



Amateur Athletic Union



virginia aau wrestling

The Court House Wrestling Club

Summer Throw Down !!!

June 14th, 2008

Randolph Henry High School

Rt. 40, Charlotte Court House, VA 23923

DIVISIONS: Pee-Wee : Wrestlers K – 2; Elementary : 3rd – 5th grade.
Middle School : 6th – 8th grade; High School – 9th – 12th grade.
Open – Must have graduated from high school.
* Some divisions may be combined.

FORMAT: Folkstyle. All divisions will be round robin. Periods: 1-1-1.
High School & Open will wrestle 2-1-1 minute periods.
VHSL hair, headgear, and laces rules waived.
*** ALL Throws / headlocks are worth 4 points, Plus backs if earned!**
SLIPPED THROWS BRING YOU BACK TO YOUR FEET!

WEIGHTS: The Madison / VA Easy System.

WEIGH-INS: Satellite weigh-ins must be received by Friday 6:00 pm, April 11 by fax @ 434-542-4729, or by E-mail to: aaugrappler@hotmail.com

COST: \$ 16.00, Please make checks payable to the Court House Wrestling Club.

AAU CARD: A current 2007-08 AAU card is required. Cards may be purchased online at AAUSports.org or at the tournament check-in. Athletes 20 and under may purchase a \$14.00 AB card. Those 21 and over cost \$27.00.

AWARDS: Medals for 1st through 4th, pick your favorite!

CONTACT: For more information contact Mike Newbern at **757-513-8788** or e-mail at aaugrappler@hotmail.com
or call
Brette Arbogast 757-542-5584 or email to arbogastb@ccps.k12.va.us

WRESTLING: PeeWee's and Elementary wrestlers must check in by 9:00 AM, wrestling starts at 9:30 AM.
Middle, High School, and Open wrestlers must check in by 11:30 AM, Wrestling starts at 12 Noon.

Sanctioned by the VA AAU

Check out our website: www.courthousewrestlingclub.com

Wrestler Entry Form

Date ____ / ____ / 08

FAX to 434-542-4729 or e-mail to aaugrappler@hotmail.com

Last name	First name	Grade	Birth YR	Age	Division	need AAU Card	Y/N
1) _____	_____	_____	_____	_____	_____	_____	Y / N
2) _____	_____	_____	_____	_____	_____	_____	Y / N
3) _____	_____	_____	_____	_____	_____	_____	Y / N
4) _____	_____	_____	_____	_____	_____	_____	Y / N
5) _____	_____	_____	_____	_____	_____	_____	Y / N
6) _____	_____	_____	_____	_____	_____	_____	Y / N
7) _____	_____	_____	_____	_____	_____	_____	Y / N
8) _____	_____	_____	_____	_____	_____	_____	Y / N
9) _____	_____	_____	_____	_____	_____	_____	Y / N
10) _____	_____	_____	_____	_____	_____	_____	

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