



**Meet Name:** 2009 AAU Cornhusker State Games

**Location:** Lincoln Christian School Lincoln, NE

**Meet Date:** 18-Jul-09

**Director:** Howard Huffman

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Female Raw Powerlifting</b>												
097	Miranda Worden	12	Burwell, NE	Teen	40.00	88.00	32.50	71.50	65.00	143.25	137.50	303.00
114	Heather Geisbusch	39	Lincoln, NE	Open	60.00	132.25	42.50	93.50	72.50	159.75	175.00	385.75
123	Amanda Damratowsk	18	Dannebrag, NE	Teen	67.50	148.75	32.50	71.50	90.00	198.25	190.00	418.75
132	Rachel Wells	15	Cairo, NE	Teen	77.50	170.75	37.50	82.50	102.50	225.75	217.50	479.50
	Kim Favinger	43	Kearney, NE	Open	62.50	137.75	40.00	88.00	100.00	220.25	202.50	446.25
	Kim Favinger	43	Kearney, NE	Master	62.50	137.75	40.00	88.00	100.00	220.25	202.50	446.25
148	Emalee Barton	14	Elkhorn, NE	Teen	90.00	198.25	45.00	99.00	110.00	242.50	245.00	540.00
	Mariah Henninger	15	Gibbon, NE	Teen	70.00	154.25	50.00	110.00	95.00	209.25	215.00	473.75
165	Celeste Heinz	17	Cairo, NE	Teen	92.50	203.75	60.00	132.25	117.50	259.00	270.00	595.00
	Jamie Shockey	21	Lincoln, NE	Open	72.50	159.75	45.00	99.00	92.50	203.75	210.00	462.75
181	Marsha Busse	43	Lincoln, NE	Open	45.00	99.00	47.50	104.50	92.50	203.75	185.00	407.75
	Marsha Busse	43	Lincoln, NE	Master	45.00	99.00	47.50	104.50	92.50	203.75	185.00	407.75
<b>Female Equipped Powerlifting</b>												
132	Heidi Krueger	18	O'Dell, NE	Teen	72.50	159.75	32.50	71.50	97.50	214.75	202.50	446.25
148	Brittany Reed	15	O'Dell, NE	Teen	87.50	192.75	45.00	99.00	97.50	214.75	230.00	507.00
165	Shelby Steele	17	Burwell, NE	Teen	125.00	275.50	72.50	159.75	145.00	319.50	342.50	755.00
220	Katey Dodge	28	Lincoln, NE	Open	185.00	407.75	100.00	220.25	162.50	358.00	447.50	986.50



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Male</b>	<b>Raw</b>	<b>Powerlifting</b>										
123	Levi Meyer	17	Hallam, NE	Teen	107.50	236.75	92.50	203.75	152.50	336.00	352.50	777.00
	Terry Stangle (SO)	24	Hastings, NE	Open	50.00	110.00	47.50	104.50	85.00	187.25	182.50	402.25
132	Vencent Alvarado	16	LaVista, NE	Teen	157.50	347.00	117.50	259.00	165.00	363.75	440.00	970.00
148	Gabriel Penaherrera	14	Papillion, NE	Teen	142.50	314.00	102.50	225.75	155.00	341.50	400.00	881.75
	Cody McGhghy	18	Lincoln, NE	Teen	125.00	275.50	82.50	181.75	162.50	358.00	370.00	815.50
	Quinn Rochford	15	Omaha, NE	Teen	127.50	281.00	77.50	170.75	145.00	319.50	350.00	771.50
	Gary Walker	52	Kearney, NE	Master	115.00	253.50	90.00	198.25	160.00	352.50	365.00	804.50
165	Michael Heinz	19	Cairo, NE	Teen	175.00	385.75	127.50	281.00	205.00	451.75	507.50	1118.75
	Brandon Camacho	17	Lincoln, NE	Teen	175.00	385.75	95.00	209.25	225.00	496.00	495.00	1091.25
	Nick Pojar	18	Omaha, NE	Teen	140.00	308.50	97.50	214.75	180.00	396.75	417.50	920.25
	Chris Guziec	19	Omaha, NE	Teen	135.00	297.50	90.00	198.25	182.50	402.25	407.50	898.25
	Jonathan King	18	Omaha, NE	Teen	147.50	325.00	87.50	192.75	170.00	374.75	405.00	892.75
	Brandon Camacho	17	Lincoln, NE	Open	175.00	385.75	95.00	209.25	225.00	496.00	495.00	1091.25
	Matt Murphy	23	Lincoln, NE	Open	102.50	225.75	85.00	187.25	165.00	363.75	352.50	777.00
	Steve Bartlett	57	Omaha, NE	Master	107.50	236.75	67.50	148.75	115.00	253.50	290.00	639.25
181	Bryan McGhghy	14	Lincoln, NE	Teen	67.50	148.75	37.50	82.50	102.50	225.75	207.50	457.25
	Benjamin Stuart	17	Bridgeport, Ne	Teen	145.00	319.50	0.00	0.00	175.00	385.75	0.00	0.00
	Andrew Stewardson	28	Omaha, NE	Open	187.50	413.25	120.00	264.50	230.00	507.00	537.50	1184.75
	Jared Axmann	41	Kearney, NE	Master	157.50	347.00	122.50	270.00	155.00	341.50	435.00	959.00
	Tim Adams	43	Geneva, NE	Master	137.50	303.00	120.00	264.50	157.50	347.00	415.00	914.75
	Gerald Gemar	68	Omaha, NE	Master	140.00	308.50	65.00	143.25	160.00	352.50	365.00	804.50
	William Pilger	61	La Vista, NE	Master	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
198	Steven Molczyk	16	Papillion, NE	Teen	150.00	330.50	102.50	225.75	192.50	424.25	445.00	981.00
	Jonathan Naaf	21	Lincoln, NE	Open	207.50	457.25	125.00	275.50	260.00	573.00	592.50	1306.00
	James Busing	23	Lincoln, NE	Open	175.00	385.75	152.50	336.00	207.50	457.25	535.00	1179.25
	Ryan Kot	29	Lincoln, NE	Open	175.00	385.75	140.00	308.50	207.50	457.25	522.50	1151.75
	Daniel Storm	24	Omaha, NE	Open	170.00	374.75	105.00	231.25	212.50	468.25	487.50	1074.50
	Jim Vecchio	43	Omaha, NE	Master	0.00	0.00	172.50	380.25	215.00	473.75	0.00	0.00
220	Jack Hoage	19	Lincoln, NE	Teen	182.50	402.25	142.50	314.00	230.00	507.00	555.00	1223.50
	Alan Shiers	23	Kearney, NE	Open	175.00	385.75	130.00	286.50	227.50	501.50	532.50	1173.75
	Kevin Daily (SO)	40	Hastings, NE	Open	85.00	187.25	55.00	121.25	110.00	242.50	250.00	551.00
	Bob Bishop (SO)	38	Hastings, NE	Open	80.00	176.25	57.50	126.75	80.00	176.25	217.50	479.50
	David Bramble (SO)	29	Hastings, NE	Open	72.50	159.75	52.50	115.50	90.00	198.25	215.00	473.75
242	Ian Driscall	17	Broken Bow, NE	Teen	185.00	407.75	112.50	248.00	185.00	407.75	482.50	1063.50
	Sean O'Neill	18	Omaha, NE	Teen	177.50	391.25	95.00	209.25	192.50	424.25	465.00	1025.00
	Kyoung-Han Chu	19	Denton, ne	Open	240.00	529.00	137.50	303.00	215.00	473.75	592.50	1306.00
	Jason Bostock (SO)	36	Hastings, NE	Open	97.50	214.75	65.00	143.25	137.50	303.00	300.00	661.25
	Jeffrey Zindel	51	Omaha, NE	Master	162.50	358.00	82.50	181.75	162.50	358.00	407.50	898.25
275	Nick Lintel	21	Lincoln, NE	Open	205.00	451.75	145.00	319.50	242.50	534.50	592.50	1306.00
	Charles Schluckebier	24	Kearney, NE	Open	207.50	457.25	147.50	325.00	235.00	518.00	590.00	1300.50
	Kevin Molczyk	44	Papillion, NE	Open	177.50	391.25	142.50	314.00	235.00	518.00	555.00	1223.50
	Kevin Molczyk	44	Papillion, NE	Master	177.50	391.25	142.50	314.00	235.00	518.00	555.00	1223.50
308	Ronnie Cornelius	14	Pickrell, NE	Teen	137.50	303.00	95.00	209.25	192.50	424.25	425.00	936.75
	Mitch Bydalek	24	Columbus, NE	Open	210.00	462.75	137.50	303.00	227.50	501.50	575.00	1267.50
	Robert Carper (SO)	37	Hastings, NE	Open	90.00	198.25	82.50	181.75	130.00	286.50	302.50	666.75
	William Roche	40	Omaha, NE	Open	117.50	259.00	0.00	0.00	155.00	341.50	0.00	0.00
	William Roche	40	Omaha, NE	Master	117.50	259.00	0.00	0.00	155.00	341.50	0.00	0.00
SH	Daniel Bunch	45	La Vista, NE	Open	0.00	0.00	142.50	314.00	205.00	451.75	0.00	0.00



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
SH	Daniel Bunch	45	La Vista, NE	Master	0.00	0.00	142.50	314.00	205.00	451.75	0.00	0.00
<b>Male Equipped Powerlifting</b>												
165	Zach Henson	16	Omaha, NE	Teen	192.50	424.25	122.50	270.00	215.00	473.75	530.00	1168.25
	Devin Mueller	20	Lincoln, NE	Open	160.00	352.50	125.00	275.50	170.00	374.75	455.00	1003.00
181	David Szymanski	19	Omaha, NE	Teen	227.50	501.50	142.50	314.00	255.00	562.00	625.00	1377.75
	Danny Thurman	41	Papillion, NE	Open	182.50	402.25	0.00	0.00	0.00	0.00	0.00	0.00
198	Marvin Cifuentes	20	Omaha, NE	Open	180.00	396.75	130.00	286.50	182.50	402.25	492.50	1085.75
220	Kenneth Ruben	27	Lincoln, NE	Open	322.50	710.75	237.50	523.50	290.00	639.25	850.00	1873.75
242	Gregg Rhoades	46	Plattsmouth, NE	Master	217.50	479.50	180.00	396.75	195.00	429.75	592.50	1306.00
275	Logan Burke	16	Kearney, NE	Teen	120.00	264.50	95.00	209.25	180.00	396.75	395.00	870.75
	Logan Burke	16	Kearney, NE	Open	120.00	264.50	95.00	209.25	180.00	396.75	395.00	870.75
<b>Female Raw Bench Only</b>												
097	Miranda Worden	12	Burwell, NE	Teen	--	-	32.50	71.50	--	-	32.50	71.50
114	Heather Geisbusch	39	Lincoln, NE	Open	--	-	42.50	93.50	--	-	42.50	93.50
132	Rachel Wells	15	Cairo, NE	Teen	--	-	37.50	82.50	--	-	37.50	82.50
	Kim Favinger	43	Kearney, NE	Open	--	-	40.00	88.00	--	-	40.00	88.00
	Kim Favinger	43	Kearney, NE	Master	--	-	40.00	88.00	--	-	40.00	88.00
148	Mariah Henninger	15	Gibbon, NE	Teen	--	-	50.00	110.00	--	-	50.00	110.00
	Emalee Barton	14	Elkhorn, NE	Teen	--	-	45.00	99.00	--	-	45.00	99.00
165	Celeste Heinz	17	Cairo, NE	Teen	--	-	60.00	132.25	--	-	60.00	132.25
181	Marsha Busse	43	Lincoln, NE	Open	--	-	47.50	104.50	--	-	47.50	104.50
	Marsha Busse	43	Lincoln, NE	Master	--	-	47.50	104.50	--	-	47.50	104.50
<b>Female Equipped Bench Only</b>												
165	Shelby Steele	17	Burwell, NE	Teen	--	-	72.50	159.75	--	-	72.50	159.75



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
<b>Male Raw Bench Only</b>												
123	Levi Meyer	17	Hallam, NE	Teen	--	-	92.50	203.75	--	-	92.50	203.75
148	Gabriel Penaherrera	14	Papillion, NE	Teen	--	-	102.50	225.75	--	-	102.50	225.75
	Cody McGhghy	18	Lincoln, NE	Teen	--	-	82.50	181.75	--	-	82.50	181.75
	Andrew Busing	25	Omaha, NE	Open	--	-	122.50	270.00	--	-	122.50	270.00
165	Michael Heinz	19	Cairo, NE	Teen	--	-	127.50	281.00	--	-	127.50	281.00
	Brandon Camacho	17	Lincoln, NE	Teen	--	-	95.00	209.25	--	-	95.00	209.25
	Christopher Weber	34	Lincoln, NE	Open	--	-	115.00	253.50	--	-	115.00	253.50
	Scott Marshall	56	Lincoln, NE	Open	--	-	105.00	231.25	--	-	105.00	231.25
	Brandon Camacho	17	Lincoln, NE	Open	--	-	95.00	209.25	--	-	95.00	209.25
	Scott Marshall	56	Lincoln, NE	Master	--	-	105.00	231.25	--	-	105.00	231.25
181	Russell Hurkman	18	Falls City, NE	Teen	--	-	147.50	325.00	--	-	147.50	325.00
	Jordan Becker	16	Bellevue, NE	Teen	--	-	117.50	259.00	--	-	117.50	259.00
	Bryan McGhghy	14	Lincoln, NE	Teen	--	-	37.50	82.50	--	-	37.50	82.50
	Russel Mavis	27	Milford, NE	Open	--	-	145.00	319.50	--	-	145.00	319.50
	Jared Axmann	41	Kearney, NE	Master	--	-	122.50	270.00	--	-	122.50	270.00
198	James Busing	23	Lincoln, NE	Open	--	-	152.50	336.00	--	-	152.50	336.00
	Ryan Kot	29	Lincoln, NE	Open	--	-	140.00	308.50	--	-	140.00	308.50
	Jim Vecchio	43	Omaha, NE	Master	--	-	172.50	380.25	--	-	172.50	380.25
220	Dwayne Spomer	30	Lincoln, NE	Open	--	-	185.00	407.75	--	-	185.00	407.75
	Alan Shiers	23	Kearney, NE	Open	--	-	130.00	286.50	--	-	130.00	286.50
	Greg Teichmeier	48	Lincoln, NE	Master	--	-	162.50	358.00	--	-	162.50	358.00
	John Probasco	47	Scribner, NE	Master	--	-	160.00	352.50	--	-	160.00	352.50
242	Lance Grush	39	Omaha, NE	Open	--	-	187.50	413.25	--	-	187.50	413.25
	Shane Peterson	40	Omaha, NE	Open	--	-	177.50	391.25	--	-	177.50	391.25
	Lee Dreyer	32	Lincoln, NE	Open	--	-	165.00	363.75	--	-	165.00	363.75
	Bryan Benzel	22	Lincoln, NE	Open	--	-	147.50	325.00	--	-	147.50	325.00
	Shane Peterson	40	Omaha, NE	Master	--	-	177.50	391.25	--	-	177.50	391.25
275	Edward Horwitz	46	Omaha, NE	Open	--	-	155.00	341.50	--	-	155.00	341.50
	Edward Horwitz	46	Omaha, NE	Master	--	-	155.00	341.50	--	-	155.00	341.50
308	Ronnie Cornelius	14	Pickrell, NE	Teen	--	-	95.00	209.25	--	-	95.00	209.25
SH	Todd Jensen	40	Omaha, NE	Master	--	-	182.50	402.25	--	-	182.50	402.25
<b>Male Equipped Bench Only</b>												
165	Devin Mueller	20	Lincoln, NE	Open	--	-	125.00	275.50	--	-	125.00	275.50
198	David Geistlinger	30	Lincoln, NE	Open	--	-	220.00	485.00	--	-	220.00	485.00
	Patrick Haddix	31	Kearney, NE	Open	--	-	170.00	374.75	--	-	170.00	374.75
	Marvin (Gene) Main	43	Lincoln, NE	Master	--	-	152.50	336.00	--	-	152.50	336.00
220	Tim Anderson	36	Lyons, NE	Open	--	-	287.50	633.75	--	-	287.50	633.75
242	Gregg Rhoades	46	Plattsmouth, NE	Master	--	-	180.00	396.75	--	-	180.00	396.75
275	Logan Burke	16	Kearney, NE	Teen	--	-	95.00	209.25	--	-	95.00	209.25
	Cody Struss	29	Kearney, NE	Open	--	-	185.00	407.75	--	-	185.00	407.75
	Logan Burke	16	Kearney, NE	Open	--	-	95.00	209.25	--	-	95.00	209.25
	Edward Horwitz	46	Omaha, NE	Master	--	-	147.50	325.00	--	-	147.50	325.00
<b>Female Raw Push Pull</b>												
097	Miranda Worden	12	Burwell, NE	Teen	--	-	32.50	71.50	65.00	143.25	97.50	214.75
114	Heather Geisbusch	39	Lincoln, NE	Open	--	-	42.50	93.50	72.50	159.75	115.00	253.50
123	Amanda Damratowsk	18	Dannebrag, NE	Teen	--	-	32.50	71.50	90.00	198.25	122.50	270.00



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
132	Rachel Wells	15	Cairo, NE	Teen	--	-	37.50	82.50	102.50	225.75	140.00	308.50
	Kim Favinger	43	Kearney, NE	Open	--	-	40.00	88.00	100.00	220.25	140.00	308.50
	Kim Favinger	43	Kearney, NE	Master	--	-	40.00	88.00	100.00	220.25	140.00	308.50
148	Emalee Barton	14	Elkhorn, NE	Teen	--	-	45.00	99.00	110.00	242.50	155.00	341.50
	Mariah Henninger	15	Gibbon, NE	Teen	--	-	50.00	110.00	95.00	209.25	145.00	319.50
181	Marsha Busse	43	Lincoln, NE	Open	--	-	47.50	104.50	92.50	203.75	140.00	308.50
	Marsha Busse	43	Lincoln, NE	Master	--	-	47.50	104.50	92.50	203.75	140.00	308.50
<b>Female Equipped Push Pull</b>												
148	Brittany Reed	15	O'Dell, NE	Teen	--	-	45.00	99.00	97.50	214.75	142.50	314.00
165	Shelby Steele	17	Burwell, NE	Teen	--	-	72.50	159.75	145.00	319.50	217.50	479.50
<b>Male Raw Push Pull</b>												
123	Levi Meyer	17	Hallam, NE	Teen	--	-	92.50	203.75	152.50	336.00	245.00	540.00
132	Vencent Alvarado	16	LaVista, NE	Teen	--	-	117.50	259.00	165.00	363.75	282.50	622.75
148	Cody McGhghy	18	Lincoln, NE	Teen	--	-	82.50	181.75	162.50	358.00	245.00	540.00
	Andrew Busing	25	Omaha, NE	Open	--	-	122.50	270.00	197.50	435.25	320.00	705.25
	Gary Walker	52	Kearney, NE	Master	--	-	90.00	198.25	160.00	352.50	250.00	551.00
165	Michael Heinz	19	Cairo, NE	Teen	--	-	127.50	281.00	205.00	451.75	332.50	733.00
	Brandon Camacho	17	Lincoln, NE	Teen	--	-	95.00	209.25	225.00	496.00	320.00	705.25
	Brandon Camacho	17	Lincoln, NE	Open	--	-	95.00	209.25	225.00	496.00	320.00	705.25
181	Bryan McGhghy	14	Lincoln, NE	Teen	--	-	37.50	82.50	102.50	225.75	140.00	308.50
	Gerald Gemar	68	Omaha, NE	Master	--	-	65.00	143.25	160.00	352.50	225.00	496.00
	William Pilger	61	La Vista, NE	Master	--	-	0.00	0.00	0.00	0.00	0.00	0.00
198	Steven Molczyk	16	Papillion, NE	Teen	--	-	102.50	225.75	192.50	424.25	295.00	650.25
	James Busing	23	Lincoln, NE	Open	--	-	152.50	336.00	207.50	457.25	360.00	793.50
	Ryan Kot	29	Lincoln, NE	Open	--	-	140.00	308.50	207.50	457.25	347.50	766.00
	David Barton	25	Omaha, NE	Open	--	-	87.50	192.75	177.50	391.25	265.00	584.00
	Ben Lahowetz (SO)	25	Minden, NE	Open	--	-	57.50	126.75	105.00	231.25	162.50	358.00
	Jim Vecchio	43	Omaha, NE	Master	--	-	172.50	380.25	215.00	473.75	387.50	854.25
220	Alan Shiers	23	Kearney, NE	Open	--	-	130.00	286.50	227.50	501.50	357.50	788.00
242	Sean O'Neill	18	Omaha, NE	Teen	--	-	95.00	209.25	192.50	424.25	287.50	633.75
	Bryan Benzel	22	Lincoln, NE	Open	--	-	147.50	325.00	240.00	529.00	387.50	854.25
275	Jason Mattison	32	Lincoln, NE	Open	--	-	200.00	440.75	227.50	501.50	427.50	942.25
	Kevin Molczyk	44	Papillion, NE	Open	--	-	142.50	314.00	235.00	518.00	377.50	832.00
	Kevin Molczyk	44	Papillion, NE	Master	--	-	142.50	314.00	235.00	518.00	377.50	832.00
308	Ronnie Cornelius	14	Pickrell, NE	Teen	--	-	95.00	209.25	192.50	424.25	287.50	633.75
	William Roche	40	Omaha, NE	Open	--	-	0.00	0.00	155.00	341.50	0.00	0.00
	Douglas McKeown	40	Lincoln, NE	Master	--	-	195.00	429.75	207.50	457.25	402.50	887.25
	William Roche	40	Omaha, NE	Master	--	-	0.00	0.00	155.00	341.50	0.00	0.00
SH	Daniel Bunch	45	La Vista, NE	Open	--	-	142.50	314.00	205.00	451.75	347.50	766.00
	Brian Bader (SO)	29	Hastings, NE	Open	--	-	52.50	115.50	107.50	236.75	160.00	352.50
	Todd Jensen	40	Omaha, NE	Master	--	-	182.50	402.25	170.00	374.75	352.50	777.00
	Daniel Bunch	45	La Vista, NE	Master	--	-	142.50	314.00	205.00	451.75	347.50	766.00
<b>Male Equipped Push Pull</b>												
165	Devin Mueller	20	Lincoln, NE	Open	--	-	125.00	275.50	170.00	374.75	295.00	650.25
198	Patrick Haddix	31	Kearney, NE	Open	--	-	170.00	374.75	237.50	523.50	407.50	898.25
275	Logan Burke	16	Kearney, NE	Teen	--	-	95.00	209.25	180.00	396.75	275.00	606.25
	Logan Burke	16	Kearney, NE	Open	--	-	95.00	209.25	180.00	396.75	275.00	606.25