

Qualifications for the AAU Junior Olympic Games Swimming National Championships

First, second, and third place finishers in AAU Club or District Swimming Championship Meets in individual events under 400M, will qualify for this AAU National Championship, in only those events unless they meet the time standards below to qualify in other events. Swimmers must list their Championship time on the entry form and bring their time verification from the Championship.

In addition, swimmers who meet or beat the U.S. Swimming long course “A” *minimum time standard for all 200M, 400M and 1500M events and "BB" time standards for events under 200M are eligible to compete* in the events where they meet the minimum time standards. Qualification for the 400M and 1500M is time only. The time standard must have been met during a bona fide competition between the date of the previous year’s National Championship entry deadline and the current year’s National Championship entry deadline, whether it was AAU, USA Swimming, YMCA, Boys and Girls Club, Parks & Recreation, etc. No attempts against time are acceptable as a means of qualification. **No yard times will be accepted. Yard times must be converted to long course meter times!**

For a list of U.S. Swimming time standards, please refer to the U.S. Swimming rulebook or the AAU Junior Olympic Games meet information.