



Dolphin Wrestling Tournament

When: October 10, 2010

Where: Ocean Lakes High School

885 Schumann Dr
Virginia Beach, VA 23454

Cost: 20.00 per entry must have AAU Card to participate you
Can purchase online at www.aausports.org you must purchase
Online before the tournament please bring copy to the tournament
If there is a problem please call or email Darlene/Rodney Grainger
757-286-7982

Weigh ins Must be emailed to Rgrai67510@aol.com emails will be
Confirmed by return email. All Weights Must be received by
Oct 9th 2010 by 7 p.m.

Medals: All Pee Wee (K-2) will medal and all other divisions will medal top
Three in each division.

Times and Divisions K-2 Pee Wee (1-1-1)
3-5 Elementary (1-1-1)
6-8 Middle School (2-1-1)
9-12 High School (2-1-1)
K-5 grade will start at 8:30 a.m. and all middle school and high
School will start at 10:30

Admission: All coaches with current AAU Card are admitted free kids under 12

