

FRED ROGERS/PAUL SMART BENCH PRESS/DEADLIFT
 CLASSIC
 October 30, 2010
 Clyde, New York

<u>IRONMAN</u>	<u>BENCH</u>	<u>D/L</u>	<u>TOTAL</u>
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Women:

Erika Hoad	123	16-17 Raw	90* **	200* **	290
Nancy Loughlin	123	60-64 Raw	90* **	185* **	275
Heidi Knickerbocker	148	50-54 Raw	110*	235* **	345
Denise Wickham	181	40-44 Raw	135* **	280*	415
Tracie McIlroy	220+	50-54 Raw	150* **	265*	415

Men:

Ryan Petralia	148	18-19	225*	385*	610*
Clayton Beaumont	165	16-17	185*	315*	500
Travis Waite	165	16-17 Raw	230*	385**	615
Taylor Gates	165	18-19 Raw	200*	385*	585
Vince Peterson	198	60-64 E	265*	385	650
Joe Newcomb	220	14-15 Raw	220	300	520
Derek Hanna	220	Open Raw	340	550	890
Jared Karius	242	20-23 Raw	300	460* **	760
Andrew Schuler	220	40-44 RLife	290	465*	755

DEADLIFT ONLY

Robert Marsh	198	60-64	485
Derek Hanna	220	Open Raw	550

BENCH ONLY

James Lukaszonas	148	12-13	170*
Patrick Murray	148	20-23	185
Eugene Carle	165	60-64 Raw	230**
Charlie Ruff	165	50-54	260
Mark Becht	198	45-49 Equi	-----
Dave Herbst	220	50-54 EQU	370
Charlie Ross	220	50-54 Raw	275
Mike Arcarisi	242	50-54 EQU	300
Steve Rogers	275	45-49 Life E	470
Todd Laughlin	308	40-44 Raw	-----

* State Record ** American Record L – Lifetime E- Equipment