

Hosted By: Impact Martial Arts



This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
Sanctioned by the Iowa District
All participants must have a current AAU membership

2010 IOWA AAU DISTRICT NATIONAL and AAU JUNIOR OLYMPIC QUALIFIER



2010 AAU Taekwondo
National Championships
June 28 - July 3, 2010
Ft. Lauderdale, FL



2010 AAU Junior
Olympic Games
Taekwondo
Hampton Roads, VA
July 28, - Aug. 7, 2010

FOR ONLY ENTRIES RECEIVED BY April 1, 2010 their names will be placed into a drawing for a Flat Screen TV

* FORMS

Certified AAU Taekwondo

* OLYMPIC STYLE SPARRING

Coaches will be

* **POINT SPARRING**

Officials and

Present at the Tournament

**April 10, 2010
Kehl Arena in the Durgin Educational Center
on the campus of Ashford University
400 N. Bluff Blvd. - Clinton, IA 52732**

Awards: AAU medals for top (4) places in each division. Team trophies awarded to the top (3) schools (Impact Martial Arts will not be eligible). Trophy's awarded to the top Junior (Colored Belt, age 5-17 and

Black Belts, age 5-17) and Adult (age 18 and up, both colored belt and black belt combined) in Grand Champion Form Competition.

ENTRY FEES: \$50.00 (For 1, 2, or ALL events)

REGISTRATION FORM

ENTRY FEES: \$50.00 (For 1, 2, or ALL events)

AAU Membership # _____

Name: _____ Age: _____ Date of Birth _____

Address (City/State): _____ Phone# _____

Weight: _____ Sex: _____ Rank/Belt: _____

School Name: _____ Instructor: _____

PLEASE CHECK EACH DIVISION COMPETING IN:

Forms _____ Point Sparring _____ Olympic Sparring _____

AAU Membership must be purchased in advance prior to the competition start date. Please visit www.aausports.org and click on the Join AAU button. This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership before the competition begins. Memberships may not be purchased on-site the day of the event. Memberships are available online at the AAU website www.aausports.org.

I understand that Tae Kwon Do is a contact sport and that there is risk of injury. I certify that I have membership with AAU and understand that Impact Martial Arts, Ashford University, and their representatives are not responsible for any injuries I/My child may or may not sustain. I hereby certify that I know and understand the rules, policies, and code of conduct for AAU TaeKwonDo. I certify that I have entered myself/child in the correct age and belt grouping and that he/she is qualified to compete according to the specification outlined in the AAU Handbook. I understand he/she is responsible for producing an AAU Membership Card at registration. I understand that he/she is responsible. I understand that he/she may be eliminated from the competition if I have misrepresented any of the above information.

Athlete, Parent or Guardian's Signature if under 18

Registration Deadline is April 1, 2010

Mail Entry Forms and Payment to: **IMPACT Martial Arts**
David Ludemann
1032 9th Ave N
Clinton, IA 52732

PLEASE Call: 563-357-6518 or 563-357-4142

Spectators \$5 At The Door (6yrs. and under FREE)

Schedule of Events:

Registration	7:45 - 9:00 AM
Instructor & Officials Meeting	9:15 AM
Line up of Competitors/National Anthem	9:30 AM
Individual Forms Competition followed by Forms Grand Champion (Black Belts First)	10:00 AM
Olympic Style then Point Sparring (14-17 Black Belts First)	1:00 PM

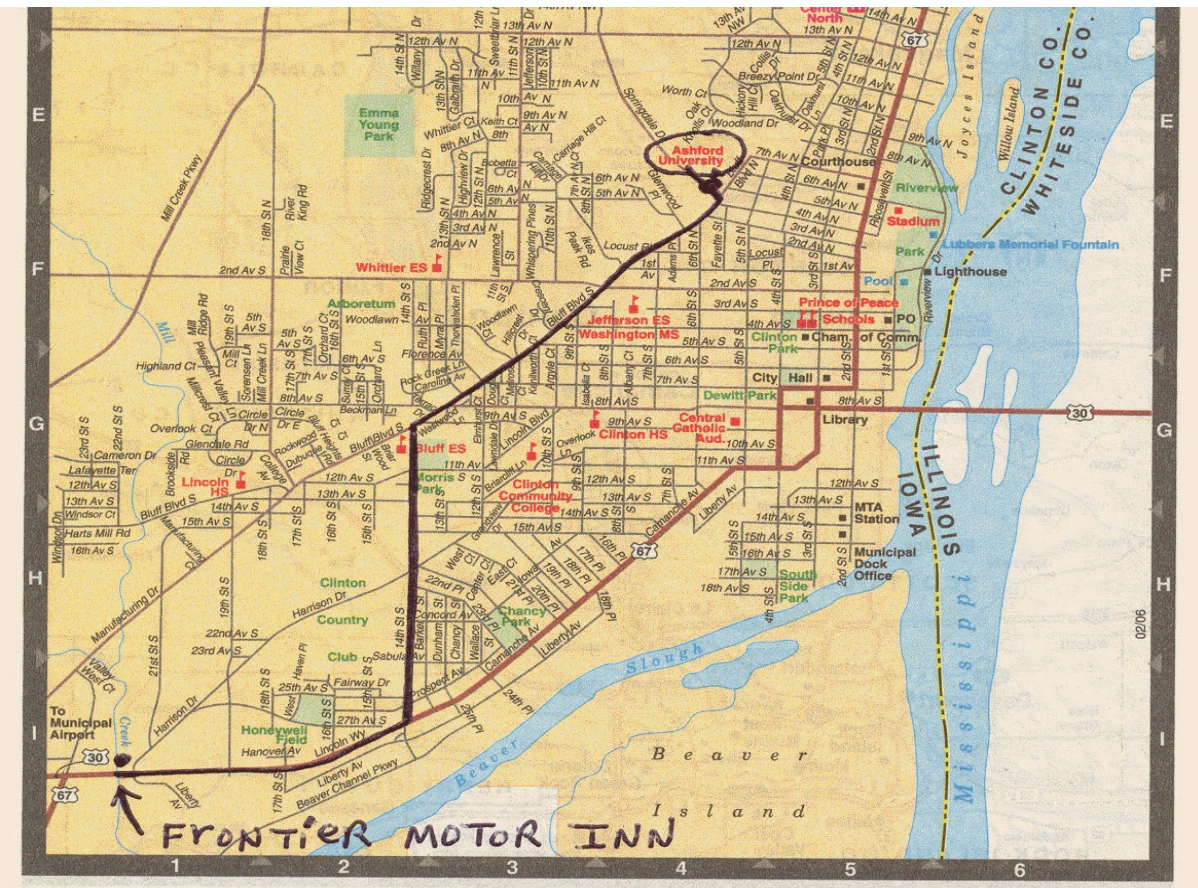
Rules: Rules will be conducted to AAU Tae Kwon Do Competition Rules for Forms, Point, and Olympic Style Sparring. AAU Rule Books may be downloaded at www.aautaekwondo.org. Instructors are strongly encouraged to review the rules. This is an AAU Sanctioned Tournament.

Uniforms & Equipment: Uniforms – All contestants must wear a clean white Dobok; individual school Uniforms and patches will be permitted for this tournament.

Mandatory Equipment: Point Sparring – All competitors must wear full hand and foot protection (red-foamed dipped / vinyl only), head gear (red, white, blue – any color dipped foam only), chest protector (optional), and a mouth guard. Male competitors must wear a groin cup and supporters for all sparring.

Olympic Style Sparring – All competitors must wear an Olympic style chest protector, head gear (red, white, blue – any color dipped foam only), shin and instep protectors, forearm protectors, and mouth guard. Males must wear a protective cup supporter.

MAP TO EVENT



Best Western Frontier Inn

2300 Lincolnway

Clinton, Iowa 52732

1-800-728-7112 ~ 563-242-7112

<http://www.bestwestern.com/frontierinn>

Impact Martial Arts

Host Hotel for Clinton, IA – April 2010

\$79.99 Discounted Rate for Standard Rooms

**(Please make your reservation by March 1, 2010
because there is a large group coming in)**

(Poolside rooms and suites also available at an additional cost. Rates based on single or double adult occupancy and children under 18 stay free!)

Our Full Service Hotel Includes:

- ❖ Complimentary Hot Breakfast Buffet each morning.
- ❖ Sleeping rooms newly remodeled!
- ❖ Free High Speed Internet, Wireless throughout the hotel.
- ❖ Full Service Restaurant
- ❖ Remington's Lounge
- ❖ Large Indoor Pool & Hot Tub located next to our beautiful tree lined Atrium.

- ❖ New Fitness Center located off the pool area.
- ❖ Banquet and Meeting Facilities.
- ❖ Every Room has a microwave, refrigerator, iron, ironing board, coffee maker & hair dryer.
- ❖ Largest Hotel in Clinton – 1 property!
- ❖ Keep your groups together at hotel!

Please call us if we can offer additional assistance and visit our website for a

quick tour of our property at www.bestwestern.com/frontierinn

Stephanie Reuter
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THE WORLD'S LARGEST
HOTEL CHAIN®

