AAU Powerlifting Association

Final Report of Events

Female Lifters

Push/pull-Assisted \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 165 April Mundt VA 38 155 ub Masters (35-39) 0.00 52.50 102.5 155.00

AAU Powerlifting Association

Final Report of Events

Female Lifters

Push/pull-Raw \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 198 Girlvester Thompson VA 36 192 pecial Olympian-Submaster 0.00 30.00 45.00 75.00

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Final Report of Events

Female Lifters

East Coast Bench-Raw \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 148 Laura Feeney PA 26 148 ifetime / Open 0.00 70.00 71.00 0.00 70.00

181 Avis Henderson VA 57 178 asters (55-59) 72.50 67.50 127.5 267.50

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Final Report of Events

Female Lifters

Military Nationals-Bench-Raw \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 088 Ashley Caldwell VA 11 85 ids (10-11) 0.00 17.50 0.00 17.50

123 Bridgette Perkins VA 47 118 ilitary/ Sub Masters (35-39) 0.00 52.50 0.00 52.50 148 Lena Selby MD 45 145 ilitary/ Open 0.00 37.50 0.00 37.50 148 Jeralyn MD 43 138 ilitary/ Open 0.00 35.00 0.00 35.00

165 Jennifer Johnson VA 47 162 ilitary/ Masters (45-49) 0.00 77.50 0.00 77.50

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Final Report of Events

Female Lifters

Military Nationals-Full-Raw \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 198 Lucy Hawkins VA 52 193 ilitary/ Masters (50-54) 45.00 62.50 110.0 117.5 217.50

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Final Report of Events

Female Lifters

Triple Crown-Raw \* Weights listed in kilograms

Wt Cl Name State Age Weight Catagory Squat 4th Bench 4th Deadli 4th Total 165 Katina James VA 35 165 ifetime / Open 92.50 95.00 52.50 55.00 117.5 262.50

165 Katina James VA 35 165 ifetime / Sub Masters (35-39) 92.50 95.00 52.50 55.00 117.5 262.50 181 Avis Henderson VA 57 178 asters (55-59) 72.50 67.50 127.5 267.50 198 Lucy Hawkins VA 52 193 ifetime / Masters (50-54) 45.00 62.50 110.0 117.5 217.50