

4th Annual Christmas Challenge

Holiday Inn Rockland, Massachusetts

Sunday December 11, 2011

	Class	Weight Class	Place	Lifter	Squat	Bench	Deadlift	Total
Bench Press								
Male								
	Masters (45-49)							
		82		Eddie Carrol	0	0	0	0
		110	1st	Eric Wright	0	162.5 MR	0	162.5
	Lifetime / Masters (50-54)							
		82	1st	Steve Bunker	0	92.5 MR	0	92.5
	Masters (50-54)							
		100	1st	Bill Sessa	0	157.5 MR	0	157.5
	Lifetime / Masters (65-69)							
		125	1st	Ray Cross	0	137.5	0	137.5
Deadlift								
Female								
	Masters (40-44)							
		56	1st	Janelle Arigo	0	0	82.5	82.5
Male								
	Masters (50-54)							
		90	1st	Mike Tanis		0	202.5 MR	202.5
		100	1st	Bill Sessa	0	0	192.5 MR	192.5
	Masters (55-59)							
		100	1st	Tom Hennessy	0	0	182.5 MR	182.5
Powerlifting								
Female								
	Sub Masters (35-39)							
		56	1st	Garnett Vamos	70	45	70	185
	Masters (60-64)							
		56	1st	Joanne Shear	70 AR/MR	42.5 AR/MR	122.5 AR/MR	235 AR/MR
Male								
	Junior (20-23)							
		140	1st	Justin Sproul	220 MR	150 MR	240 MR	610 MR
	Sub Masters (35-39)							
		75	1st	Stephen Hoff	147.5 MR	92.5 MR	182.5 MR	422.5 MR
		75	2nd	Chris Martin	147.5	97.5	170	415
		110	1st	Norman Rial	232.5	170	312.5	715
		125	1st	Dennis Wall	215	112.5	220	547.5
	Lifetime / Masters (45-49)							
		125	1st	Dan Driscoll	272.5 AR/MR	150 MR	285 AR/MR	707.5 AR/MR
	Masters (45-49)							
		90	1st	Robert Buhlman	100	82.5	125	307.5
		125	1st	Dan Driscoll	272.5 MR	150 MR	285	707.5 MR
	Masters (60-64)							
		75	1st	Steve Brown	177.5	115 MR	192.5	485
	Open							
		82	1st	Ray Martineau	180	140 MR	182.5	502.5
		90	1st	Steve Bergeron	162.5	130 MR	192.5	485
		90	2nd	Kevin Hagerty	122.5	120	150	392.5

100	1st	Ryan L'Elmyer	200	125	227.5	552.5
125	1st	Conor Nordengren	182.5	127.5	237.5	547.5
125	2nd	Dennis Wall	215	112.5	220	547.5

AR American Record

MR Massachusetts State Record

Normal Rial Best Lifter

Steve Brown Best Master Lifter