

AAU Swimming Age Divisions

The AAU Junior Olympic Games National Swimming Championships will have the following age divisions for Boys and Girls.

*8 & Under

9 -10 years old

11-12 years old

13-14 years old

15-18 years old

The age on the first day of competition shall determine the division of the swimmer.

* Heats for the 8 & Under division may be combined with the 9-10 division but will be awarded separately. The 8 & Under division is offered for the 50M events and 200M free relays.