

2012 AAU Combined Nationals
International Bench Press and Deadlift
Rockland Massachusetts
Saturday, March 10, 2012

	Class	Weight Class	Lifter	Squat	Bench	Deadlift	Total
Bench Press							
Raw							
Male							
	Teenage	(14-15)					
	90		Ken Roche	0	135	0	135
	Teenage	(18-19)					
	67		Brandon Chase	0	107.5	0	107.5
	Masters	(40-44)					
	110		Robert Howard	0	172.5	0	172.5
	110		Eric Wright	0	157.5	0	157.5
	Law/Fire/Military	Masters (50-54)					
	140+		Robert Cutts	0	162.5 AR	0	162.5
	Lifetime / Masters	(55-59)					
	110		John Murphy	0	135	0	135
	Masters	(60-64)					
	125		Louis Minicucci	0	130	0	130
	Lifetime / Masters	(65-69)					
	125		Ray Cross	0	130	0	130
	Open						
	82		Steve Hartman	0	157.5	0	157.5
	100		Mark Mavilia	0	165	0	165
Deadlift							
Raw							
Female							
	Masters	(40-44)					
	60		Ruth DeSantis	0	0	400	0
Male							
	Teenage	(18-19)					
	125		Matt Sohmer	0	0	322.5 WR/AR	322.5
	Junior	(20-23)					
	90		Andrii Zhmud	0	0	255	255
	Sub Masters	(35-39)					
	75		Steve Hoff	0	0	190	190
	Masters	(40-44)					
	110		Robert Howard	0	0	257.5	257.5
	110		Eric Wright	0	0	212.5	370
	Masters	(55-59)					
	140		Randy Comito	0	0	187.5	187.5
	Open						
	82		Frank Wu	0	0	265	265
Equipped							
	Masters	(50-54)					
	90		David Low	0	0	65	65
	Lifetime Masters	(65-69)					
	100		Dave Mansfield	0	0	250 WR/AR	250
	Masters	(65-69)					
	100		Dave Mansfield	0	0	250 WR/AR	250
Powerlifting							
Raw							
Female							
	Masters	(60-64)					

	Open	56	Joanne Shear	77.5 AR	42.5 AR	122.5 AR	242.5 AR	BL
		56	Lindsay Johnstone	65	45	92.5	202.5	
		67	Ana Tocco	77.5	45	112.5	235	
Male	Teenage (14-15)	90	Ken Roche	177.5	135	157.5	470	
	Teenage (18-19)	67	Brandon Chase	85	107.5	140	332.5	
		125	Matt Sohmer	317.5 AR	125	322.5 AR	765 AR	BL
	Junior (20-23)	60	Jordan Syatt	122.5	87.5	177.5	387.5	
		67	Michael Laskowski	90	77.5	137.5	305	
		90	Andrii Zhmud	220	140	255	615	
		100	Daniel Sullivan	192.5	132.5	0	0	
		140	Justin Sproul	232.5	150	240	622.5	
	Sub Masters (35-39)	75	Steve Hoff	155	95	190	440	
		82	Ray Martineau	190	142.5	190	522.5	
	Masters (40-44)	90	Sam Pagan	212.5	165	235	612.5	
	Lifetime / Masters (50-54)	75	Bob Herbst	125	112.5	165	402.5	
	Masters (50-54)	90	Mike Tanis	170	115	192.5	477.5	
	Lifetime / Masters (50-54)	82	Steve Bunker	115	92.5	155	362.5	
	Lifetime / Masters (60-64)	82	Larry Emerson	157.5	102.5	228	488	
	Masters (60-64)	75	Steve Brown	182.5	112.5	207.5	502.5	BL
	Lifetime / Masters (65-69)	125	Ray Cross	125 AR	130 AR	150 AR	405 AR	
	Open	82	Frank Wu	190	132.5	265	587.5	
		90	Sam Pagan	212.5	165	235	612.5	
		90	Angel Jimenez	185	137.5	232.5	555	
		90	Steve Bergeron	187.5	132.5	210	530	
		90	Kevin Carr	62.5	120	215	397.5	
		100	Mark Mavilia	180	165	207.5	552.5	
Equipped	Masters (40-44)	110	Dennis Wall	220	107.5	200	527.5	
	Masters (50-54)	90	David Low	237.5	65	65	367.5	
	Lifetime Masters (65-69)	100	Dave Mansfield	250 AR	120 AR	250 AR	620 AR	
	Masters (65-69)	100	Dave Mansfield	250 AR	120	250 AR	620 AR	
	Open	140+	Mike Zawlinski	382.5 AR	175	240	797.5	

AR = American Record

WR= World Record

Joanne Shear Best Lifter Women's Master

Matt Sohmer Best Lifter Men

Steve Brown Best Lifter Men's Master