

5th annual

AAU National Team State Qualifier

May 8, 2010, 10 a.m., Forest Lake, MN

Electronic Scoring

Matted Flooring

- Forms
- Point Sparring
- Olympic Sparring

Competition Schedule:

8:00 a.m. Check In/Weigh In
9:00 a.m. Officials/Coaches Meeting
9:45 a.m. Contestant Line Up
National Anthem
10:00 a.m. 14-17 & Adult Black Belts (All Events)
5-9 All Belts (All Events)
10-13 All Belts (All Events)
14-17 Colored Belts (All Events)
Adults Colored Belts (All Events)

For More Information:

Contact Senior Master Eddie Gibson
or Master Theresa Gibson
at ttkd@juno.com or 651-464-0034.

Registration Deadline: April 30

Weigh-in (at Sun Yi's): Fri. 5-8 p.m. May 7
Registration: Sat. 8 a.m. May 8
Weigh-in (at Tourney): Sat. 8-10 a.m. May 8
Tournament: Sat. 10 a.m. May 8

Applications available at www.aausports.org
or by contacting Senior Master Eddie Gibson
or Master Theresa Gibson at ttkd@juno.com
or 651-464-0034.



Location:

Century Junior High School
21395 Goodview Ave. N.
Forest Lake, MN 55025
(I-35 north to Hwy. 97 east)

Hosted by:

Sun Yi's Academy of Traditional Tae Kwon Do

- Duluth
- Forest Lake
- Lino Lakes
- North Branch
- Shoreview
- White Bear Lake



Get: AAU Coach Certification . . . AAU Officials Certification

Earn valuable experience at this tournament.

Online Coaches Certification Course: go to www.aautaekwondo.org

Officials Clinic: May 7, 6-9 p.m. • Sun Yi's Academy

Forest Lake (across the street) Call 651-464-0034.



2010 AAU MINNESOTA STATE TKD CHAMPIONSHIPS FOREST LAKE, MINNESOTA

We would like to extend an invitation to you and your students to participate in the 2010 AAU Minnesota State TKD Championship on Saturday, May 8th 2010. We would also like to Thank those in advance who have help make this event a friendly well run event in the prior years. This is the 5th year for the Minnesota State tournament, with every year being more competitive then the prior years. We had students from Iowa, South Dakota, Minnesota and North Dakota in the past and hope to continue to grow each year. This is a qualifying tournament for the AAU National Tournament, to be held in Fort Lauderdale Florida. The top 4 at nationals who are 14 and above will qualify for team trials. Junior Olympic will held in West Hampton Virginia. We again will have Team Forms in addition to Olympic Sparring, Point Sparring, and Forms divisions. Teams consist of three black belts; Teams can perform any ITF, WTF, or MDK/TSD form up to the rank of the most senior black belt on the team. This year we will also have a division for color belts, however this team will not qualify for the Nationals. The Team Forms at National are very competitive and exciting to watch.

This year again we will have a Pre- school Division for ages 4 to 6 yrs of age. These students will not be required to be AAU Members. They will not qualify for the Nationals. This division is to let our young students get an experience at what it is like to compete in what may be their First tournament. Last year we had 25 students compete in this division and it was very rewarding for these young students and their families. The cost for these students will be \$30.00. f you have students who would like to enter this division please notify Sun Yi's Academy for further information.

Enclosed you will find registration forms for the tournament for competitors and referees/coaches, as well as an event schedule. You may download a copy of the official AAU Rules and register on line for your AAU membership at www.aautaekwondo.org. All Coaches and Officials must complete the On-line course prior to the event. Officials must complete the two hour hands on clinic on Friday night May7th. There will be no charge for the clinic as long as you have completed the on line coaches clinic prior to this event. Please find enclosed the waiver, and general tournament information. Please note that weigh-ins will be held Friday night May 7th 2010 6:00 pm to 8:30 pm at Sun Yi's Academy School and Saturday 8:00 to 10:00 a.m. at Century Middle School, both in Forest Lake.

All Coaches must have an official AAU blue coaching shirt. They will be for sale at the site. Please notify Mrs. Gibson if you will need a shirt. For questions you may call Sun Yi's Academy at (651) 464-0034.

Hope to see you !

Highest regards,

Masters Edward & Theresa Gibson

AAU Minnesota State / Chair

PH: (651) 464-0034

E-mail ttd@juno.com



2010 AAU Minnesota State TKD Championships

Information

- Entry Deadline:** All applications must be postmarked by Tuesday May 4th 2010. Funds must arrive as certified checks or money orders. It is recommended to register at the door if mailed after this date. Please note a \$10.00 late fee will be added.
- Athlete Arrival:** Adult Black-belts and 14-17 Yr. Black-belts should plan to arrive no later than 9:30 am. Registration will begin at 8:30 am, with opening ceremonies commencing at 10:00 am. **Note Competition Schedule!**
- Entry Fees:** 2 Events \$50.00 Add \$10.00 for additional event.
- Non AAU members are required to register as AAU members on line prior to competition
There will be a \$10.00 late fee for those who register at the door.
- Uniform:** All athletes must wear a clean white dobok. School uniforms with patches and logos will be allowed as long as the uniform (top *and* pants) is white.
- Officials/Coaches:** **Coaches Attire:** Blue AAU coaches shirt, Shirts will be available on site) White Dobak Pants or Warm-up suit pants and sneakers. All Coaches and officials will be required to complete the Online coaches certification prior to the tournament. Officials Attire: Black slacks, Black Jackets, White shirt, black socks and soft sole shoes are required. Officials will be required to take the Two hour hands on clinic Friday night. There will be no charge for this clinic as long as you have completed and passed the on-line course.
- Equipment:** **Point Sparring:** All competitors **must wear** a mouth guard, full hand and Foot protectors and full headgear with padded top. Males must wear a Groin cup and support inside the uniform. *Optional:* Forearm and shin/instep protectors, a rib guard worn under the uniform. **Olympic Sparring:** All competitors **must wear** a mouth guard, Olympic Style chest protector, full headgear with padded top, shin/instep protectors, and forearm protectors. Males must wear a groin protector.
- Tournament site:** Century Junior High
21395 Goodview Ave N
Forest Lake, MN 55025

2010 AAU Minnesota State TKD Championships

AAU membership

Be sure to apply for your 2010 AAU membership and be prepared to show your registration card if requested. Fees are \$12 thru age 17 and \$22 ages 18 & up. Registration is available on-line at www.aautaekwondo.org Be sure to print out your registration and bring it with you to the tournament in case they have not updated you to the files. We look forward to seeing you there

Forms

All participants must perform "current rank" form. Participants must perform only the current rank or lower rank form during the competition, higher rank forms will not be considered by the referees. The referees in this competition will consider only ITF, WTF or MDK/TSD. The tournament organizing committee, depending on the number of participants, will determine the divisions.

Sparring

All competitors may be asked by tournament organizers to verify their weight during the competition, make sure to have your accurate weight on the application. Be aware that incorrect weight may result in disqualification without refunds.

AAU TaeKwonDo rules shall apply. Participants are strongly encouraged to download current rules from the web site at www.aautaekwondo.org

Rounds:

- All colored belt matches shall consist of two (2) 90 second round with a thirty (30) second rest between rounds.
- All Black belt matches shall consist of two (2) two-minute rounds with a thirty (30) second rest between rounds.
- When Red/Brown belts are combined with Black belts all matches shall consist of two (2) 90 second rounds with thirty (30) second rest between rounds.
- Competitors shall be allowed a full two-minute rest between semi-final and final matches

Divisions:

Organizing committee, depending on size and number of participants, may modify the weight and age divisions and reserves the right to combine junior boy/girl divisions based on size, age and rank.

General Info

All participants will be required to have credentials to access the staging/holding areas and competition areas. The tournament organizers may modify the divisions if necessary. The admission fee for spectators is free for children under 5 years old, \$3 for kids 6-12 years old, and \$5 for all others.

PLEASE NOTE: WEIGH-INS WILL BE HELD FRIDAY May 7th at Sun Yi's Academy and SATURDAY at Century Junior High School Starting at 8:00 a.m.

Hotel Information

**Country Inn Suites
1954 Broadway Ave
Forest Lake, MN 55025
(651) 982-9799**

**Country Inn suites
3505 Vadnais Center Drive
Vadnais Heights, MN
651 483-1625**

Individual Competitor Registration Form
AAU Minnesota State TKD Championship
2010



Last Name: _____ First Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Telephone Number: _____ Email: _____
AAU Membership Number: _____ AAU association: _____
Age: _____ Date of Birth: _____ Gender: _____ Weight (mandatory) _____
Martial Art school _____ school Phone Number: _____
Your Rank: _____

Please Check All That Apply:

Division

Novice (White, Yellow, Orange) 1st Dan 4th Dan
 Intermediate (Green, Blue, Purple) 2nd Dan 5th Dan & Above
 Advanced (Red or Brown) 3rd Dan

Events

- **All competitors must be members of the AAU, (Age 17 & Under \$12, Adults \$22)**
Apply on line at www.aautarkwondo.org.

Registration Fees: \$50 (One or more events) \$10(each for team form or for #rd event)
_____ 1 or more events \$50.00

Forms Pt. Sparring Team forms (\$30 per team)
 Olympic Sparring Total Entry Fee

Liability Waiver

I, the undersigned, for myself, my heirs, administrators and assigns, do hereby covenant and agree as follows: I hereby assume all risk of personal injury which may result from activities in which I engage at the 2010 AAU Minnesota State Championships tournament, supervised and unsupervised activities; that for myself, my heirs, administrators and assigns, do here by release Edward & Theresa Gibson, Minnesota Sun Yi's Academy of Traditional TaeKwonDo, this facility all coaches, officials, individually or collectively, from all liability, including claims at lay or in equity from any injury, fatal or otherwise, mental or emotional damages, which may result directly or indirectly from my traveling to, participating in, or returning from said tournament or related functions. I understand that Taekwondo is a contact sport with risk of serious injury, possibly death, to me, or to my children, who may also enter said tournament. I also assume all risk of my personal property at the tournament premises if lost or stolen. I also understand there are no refunds.

I have read and fully understand the above waiver and agree with its terms.

Athlete signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____
(If under 18)

If you have questions, please call (651) 464-0034

Please send all entries and fees to
Minnesota Sun Yi's Academy of Traditional Tae Kwon Do
255 Highway 97 Unit 5B
Forest Lake, Minnesota 55025

2010 AAU Minnesota State Championships Team Forms Application

Registration Fee: \$30 Per Team

Team Roster Information			
Athlete's Name (First Name, M.I., Last Name)	Age	Rank	AAU Number

School Name: _____

Contact Name: _____

Home Phone: _____

Work Phone: _____

Name and rank of form/pattern your team will perform: _____

Teams may consist of all Black Belts or all colored belts, adults or children or mixed. Any team may do the form up to the highest ranking member of their team. For example if a team has two colored belts and a 1st Dan, the team can do the 1st Dan's form. Please refer to the AAU rule book for additional information regarding the specific rules of what can be done in the form.

The age grouped as 5-17, juniors and 17 and and up. Again if you need clarification Contact Mike Friello
 I hereby certify that I know and understand the rules, policies, and code of conduct for AAU Taekwondo. I certify that I have registered these athletes in the correct age grouping and that each has qualified to compete according to the specifications outlined in the official AAU Taekwondo Handbook. I understand that he/she is responsible for producing an AAU membership card at the time of registration and that **I may have to produce a birth certificate at the competition if an athlete's age is challenged.** I also understand that the team may be eliminated from the competition if I have misrepresented any of the above information.

Team Contact Signature: _____

Date: _____