

1st Annual

ALL-STAR SPECIALLY CHALLENGED

MARTIAL ARTS

CHAMPIONSHIPS & BANQUET



AAU Sanctioned event celebrating the efforts & achievements of individuals challenged with Physical, Emotional & Developmental Disabilities.



July 25, 2009

Salem Lutheran Church

New Community Center

Tomball, Texas (N.W. Houston)



All Stand-Up Martial Arts Welcome: Ages 4 & Up



- Patterns/Forms
- Weapons
- Board Breaking
- Demonstrations
- Sparring (including Wheel Chair)



ELECTRONIC SCORING & MATTED RINGS

Entry Deadline: July 13, 2009 Entry Fee: \$45 (1st event), \$10 each additional Event

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



For Information & Applications:
Master David Lieder (david@allstarma.com)
www.AllStarMA.com
www.Inspiringpossibilities.org
(281)256-7077



ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS CHAMPIONSHIPS



Saturday July 25, 2009 @ 9:00 AM

Doors open at 8:30 AM

Salem Lutheran Church
(New Community Center)

22601 Lutheran Church Rd, Tomball, TX 77377



INDIVIDUAL COMPETITORS APPLICATION FORM

(PLEASE PRINT CLEARLY OR TYPE)

Last Name _____ First Name _____

Age (as of 7/25/09) _____ Date of Birth _____ Male _____ Female _____ Weight: _____ lbs.

Competition Rank: _____ Novice _____ Intermediate _____ Advanced _____ Black Belt

Address _____ City _____ ST _____ Zip _____

Email _____ T-Shirt Size: _____

Phone (____) _____ - _____ Parent Name (if Minor) _____

INCLUDE PICTURE (HEADSHOT) OF COMPETITOR FOR NAME BADGES

*Must be a current AAU member with ID card to Participate (sign-up @ www.aausports.org)

AAU# (Required) _____

Martial Arts School Affiliation:

School Name _____ Phone (____) _____ - _____

School Address _____

Head Instructor _____ Email _____

Check Event(s) and Category you wish to participate in: \$45.00 for 1 event plus \$10 for each additional event.

(See TOURNAMENT COMPETITION INFORMATION sheet for explanations.)

___ Pattern, Form, Poomse, Kata: _____ Level 1 _____ Level 2 _____ Level 3

___ Sparring: _____ Level 1 _____ Level 2 _____ Level 3

___ Weapons Forms: (list weapon) _____

___ Breaking: (board size & Quantity): _____ Adult (1" x 12" x 9") _____ Medium (1" x 12" x 7") _____ Child (1/2" x 12" x 8")
(3 boards max.)

Applications must be received by 7/13/2009.

Make payment and mail to:

Cashier's Check,
Money Order, Visa,
MasterCard

Inspiring Possibilities
15210 Spring Cypress Rd. #K
Cypress, Texas 77429

Application must include
Waiver/Release Form,
Fee Sheet, Payment &
Picture

**ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS
CHAMPIONSHIPS**

**Saturday, July 25, 2009
ATHLETE WAIVER/RELEASE FORM
("AGREEMENT")**

IN CONSIDERATION of being permitted to participate in any way in any Amateur Athlete Union of the U.S. Inc. activity ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at anytime I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) ATHLETIC ACTIVITIES INVOLVE RISK AND DANGER OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COST, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Amateur Athletic Union of the U.S. Inc.(AAU), All-Star Martial Arts, Inspiring Possibilities, Salem Lutheran Church, including it's representatives, the related affiliated and subsidiary companies, as well as officers, directors, agents, employees, and assigns of each, and the AAU's Associations, clubs, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of the premises on which the Activity takes place, and any other indemnified and held harmless by the AAU, each considered one of the "RELEASES" herein FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OR RISK, AND HARMLESS EACH OF THE RELEASES from any litigation expenses, attorney fees, loss, liability, damager, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OR ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PRINT NAME OF PARTICIPANT: _____

PARTICIPANT'S
SIGNATURE (only if age 18 or over): _____ Date: _____

MINOR/GUARDIAN RELEASE

AND I, THE MINOR'S/WARD'S PARENTS AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ALTHETIC ACTIVIES AND THE MINOR'S/WARD'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR/WARD TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACITIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEE'S FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S/WARD'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEE'S" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATION AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR/WARD, OR ANYONE ON THE MINOR'S/WARD'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PRINTED NAME OF PARENT/GUARDIAN: _____

ADDRESS: _____ City, State, Zip _____

PHONE: (_____) _____ - _____

PARENT/GUARDIAN SIGNATURE:

DATE: _____

ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS CHAMPIONSHIPS & BANQUET FEE SHEET

(1 sheet each Competitor)

Name _____	Martial Arts School _____
Address _____	City, State, Zip _____
Phone _____	Email _____

<u>Check Events (Amt.)</u>	<u>Cost</u>	<u>Total</u>
___ Forms	X \$45.00	\$ _____
___ Sparring	X \$10.00 (\$45 if 1 st event)	\$ _____
___ Weapons Form	X \$10.00	\$ _____
___ Board Breaking	X \$10.00	\$ _____
___ Banquet – Competitor	x \$0 Included with Registration	\$0.00 _____
___ Banquet – Spectator	X \$15.00	\$ _____
___ Astros Game Tickets	X \$22.00	\$ _____
___ # of Spectators expected to attend Tournament (planning purposes)		TOTAL: \$ _____

INCLUDE PICTURE (HEADSHOT) OF COMPETITOR FOR NAME BADGE

<u>METHOD OF PAYMENT</u>			
Cashier's Check _____	Money Order _____	Visa _____	MasterCard _____
(Personal & Business Checks not accepted)			
Amount Authorized: \$ _____			
Credit Card # _____			
Expiration Date _____		Security Code (on back) _____	
Card Holder's Name _____		Zip Code _____	
Card Holder's Signature _____			

TOURNAMENT COMPETITION INFORMATION

ELECTRONIC SCORING & MATTED RINGS

SPARRING CATEGORIES:

Level 1: Limited mobility of arms and/or legs (doesn't kick above waist, doesn't extend arms fully for hand technique) and/or lower cognitive skills.

Level 2: Full mobility of arms and legs (kick above waist and extend arms fully for hand technique) and higher level of cognitive skills.

Level 3: Wheelchair

Sparring Competition shall be divided by Category, Age, Belt, Weight, and Gender.

FORMS/PATTERNS/POOMSE/KATA CATEGORIES:

Level 1: Basic Skills (Perform Blocking, Striking & Kicking Techniques with direction from Instructor)

Level 2: Perform pattern with assistance from instructor.

Level 3: Perform pattern on own.

Forms Competition shall be divided by Category, Age, Belt and Gender.

<u>Division</u>	<u>Belts Included in that Division</u>
Novice	White, Yellow, Orange
Intermediate	Green, Blue, Purple
Advanced	Red, Brown
Black Belt	Black

Divisions may be combined or divided at the discretion of the tournament director.

Sparring Competition

Protective Equipment

Mandatory: All competitors must wear:	Optional: Competitors may wear under the uniform:
Mouth-guard	Cloth or foam shin, shin/instep protectors.
Full hand & foot protectors (foam dipped/vinyl).	Cloth or foam forearm guards.
Full headgear including a padded top (foam dipped/vinyl).	Foam dipped/vinyl breast (women) and foam dipped/vinyl rib protectors, at their discretion.
Male competitors must also wear groin cup and supporter on the inside of the uniform.	Eyeglasses. Only "sport" eyeglasses will be allowed. Soft contacts are highly recommended.

Points (Valid Scores)

Level 1: (No Head Contact Allowed) (lower mobility)

One point shall be awarded for any valid **hand** executed to the legal body area within **6** inches or light contact made.

Two points shall be awarded for any valid **foot** technique executed to the legal body area within **6** inches or light contact made.

Level 2: (No Head Contact Allowed) (higher mobility)

One point shall be awarded for any valid **hand** executed to the legal body area within **1** inch or light contact made.

Two points shall be awarded for any valid **foot** technique executed to the legal body area within **1** inch or light contact made.

Level 3: (Head Contact Allowed) (Wheel-Chair)

One point shall be awarded for any valid **hand** executed to the legal **head** area within **1** inch or light contact made.

Two points shall be awarded for any valid **Hand** technique executed to the legal **body** area within **1** inch or light contact made.

Ten Point Gap Rule

For all ages, categories and divisions if a ten point gap or greater exists at the end of the 1st round then the match is over. Otherwise the 2nd round will begin and continue until a ten point gap is obtained or end of match time.

Forms/Patterns/Poomse/Kata Competition

Form/Pattern/Poomse/Kata will be judged on **SPIRIT**, focus, technique, power, rhythm, grace and beauty; listed in order of importance. All competitors may perform Form/Pattern/Poomse/Kata of their choice.

Weapons Forms Competition

Weapons Forms will be divided by Age, Belt and Gender. **Only Forms Level 3** category will be allowed. Judging will be same as traditional forms.

Board Breaking Competition

Board Breaking will be divided by Age, Belt and Gender. **Only Forms Level 3** category will be allowed. A maximum of 3 breaking stations with 1 board each will be allowed. Boards will be supplied per application.

Complete rule book available upon request.

ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS CHAMPIONSHIPS & BANQUET

SCHEDULE OF EVENTS

Tournament (Saturday July 25th, 2009): Salem Lutheran Church
New Community Center
22601 Lutheran Church Rd.
Tomball, TX 77377

8:30 am: Doors open for Check-In

9:00 am: Opening Ceremony

9:30 am: Form/Pattern/Poomse/Kata (Including Weapons) Competition

12:30 pm: Lunch Break (Hamburgers & Hot Dogs served)

1:00 pm: Demonstrations

1:30 pm: Board Breaking Competition

2:00 pm: Sparring Competition

3:00 pm: Awards

Banquet (Saturday July 25th, 2009) (Salem Lutheran Church): Salem Lutheran Church
New Community Center
22601 Lutheran Church Rd.
Tomball, TX 77377

6:30 pm: Doors Open

7:00 pm: Dinner Served (Texas BBQ w/ Fixin's)

7:45 pm: Video Presentation of day's event

8:00 pm: VIP Introductions and Recognition of Sponsors

8:15 pm: Guest Speaker

8:30 pm: Entertainment

9:00 pm: Good Night & Thank you

Astros Baseball Game (Sunday July 26th, 2009) (Minute Maid Park): Time TBD

TBD: Depart ALL-STAR MARTIAL ARTS (15210 Spring Cypress Rd., Cypress, TX 77429) (Carpool)

TBD pm: Astros vs. N.Y. Mets

ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS CHAMPIONSHIP

SATURDAY, JULY 25TH, 2009 (doors open 8:30 AM)
SALEM LUTHERAN CHURCH (New Community Center)
22601 LUTHERAN CHURCH ROAD
TOMBALL, TEXAS 77377

BANQUET: SALEM LUTHERAN CHURCH (New Community Center) – 7:00 PM

ALL-STAR MARTIAL ARTS DAY WITH THE ASTROS: Sunday July 26TH ASTROS vs NY METS - Time: TBD.
Price: \$22 (field boxes - group rate) with tournament registration (normally \$39). Join our group for Great Fun, Camaraderie and possible Player Autographs.

HOST HOTEL: LA QUINTA INN: 1400 Medical Plaza Dr, Tomball, TX 77377 (5 miles from tournament) (26 miles from IAH – Bush International airport)
PH: (281) 516-0400. The entire hotel has been reserved for those attending this event. PRICE: \$89.00 (no tax with tournament). Hot breakfast included.
Mention “ALL-STAR SPECIALLY CHALLENGED MARTIAL ARTS CHAMPIONSHIP” when making reservations.

THINGS TO DO IN TOMBALL AND SURROUNDING AREAS.

SPACE CENTER HOUSTON

1601 NASA Parkway (formerly NASA Rd. 1), Houston, TX 77058 (approx. 25 miles south of downtown Houston in the NASA/Clear Lake area)
Space Center Houston is a place where people can experience space - from its dramatic history and exciting present to its compelling future. SCH is the only place in the world where visitors can see astronauts train for missions, touch a real moon rock, land a shuttle, and take a behind-the-scenes tour of NASA. Mon-Sun 9am-7pm
Ph: 281-244-2100. www.spacecenter.org

Showboat Drive-In Theater

22422 FM 2920 Hockley, Texas 77447 (7 miles from tournament)
Admission: Adults \$5.00 Kids 3-12 \$4.00 Babies Free.
Hours of operation: Friday, Saturday & Sunday 5:30pm. Friday and Saturday movie starts at 7pm. Sunday Movie starts at dusk.
Ph: 281-351-5224. <http://www.theshowboatdrivein.com>

Splash Town (WaterPark)

21300 IH 45N Spring, TX 77373 (16 miles from tournament)
Rides: Ripcurl, Tornado, Thunder Run, Texas Freefall, Big Spin, Zoom Elumes, Wild Wave Pool, Shotgun Falls, Blue Lagoon Activity Pool, Space Rapids, Tree house Island, Guadalupe River Adventure, Crocodile Isle, Leaky Pipes.
Ph: 281-355-3300. <http://www.splashtownpark.com>

iT'z Family and Fun Arcade

18355 Tomball Parkway, Houston, TX 77070 (14 miles from tournament)
Ph: 832-678-2151. <http://www.itzusa.com/houston>

Willowbrook Movie Tavern

18359 State Highway 249, Houston, TX 77070 (next to iT'Z, 14 miles from tournament)
This Movie Theater has real meals brought to you during your movie. A great experience.
Box Office: 281-248-8396. Movie Line: (832)678-2175
<http://www.movietavern.com>

Aerodrome Ice Skating Complex

8220 Willow Place Drive North Houston, TX 77070-5671 (next to iT'Z, 14 miles from tournament)
Ph: 281-84-SKATE. <http://www.aerodromes.com>

Oil Ranch

23501 Macedonia Rd, Hockley, TX 77447 (12 miles from tournament)
Activities: Pony Rides, Milk a cow, Dairy Barn, Baby Animal Farm, Train Rides, Hay Rides, Indian Village, Swimming, Miniature Golf, Bucking Barrel, Softball, Horseshoes, Volleyball, Fishing, Swings, Pillow fight Pole, Playgrounds.
<http://www.oilranch.com>

Tomball Bowling Center

14435 FM 2920 Rd, Tomball, TX 77377 (3 miles from tournament)
Phone: (281) 351-1831