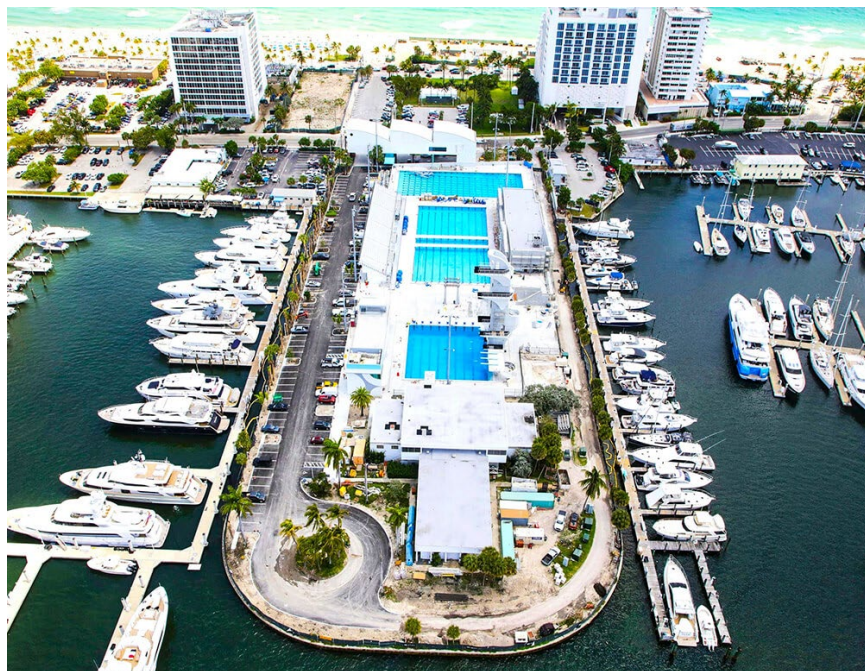


For immediate release,



AAU is thrilled to announce that the 2024 AAU National Diving Championships will be held in Fort Lauderdale, FL at the International Swimming Hall of Fame from July 14-23, 2024.

“We are excited to be at the iconic ISHOF pool, recently renovated to include a 27 meter dive tower. We believe that holding AAU Nationals at this world-class facility, across the street from the famed Ft. Lauderdale beach will be a memorable experience for all AAU divers and their families”

said Charles Collins of the AAU Diving Executive Committee.

To qualify for the 2024 AAU National Diving Championships, divers must obtain a qualifying score (which can be found on www.diveaau.org under “Rules” and “National Qualifying Requirements”) ANYTIME during the competitive year. The qualifying score must be in an officially sanctioned event (AAU, USD, HS etc....) to be counted.

NEW for 2024

AAU is introducing 2 “new” events at the 2024 AAU National Diving Championships. While these events are currently offered in the 19+ category, AAU is excited to offer these new event categories with the hope of attracting new divers and expanding our reach of diving opportunities.

First new event: Master’s

New for this year is a dedicated “Master’s” event at the AAU National Championships. This event will offer 1m, 3m and Platform and will use the Silver and Gold rules. This event focuses on adult divers that embrace a sport for life mentality and wish to start or continue to dive in a competitive setting among their peers.

(There is no qualifying scores for the Master’s events.)

Second new event: Collegiate Open

Previously referred to as the 19+ age group (Group A+), this new event specifically targets current, college-aged divers that are looking for an event during the summer months. This event welcomes divers from the Division I, Division II, Division III, NAIA and NJCAA levels of diving, currently competing for their respective collegiate club team or home club. This event will use the NCAA Division I dive format for all levels so divers can train and test any upcoming lists for the new competitive collegiate year. With this

event, winning divers will be accepted onto the AAU National Team and offered the same opportunities being on the National Team.

For this first iteration of Collegiate Open events, there is no qualifying score to achieve for participation.

The 2024 AAU National Diving Championships is the second of two National Championships that AAU offers during the competitive year. This is the second chance that divers can earn a spot on the AAU National Team for 2024 and be eligible for one of our international opportunities. In 2023, the AAU National Team competed in Canada, Sweden, and Germany. For 2024, the AAU is expecting to visit new locations for international competitions. If you'd like a chance to join the AAU National Team, the 2024 AAU National Diving Championships is your second and last opportunity! For more information on this event, email aaudiving@gmail.com. Also, if you've never seen the ISHOF pool, sample it at this link: https://www.youtube.com/watch?v=THI6IOHX_TI

AAU is looking forward to seeing everyone soon in sunny Ft. Lauderdale!