

## APPENDIX C

### LIST OF APPROVED SPORTS\*\*

Aquatics (Youth Diving, Swimming, Water Polo)  
Badminton  
Baseball  
Basketball (Boys)  
Basketball (Girls)  
Basketball (Men)  
Basketball (Women)  
Baton Twirling  
Bowling  
Cheerleading  
Chess  
Chinese Martial Arts/Kung Fu  
Cricket  
Dance  
E-Sports  
Fencing (Probationary)  
Field Hockey  
Fishing (from land-based platform – youth only)  
Football (Flag, Tackle, 7-on-7, Football Cheer)  
Futsal  
Golf  
Gymnastics (Gymnastics, Freestyle Gymnastics)  
Hockey (Floorball, Ice, Inline & Roller)  
Judo  
Jump Rope  
Karate  
Lacrosse  
Pickleball  
Soccer  
Softball  
Sport Stacking  
Strength Sports (Powerlifting, Weightlifting)  
Surfing  
Table Tennis  
Target Shooting  
Taekwondo  
Tennis  
Track and Field (Cross Country, Multi-Events, Track and Field)  
Trampoline and Tumbling  
Volleyball  
Water Polo  
Wrestling

**\*\* Sport may be limited to a specific age or category of competition.**