50	184	Lifetime / Masters (50-54)	396.83		259.04		374.78		1030.65
198	Marvin Chappell	VA	50	184	Lifetime / Open	396.83		259.04		374.78		1030.65
198	Thomas Grant	VA	44	196	Masters (40-44)	347.22		248.02		402.34		997.58
198	Rafael Curry	VA	37	185	Special - Open	77.16		110.23		143.30		330.69
220	Randy McMillan	NC	40	218	Lifetime / Masters (40-44)	429.90		281.09		473.99		1184.97
220	James Michael	NC	62	218	Lifetime / Masters (60-64)	286.60		242.51		352.74		881.84
220	Randy McMillan	NC	40	218	Masters (40-44)	429.90		281.09		473.99		1184.97
220	Anthony Blizman	VA	17	216	Teenage (16-17)	352.74		220.46		413.36		986.56
242	Nate Jamison	MD	37	228	Sub Masters (35-39)	385.81		314.16		479.50		1179.46
242	Joshua Long	VA	17	222	Teenage (16-17)	363.76		236.99		473.99		1074.74
242	Jay Green	VA	17	232	Teenage (16-17)	363.76		198.41		435.41		997.58
242	Taylor Eley	VA	18	222	Teenage (18-19)	424.39		248.02		501.55		1173.95

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Final Report of Events

Male Lifters

Virginia State Champ. - Raw

* Weights listed in Pounds

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Josh Grubbs	VA	15	114	Teenage (14-15)	242.51	253.53	154.32		347.22		744.05
198	Marvin Chappell	VA	50	184	Lifetime / Masters (50-54)	396.83		259.04		374.78		1030.65
198	Marvin Chappell	VA	50	184	Lifetime / Open	396.83		259.04		374.78		1030.65
242	Taylor Eley	VA	18	222	Teenage (18-19)	424.39		248.02		501.55		1173.95
308	Kerry Barnard	VA	35	284	Open	534.62		358.25		617.29		1510.15