

# AAU FRIENDS OF COAL POWER NATIONALS



## NOVEMBER 22 & 23

**OPEN TOURNAMENT - NO PRE-QUALIFYING REQUIRED**

### Tournament Information for Athletes and Coaches

\* **ENTRY FEE IS \$40.00.** No personal checks. Cashiers check or money orders only.

**Pre-registration ONLY.** Entries **MUST** be postmarked by **November 16, 2008.** **No Walk-ins.** All participating Wrestlers receive a AAU Wrestling T-Shirt. We are placing 1<sup>st</sup>-8<sup>th</sup> place in each age and weight division. Champions will receive Championship t-Shirt. Also each wrestle will receive a Friends of Coal t-shirt.

\* Make cashiers check or money order payable to: National Wrestling Promotions, Inc.

\* Event is being held at the Raleigh County Convention Center located at 200 Armory Drive, Beckley, WV 25801. Click here for directions:

[www.raleighcoarmory.com](http://www.raleighcoarmory.com)

\* Mail all forms to: National Wrestling Promotions, Inc. 287 Country Roads Estates, Shady Spring, WV 25918

\* Weight **MUST** be declared on the entry form. Weigh ins located at the Tournament Headquarters, Glade Springs Resort. Click here for Directions to weigh ins:

[www.gladesprings.com](http://www.gladesprings.com)

All wrestlers must have a current AAU membership card to participate. Membership cards may be purchased at [www.aausports.org](http://www.aausports.org) or at weigh-ins. Coaches with current AAU membership cards will be allowed entry into the Tournament at no charge and are welcome to the Hospitality room.

### IMPORTANT INFORMATION

Wrestlers are expected to make their pre-registered weight class. If you do not make your pre-registered weight class, you may pay a "second chance" registration fee of \$35.00. You will be added to the bracket only if there is a "Bye" or a "No Show". If we are unable to re-bracket you, your re-bracket penalty fee will be refunded. The Bracketing Director reserves the right to refuse re-bracketing changes if they are a hindrance to the tournament start times. We are giving wrestlers a "second chance" to wrestle, and it is a benefit to those wrestlers who may have traveled and not made the pre-registered weight. **The tournament committee encourages all WRESTLERS to MAKE THEIR DECLARED WEIGHT.**

\* You **MUST** wear a singlet to weigh in.

\* Medals will be awarded to the top 8 placers. 1<sup>st</sup> place winners in each age division & weight class will get a trophy and a champion T-Shirt.

\* Once entry has been processed - there are **no** refunds. Tournament committee is not responsible for entries lost in the mail.

\* If there are excessive entries, tournament officials reserve the right to adjust bout times and rest periods in consolation rounds.

\* National High School Federation Rules apply except as noted.

**TEAM TROPHIES:** 1<sup>st</sup> - 3<sup>rd</sup> place. Also Team Trophy for most out of state wrestlers and Team Trophy for most in state wrestlers.

\* Email questions to: [jamisonrhumphrey@msn.com](mailto:jamisonrhumphrey@msn.com)

### Match Duration

\* Tots, Bantam, Midget, Novice and Masters Divisions will wrestle three - one and 1/2 minute periods [Championship rounds].

\* Schoolboy, Cadet, Elite and Senior Divisions will wrestle three - two minute periods [Championship rounds].

\* Rest time between bouts is a minimum of 15 minutes.

\*A portion of the proceeds from this Tournament will be donated to fund the Coal Miners Black Lung Foundation. This foundation was set-up to help lobby for new black lung laws that are friendly to the working coal miner, develop a web site with a forum to communicate with other miners filing for black lung and help educate the miners on the filing process.

## ADMISSION

|                     |         |  |
|---------------------|---------|--|
| Adults              | \$10.00 |  |
| Children [under 12] | \$5.00  |  |

## SCHEDULE

|          |             |                   |  |
|----------|-------------|-------------------|--|
| Saturday | November 22 | 2:00 pm - 9:00 pm | Weigh-ins for all divisions. Weigh-ins will be held at The Resort at Glade Springs. For directions click: <a href="http://www.gladesprings.com">www.gladesprings.com</a> |
| Sunday   | November 23 | 8:00 am           | Doors open for wrestlers and spectators  |
| Sunday   | November 23 | 8:10 am           | ????WVU Wrestling Clinic???? Ken Chertow's Gold Medal Training Technique Clinic  |
| Sunday   | November 23 | 9:00 am           | Wrestling begins following clinic  |

**\*\*\*THIS TOURNAMENT IS A PARTICIPATION QUALIFIER FOR THE 2009 AAU GRAND NATIONALS\*\*\***

The 2009 AAU Grand Nationals

\*Participation in the AAU Friends of Coal Power Nationals automatically qualifies you to wrestle in the 2009 AAU GRAND NATIONALS This **Tournament** is also a place qualifier for the **Tournament of Champions (TOC)** The top 4 place finishers in each weight and age division will qualify to wrestle in the **Tournament of Champions in Ohio April 25, 2009.**

The birth year shall determine the individual's eligibility for specific competition. Proof of age shall be a machine photocopy of the original birth record issued by county, state, or federal government, photocopy of original driver's license. *Do not send originals.* Tournament Committee will not be responsible for the return of any documents. There is no separate division for male and female participants.

|                         |                    |   |
|-------------------------|--------------------|---|
| Tot Division            | 2002/after         | 35-40-45-50-55-Hwt  |
| Bantam Division         | 2001/2000          | 40-45-50-55-60-65-70-75-80-90-Hwt   |
| Midget Division         | 1999/1998          | 50-55-60-65-70-75-80-85-90-95-103-112-120-130-Hwt   |
| Novice Division         | 1997/1996          | 60-65-70-75-80-85-90-95-100-105-112-120-130-140-Hwt   |
| Schoolboy Division      | 1995/1994          | 70-75-80-85-90-95-100-105-110-115-120-125-130-140-150-160-180-Hwt   |
| Cadet Division          | 1993/1992          | 84-91-98-103-112-119-125-130-135-140-145-152-160-171-189-215-285  |
| Elite Division          | 1991/1990/1989*    | 98-103-112-119-125-130-135-140-145-152-160-171-189-215-285  |
| *For Elite Division     | -birth year 1989   | Wrestler must be born in 1989, still in high school and provide proof, otherwise wrestler is in Senior Division |
| Senior Division         | 1989/1979          | 125-133-141-149-157-165-174-185-197-Hwt   |
| <b>Masters Division</b> | <b>1978/before</b> | <b>125-133-141-149-157-165-174-185-197-215-Hwt</b>  |



Custom FRIENDS OF COAL POWER NATIONALS singlet's will be on sale at Tournament.

# **HOTEL EVENT SPONSORS\***

\*Parents, Wrestlers and Coaches please support the following hotels, they are the preferred hotel of the AAU FRIENDS OF COAL POWER NATIONALS and are supporting this event. So please choose them first if it all possible.

## **The Resort at Glade Springs selected as Tournament Headquarters**

Located less than a ten-minute drive to the Raleigh County Convention Center, The Resort at Glade Springs has been selected to serve as the official tournament headquarters hotel facility and the location for the weigh-ins on Saturday, November 23. In addition to sleeping room accommodations, the Resort offers a variety of sporting amenities and dining options including two championship golf courses, a 10-lane bowling center, indoor pool, cinema room, video arcade and full-service spa. For casual dining, there is the Bunkers Sports Bar, Small Talk Café and the Rotunda Restaurant. For fine dining, Glade's Grill will be available at the Golf Clubhouse. The Resort at Glade Springs is offering a highly-discounted room rate of \$95 per night for all tournament participants, family and guests. To book your stay, please call toll-free 866-568-2060. For more information about The Resort at Glade Springs please view their website at [www.gladesprings.com](http://www.gladesprings.com).

\*There is an additional \$9.50 charge per night which includes use of high-speed internet access, use of the fitness center, shuttle transportation throughout the resort and gratuities for housekeeping attendants and shuttle drivers.



## Days Inn

Newly Renovated, Indoor Pool,  
Exercise Room & Continental Breakfast  
Phone: 304-877-6455  
Room Rate: \$59.00 Plus Tax



BY CHOICE HOTELS

300 Harper Park Drive  
Beckley, WV  
Tel: 304-255-5291  
Toll Free Reservations:  
1-800-222-0511

[www.comfortinn.com/hotel/wv094](http://www.comfortinn.com/hotel/wv094)

**ROOM RATE: \$65.00 Plus Tax**



BY CHOICE HOTELS

1124 Airport Road  
Beaver, WV  
Tel: 304-255-4222  
Toll Free Reservations:  
1-888-259-8545

[www.sleepinn.com/hotel/wv048](http://www.sleepinn.com/hotel/wv048)

**ROOM RATE \$60.00 Plus Tax**



BY CHOICE HOTELS

1909 Harper Road  
Beckley, WV  
Tel: 304-255-2161  
Toll Free Reservations:  
1-888-259-8542

[www.econolodge.com/hotel/wv400](http://www.econolodge.com/hotel/wv400)

**ROOM RATE \$60.00 Plus Tax**



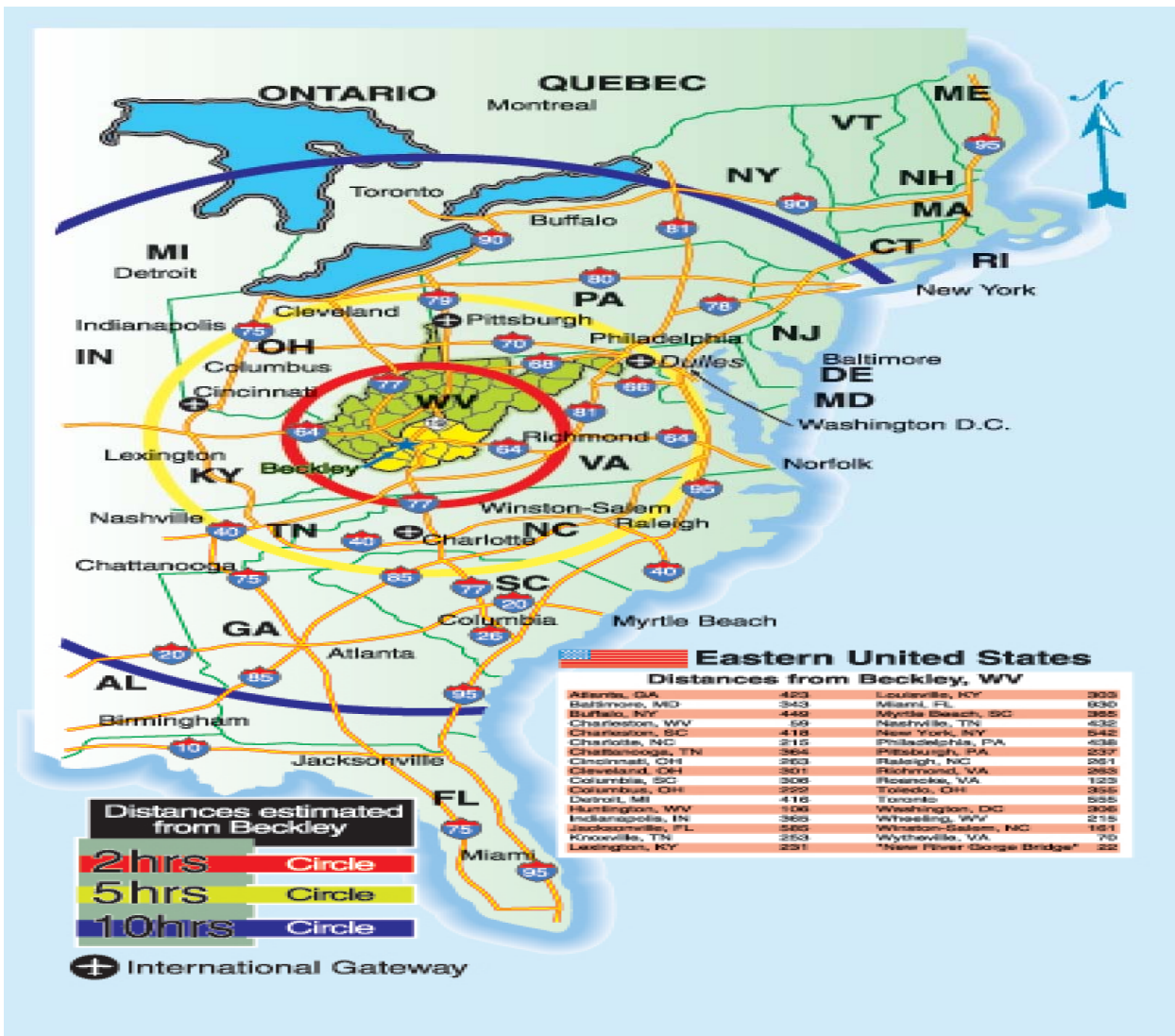


**Holiday Inn & Suites**  
 114 Dry Hill Road  
 Beckley, WV 25801  
 Tel: 304.252.2250  
 Fax: 304.252.1873

**Country Inn & Suites**  
 2120 Harper Road  
 Beckley, WV 25801  
 Tel: 304.252.5100  
 Fax: 304.252.3135

[www.holidayinn.com/beckleywv](http://www.holidayinn.com/beckleywv)

[www.countryinns.com/beckleywv](http://www.countryinns.com/beckleywv)



## EASTERN UNITED STATES

distances from Beckley, WV

|                  |     |                          |     |
|------------------|-----|--------------------------|-----|
| Atlanta, GA      | 423 | Louisville, KY           | 303 |
| Baltimore, MD    | 343 | Miami, FL                | 930 |
| Buffalo, NY      | 449 | Myrtle Beach, SC         | 365 |
| Charleston, WV   | 59  | Nashville, TN            | 432 |
| Charleston, SC   | 418 | New York, NY             | 542 |
| Charlotte, NC    | 215 | Philadelphia, PA         | 438 |
| Chattanooga, TN  | 364 | Pittsburgh, PA           | 237 |
| Cincinnati, OH   | 263 | Raleigh, NC              | 261 |
| Cleveland, OH    | 301 | Richmond, VA             | 263 |
| Columbia, SC     | 306 | Roanoke, VA              | 123 |
| Columbus, OH     | 222 | Toledo, OH               | 355 |
| Detroit, MI      | 416 | Toronto                  | 555 |
| Huntington, WV   | 106 | Washington, DC           | 306 |
| Indianapolis, IN | 365 | Wheeling, WV             | 215 |
| Jacksonville, FL | 585 | Winston-Salem, NC        | 161 |
| Knoxville, TN    | 253 | Wytheville, VA           | 70  |
| Lexington, KY    | 231 | "New River Gorge Bridge" | 22  |

**FOR MORE INFORMATION ON AAU WRESTLING OR TO PURCHASE AAU MEMBERSHIP'S  
PLEASE CLICK THE LINK BELOW:**



[www.wvaauwrestling.org](http://www.wvaauwrestling.org)

For further information, please contact:

WVAAU Wrestling Director

Jamison Humphrey

[jamisonrhumphrey@msn.com](mailto:jamisonrhumphrey@msn.com)

|                                      |
|--------------------------------------|
| <b>ATHLETE Pre-registration form</b> |
|--------------------------------------|

|                                 |                                   |
|---------------------------------|-----------------------------------|
| AAU Membership# _____           | Date of Birth: ____ / ____ / ____ |
| Weight (must be declared) _____ | Division: _____                   |

|             |
|-------------|
| Name: _____ |
|-------------|

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| Address: _____ |
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|-------------|
| City: _____ |
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|              |            |
|--------------|------------|
| State: _____ | Zip: _____ |
|--------------|------------|

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| E-mail: _____ |
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|                     |                    |
|---------------------|--------------------|
| Phone: [    ] _____ | Cell: [    ] _____ |
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**The ATHLETE WAIVER/RELEASE ["AGREEMENT"]**

I/we hereby release and forever discharge the AAU union of the U.S. Inc. (AAU), National Wrestling Promotions, Inc. [NWP], the Host, Local Organizing Entity Owner, Friends of Coal, Raleigh County Convention Center, the City of Beckley and Raleigh County, from ALL claims that may arise from participating in this event.

\_\_\_\_\_

Printed name of participant

\_\_\_\_\_

|   |      |
|---|------|
| Participants signature (only if age 18 or over) | Date |
|---|------|

\_\_\_\_\_

Printed name of Parent/Guardian

\_\_\_\_\_

|                              |      |
|------------------------------|------|
| Signature of Parent/Guardian | Date |
|------------------------------|------|

|                  |
|------------------|
| <b>CHECKLIST</b> |
|------------------|

|  |  |
|--|--|
| \$40.00 Cashier Check or Money Order enclosed              |  |
| Copy of birth certificate / drivers license, etc. enclosed |  |
| Correct weight declared                                    |  |