



AAU Powerlifting Association

Final Report of Events

Female Lifters

11/28/2009

Bench Press-Raw

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Regina Moore	VA	43	113	Masters 40-44	110.00	112.50	70.00		125.00		305.00
123	Eliane Ulguim	Brazil	32	116	Open	0.00		30.00		0.00		30.00
165	Jean Gardella	RI	44	157	Masters 40-44	120.00		95.00		137.50		352.50
165	Jean Gardella	RI	44	157	Open	120.00		95.00		137.50		352.50



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Deadlift - Raw

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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
148	Silvania Kuciak	Brazil	42	136	Open	0.00		0.00		75.00		75.00



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Female Lifters

11/28/2009

Full Power - Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
088	Alexandria Dodds	FL	9	78	Youth 8-9	32.50		27.50		47.50		107.50
132	Lauren Pardue	NC	39	132	Open	55.00		45.00		87.50		187.50
132	Lauren Pardue	NC	39	132	Sub-masters 35-39	55.00		45.00		87.50		187.50
181	Barbara Helton	OK	15	179	Teenage 14-15	120.00	125.00	70.00		142.50	150.00	332.50



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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Regina Moore	VA	43	113	Masters 40-44	110.00	112.50	70.00		125.00		305.00
165	Jean Gardella	RI	44	157	Masters 40-44	120.00		95.00		137.50		352.50
165	Jean Gardella	RI	44	157	Open	120.00		95.00		137.50		352.50
198	Kavelle Martin	VA	29	192	Special Athlete 22 and up	30.00		25.00		80.00		135.00
220+	Irene Owens	NC	48	232	Masters 45-49	90.00		55.00		137.50		282.50



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Female Lifters

11/28/2009

Push-Pull-Raw

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
114	Regina Moore	VA	43	113	Masters 40-44	110.00	112.50	70.00		125.00		305.00



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Bench Press-Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman (Bench)		11	0	Youth 10-11	0.00		31.00		0.00		31.00
132	Garrick Horton	OH	19	129	Open	0.00		122.50		0.00		122.50
132	Jacob Sundry	FL	14	131	Teenage 14-15	140.00		83.00		147.50		370.50
132	Garrick Horton	OH	19	129	Teenage 18-19	0.00		122.50		0.00		122.50
181	Shawn Katz	MD	35	179	Law/Fire/Military Open	0.00		175.00		0.00		175.00
181	Shawn Katz	MD	35	179	Law/Fire/Military Submasters 35-39	0.00		175.00		0.00		175.00
181	Shawn Katz	MD	35	179	Open	0.00		175.00		0.00		175.00
181	Shawn Katz	MD	35	179	Sub-masters 35-39	0.00		175.00		0.00		175.00
198	Richard Cash	VA	46	194	Masters 45-49	0.00		172.50		0.00		172.50
198	Richard Cash	VA	46	194	Open	0.00		172.50		0.00		172.50
220	Steve Durham	NC	54	212	Lifetime Masters 50-54	0.00		182.50		0.00		182.50
220	Charles Green	TN	70	216	Lifetime Masters 70-74	0.00		142.50		0.00		142.50
220	Steve Durham	NC	54	212	Masters 50-54	0.00		182.50		0.00		182.50
220	Michael Jones	MD	33	213	Open	300.00		205.00		280.00		785.00
242	William Thacker	GA	37	222	Law/Fire/Military Submasters 35-39	0.00		212.50	215.00	0.00		212.50
242	Stephen Schwarzer	FL	62	224	Lifetime Masters 60-64	0.00		175.00		0.00		175.00
242	Stephen Schwarzer	FL	62	224	Masters 60-64	0.00		175.00		0.00		175.00
242	William Thacker	GA	37	222	Sub-masters 35-39	0.00		212.50	215.00	0.00		212.50
275	Dave VanBrocklin	GA	61	267	Masters 60-64	0.00		115.00		0.00		115.00
308	Whitey Green	SC	55	292	Law/Fire/Military Masters 55-59	0.00		0.00		0.00		0.00
308	Whitey Green	SC	55	292	Lifetime Masters 55-59	0.00		0.00		0.00		0.00
308	Whitey Green	SC	55	292	Masters 55-59	0.00		0.00		0.00		0.00



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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman (Bench)		11	0	Youth 10-11	0.00		31.00		0.00		31.00
097	Ryan Greer	TN	11	90	Youth 10-11	0.00		50.00	51.00	92.50		142.50
123	Ian Greer	TN	13	116	Teenage 12-13	0.00		50.00		0.00		50.00
132	Garrick Horton	OH	19	129	Open	0.00		122.50		0.00		122.50
132	Ben Henson	MA	15	129	Teenage 14-15	97.50		82.50		145.00		325.00
132	Justin Harper	SC	17	129	Teenage 16-17	102.50		97.50		160.00		360.00
132	Garrick Horton	OH	19	129	Teenage 18-19	0.00		122.50		0.00		122.50
148	Eric Knight	SC	35	147	Sub-masters 35-39	0.00		137.50		0.00		137.50
148	Cory Brossart	FL	16	140	Teenage 16-17	0.00		62.50		160.00		222.50
165	Tom Newnam	NC	65	160	Masters 65-69	0.00		132.50		0.00		132.50
181	Bradford Bannerman	NC	42	177	Law/Fire/Military Open	0.00		158.50		0.00		158.50
181	Flavio Danna	brazil	40	178	Law/Fire/Military Open	0.00		110.00		0.00		110.00
181	Carlos Artur DaRosa	Brazil	42	173	Masters 40-44	0.00		130.00		260.00		390.00
181	Daniel Henson	MA	45	176	Masters 45-49	140.00		165.00		140.00		445.00
181	Tony Kokell	NY	51	172	Masters 50-54	0.00		120.00		0.00		120.00
181	Michael Hague	GA	24	174	Open	0.00		157.50		165.00		322.50
181	Tony Kokell	NY	51	172	Open	0.00		120.00		0.00		120.00
242	Roger Ernst	VA	65	225	Lifetime Masters 65-69	0.00		137.50		0.00		137.50
242	Sean McGrath	NY	40	229	Masters 40-44	0.00		145.00		0.00		145.00
242	Thomas Dietz	NY	44	229	Masters 40-44	0.00		70.00		0.00		70.00
242	Roger Ernst	VA	65	225	Masters 65-69	0.00		137.50		0.00		137.50
242	Sean McGrath	NY	40	229	Open	0.00		145.00		0.00		145.00
242	Thomas Dietz	NY	44	229	Open	0.00		70.00		0.00		70.00
275	Bob Feeney	PA	57	265	Lifetime Masters 55-59	0.00		140.00		0.00		140.00
275	Bob Feeney	PA	57	265	Masters 55-59	0.00		140.00		0.00		140.00
275	Dennis Wall	MA	37	260	Sub-masters 35-39	187.50		110.00		197.50		495.00



AAU Powerlifting Association

Final Report of Events

Male Lifters

11/28/2009

Deadlift - Raw

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman	FL	11	75	Youth 10-11	57.50		31.00		88.00		176.50
097	Ryan Greer	TN	11	90	Youth 10-11	0.00		50.00	51.00	92.50		142.50
114	Cole Sunday	FL	12	107	Teenage 12-13	0.00		0.00		82.50		82.50
148	Cory Brossart	FL	16	140	Teenage 16-17	0.00		62.50		160.00		222.50
165	Brewster Righter	NY	74	162	Masters 70-74	0.00		0.00		157.50		157.50
181	Kevin McCarragher	SC	51	178	Masters 50-54	0.00		0.00		217.50		217.50
275	Dennis Wall	MA	37	260	Sub-masters 35-39	187.50		110.00		197.50		495.00



AAU Powerlifting Association

Final Report of Events

Male Lifters

11/28/2009

Deadlift-Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman	FL	11	75	Youth 10-11	57.50		31.00		88.00		176.50
132	Jacob Sunde	FL	14	131	Teenage 14-15	140.00		83.00		147.50		370.50
148	Jim Warner	OH	54	148	Lifetime Masters 50-54	205.00		62.50		236.00		503.50
148	Jim Warner	OH	54	148	Masters 50-54	205.00		62.50		236.00		503.50
181	Bob Walker	NC	50	179	Masters 50-54	0.00		0.00		252.50		252.50
220	Michael Bennett	MD	48	219	Masters 45-49	0.00		185.00		310.00	317.50	495.00
220	Michael Jones	MD	33	213	Open	300.00		205.00		280.00		785.00
220	Michael Bennett	MD	48	219	Open	0.00		185.00		310.00	317.50	495.00
242	Brian Self	VA	39	240	Open	332.50		0.00		272.50		605.00
242	Brian Self	VA	39	240	Sub-masters 35-39	332.50		0.00		272.50		605.00
275	Dan Driscoll	MA	44	251	Masters 40-44	0.00		0.00		0.00		0.00
308+	Dean Nichols	SC	47	321	Masters 45-49	0.00		0.00		320.00		320.00



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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman	FL	11	75	Youth 10-11	57.50		31.00		88.00		176.50
132	Jacob Sunde	FL	14	131	Teenage 14-15	140.00		83.00		147.50		370.50
132	Benjamin Etringer	NC	17	131	Teenage 16-17	137.50		100.00		170.00		407.50
148	Jim Warner	OH	54	148	Lifetime Masters 50-54	205.00		62.50		236.00		503.50
148	Larry Eggleston	VA	63	147	Lifetime Masters 60-64	137.50	145.50	82.50		167.50		387.50
148	Jim Warner	OH	54	148	Masters 50-54	205.00		62.50		236.00		503.50
220	Gregg Stang	VA	48	212	Law/Fire/Military Masters 45-49	197.50		182.50		227.50		607.50
220	Agustin Reza	NC	41	212	Masters 40-44	305.00		227.50		240.00		772.50
220	Gregg Stang	VA	48	212	Masters 45-49	197.50		182.50		227.50		607.50
220	Dave Mansfield	Ma	63	210	Masters 60-64	247.50		132.50		257.50	260.00	637.50
220	Michael Jones	MD	33	213	Open	300.00		205.00		280.00		785.00
220	Tyler Scott	TN	17	220	Teenage 16-17	205.00		152.50		202.50		560.00
242	Thomas Arrington	NC	70	238	Lifetime Masters 70-74	220.00		130.00	137.50	217.50		567.50
242	Brian Self	VA	39	240	Open	332.50		0.00		272.50		605.00
242	Brian Self	VA	39	240	Sub-masters 35-39	332.50		0.00		272.50		605.00
275	Robert Bolster	FL	63	244	Lifetime Masters 60-64	165.00		105.00		185.00	187.50	455.00
275	Paul Wrenn	TN	62	272	Masters 60-64	232.50		115.00		232.50		580.00
275	Robert Bolster	FL	63	244	Masters 60-64	165.00		105.00		185.00	187.50	455.00
308+(Jordan Scott	TN	14	336	Teenage 14-15	165.00	175.00	140.00		175.00		480.00



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11/28/2009

Full Power - Raw

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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
077	Evan Pittman	FL	11	75	Youth 10-11	57.50		31.00		88.00		176.50
114	Sam Fowler	FL	12	108	Teenage 12-13	47.50		42.50		82.50		172.50
123	Devin Rodgers	SC	16	120	Teenage 16-17	100.00		70.00		120.00		290.00
132	Steve Smith	FL	76	128	Masters 75-79	62.50	64.00	78.00		116.00		256.50
132	Ben Henson	MA	15	129	Teenage 14-15	97.50		82.50		145.00		325.00
132	Jameson Kelly	VA	15	124	Teenage 14-15	65.00		50.00		120.00		235.00
132	Justin Harper	SC	17	129	Teenage 16-17	102.50		97.50		160.00		360.00
148	Larry Eggleston	VA	63	147	Lifetime Masters 60-64	137.50	145.50	82.50		167.50		387.50
165	William Falla	MA	72	162	Lifetime Masters 70-74	80.00		77.50		115.50		273.00
165	Luis Vega	Ma	48	162	Masters 45-49	155.00		110.00		190.00		455.00
165	William Falla	MA	72	162	Masters 70-74	80.00		77.50		115.50		273.00
165	Kenneth Lamonea	VA	38	155	Special Athlete 22 and up	102.50		77.50		125.00		305.00
181	Daniel Henson	MA	45	176	Masters 45-49	140.00		165.00		140.00		445.00
181	Travis Pardue	NC	38	180	Open	182.50		137.50		240.00		560.00
181	Michael Hague	GA	24	174	Open	0.00		157.50		165.00		322.50
181	Edward "TJ" Woolfolk	VA	38	178	Special Athlete 22 and up	80.00		45.00		100.00		225.00
198	Michael Brady	NC	49	190	Lifetime Masters 55-59	192.50		132.50		227.50		552.50
198	James Tracey	MA	46	195	Masters 45-49	177.50		120.00		227.50		525.00
198	Julio Cesar Bertiletti	Brazil	53	198	Masters 50-54	122.50		100.00		180.00		402.50
198	Thomas Bayer	PA	64	194	Masters 60-64	217.50		100.00		242.50		560.00
198	Julio Cesar Bertiletti	Brazil	53	198	Open	122.50		100.00		180.00		402.50
198	Vilibaldo Desbesel	Brazil	32	198	Open	100.00		75.00		190.00		365.00
220	James Michael	NC	65	212	Masters 65-69	125.00		100.00		150.00		375.00
220	Ernie Fleischer	SC	73	202	Masters 70-74	160.00		113.00		185.00		458.00
242	Jim Brown	NC	47	233	Masters 45-49	240.00		160.00		250.00		650.00
242	Chris Whitt	SC	46	238	Masters 45-49	62.50		170.00		62.50		295.00
242	Shae Goff	TN	16	226	Teenage 16-17	127.50		80.00		122.50		330.00
275	Doug Mignot	PA	43	268	Law/Fire/Military Masters 40-44	265.00		187.50		252.50		705.00
275	Doug Mignot	PA	43	268	Law/Fire/Military Open	265.00		187.50		252.50		705.00
275	Doug Mignot	PA	43	268	Masters 40-44	265.00		187.50		252.50		705.00
275	Randy McMillan	NC	42	258	Masters 40-44	257.50		140.00		230.00		627.50
275	Randy McMillan	NC	42	258	Open	257.50		140.00		230.00		627.50
275	Peter Curry	VA	37	260	Special Athlete 22 and up	92.50		80.00		160.00		332.50
275	Dennis Wall	MA	37	260	Sub-masters 35-39	187.50		110.00		197.50		495.00
308	J. C. Miller	FL	30	296	Open	227.50		197.50		260.00		685.00
308+(Richard DeLeon	MA	41	367	Masters 40-44	287.50		195.00		262.50		745.00
308+(Richard DeLeon	MA	41	367	Open	287.50		195.00		262.50		745.00



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Final Report of Events

Male Lifters

11/28/2009

Push-Pull-Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
132	Benjamin Etringer	NC	17	131	Open	137.50		100.00		170.00		407.50
220	Michael Bennett	MD	48	219	Lifetime Masters 45-49	0.00		185.00		310.00	317.50	495.00
220	Michael Bennett	MD	48	219	Masters 45-49	0.00		185.00		310.00	317.50	495.00
220	Michael Jones	MD	33	213	Open	300.00		205.00		280.00		785.00
275	Dan Driscoll	MA	44	251	Masters 40-44	0.00		0.00		0.00		0.00



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Push-Pull-Raw

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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
148	Daryl Taylor	VA	34	136	Special Athlete 22 and up	0.00		30.00		25.00		55.00
181	Carlos Artur DaRosa	Brazil	42	173	Open	0.00		130.00		260.00		390.00
181	Michael Hague	GA	24	174	Open	0.00		157.50		165.00		322.50
198	Lewis Schirloff	NC	44	195	Law/Fire/Military Masters 40-44	0.00		170.00		200.00		370.00
198	James Tracey	MA	46	195	Masters 45-49	177.50		120.00		227.50		525.00
220	Thomas Deputy	FL	57	217	Masters 55-59	0.00		135.00		192.50		327.50
242	Russell Becht	CT	52	230	Law/Fire/Military Masters 50-54	0.00		105.00		212.50		317.50
242	Russell Becht	CT	52	230	Masters 50-54	0.00		105.00		212.50		317.50
275	Sheldon "Dutch" Schultz	FL	70	263	Lifetime Masters 70-74	0.00		142.50		195.00		337.50
275	Sheldon "Dutch" Schultz	FL	70	263	Masters 70-74	0.00		142.50		195.00		337.50
275	Dennis Wall	MA	37	260	Sub-masters 35-39	187.50		110.00		197.50		495.00
308+(Lee Umphlette	VA	34	345	Special Athlete 22 and up	0.00		60.00		80.00		140.00